

## CalFresh Healthy Living Documenting Your Intergenerational Work

CFHL Forum 2020 Session: The Power of Intergenerational Collaboration

It is important that you highlight your planned focus, efforts, and successes in order to track the success of your intergenerational work. The primary place to document you plan is in the Integrated Work Plan (IWP). Intergenerational work can also be documented through success stories.

## The Integrated Work Plan (IWP):

• Section A: Your narrative

This is where you explain the importance of your intergenerational plan. Information about your intergenerational work may fit into several sections:

- Section 4: Community Change Goals
- Section 5: Partnerships & Collaborative Efforts
- Section 6: Intervention & Evaluation Plan
- Section B: Choose your path (Refer to your IWP Blueprint)

Make selections in each of the following categories according to the focus of your work:

- Domain
  - Learn, Eat, Shop, Play, Live, Work
- PSE Setting
  - Examples: Congregate Meal Site; Public Housing Site
- Strategies
  - Examples: Nutrition Standards; Daily Quality Physical Activity
- Sub-Strategies
  - Examples: Nutrition Standards Community; Community PA Opportunities
- Activities
  - Your specific activities can be customized from the Activity Tables

## Innovative Work:

If your planned work does not fit into these categories, it may be considered innovative work. Please speak with your SIA for further guidance.

## **Success Stories:**

Another important way for you to document your work is through success stories. We commonly think of success stories as the "end result" but success stories can also illustrate milestones throughout your work. We encourage you to write success stories as you move through stages of your work.

Success may happen in any phase of your work. Here are a few examples:

- Planning: Successful collaboration with a LIA to expand intergenerational reach
- Implementation: Initiating curriculum and/or PSE strategy with an intergenerational group