UC CalFresh Weekly Update
November 28, 2018

Contents

Upcoming Events & Deadlines
- FFY 20-22 Integrated Workplan, November 28th Webinar
- Youth Engagement Collaborative—Recruiting Youth Advisors

UC CalFresh Success Stories
- Plan Shop Save Cook Participant, Placer County
- Eat Healthy, Be Active Community Workshop Participant, Madera County

UC CalFresh Website Updates
- SMART Objectives—Updated document for FY19
- Adult Physical Activity Survey—New tool added in English and Spanish
- Food Behavior Checklist—New Chinese language tool added
- Physical Activity Teacher Observation Tool—New tool added

UC CalFresh Evaluation Updates
- FFY 2019 Evaluation Survey Data Entry—PEARs
- FFY 2019 Evaluation Survey Data Entry—ANR Portal

Upcoming UC CalFresh Trainings
- PEARs Office Hours for UC CalFresh—December 11th
- The Smarter Lunchrooms Movement of California Monthly Nudge
- Digital Food Pictures for Educators

UC CalFresh in Action
- UCCE Santa Barbara County in the News
- Growing Pumpkins at Kohn Elementary, UCCE Tulare County

Education & Resources
- Making a Difference: Including Individuals with Disabilities
- EatFit Curriculum Update Webinar
- FY 2019 Farm to School Grant RFA Release
- LIA Forum, Stories of Transformation due December 7th
- Join Today! CA SNAP-Ed Peer Exchange Program

UC CalFresh, UC ANR & Partner Employment Opportunities
- __Assistant 3, UC CalFresh State Office

Upcoming Events & Deadlines November 2018

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
</tr>
<tr>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td></td>
</tr>
</tbody>
</table>

FFY 20-22 Integrated Workplan, Nov 28th Webinar

The CDSS CalFresh SNAP-Ed Team is pleased to announce the official kick-off of the FFY20-22 Integrated Workplan (IWP) Blueprint. As planning begins for the next three year cycle, CDSS will hold a series of webinars and trainings. The first of which is November 28th:
Nov 28th, 1:30-3:30 pm - LIA IWP Blueprint Webinar #1
- Topics include: the IWP Blueprint intention and the content that makes up the IWP menu of options

Youth Engagement Collaborative—Recruiting Youth Advisors

The Youth Engagement Collaborative is excited to announce that they are recruiting a committee of youth advisors (ages 14-18) to help inform and shape the 10th Biennial Childhood Obesity Conference youth track. Being on the Childhood Obesity Conference Youth Advisory Committee will provide opportunities for youth to grow in their leadership, collaboration, and coordination skills. Please review the Childhood Obesity Conference Youth Advisory Committee Member application process and role description documents attached to the 11/12/2018 Weekly Update email. Have the young people you feel best fit this role complete the application to become a member.

Apply Here: https://www.surveymonkey.com/r/2019COCYAC  All applications are due by November 30, 2018.
UC CalFresh Weekly Update
November 28, 2018

1632 DaVinci Court, Room #31 • Davis, CA 95618 • (530) 754-7794

UC CalFresh Success Stories
Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: https://ucanr.edu/survey/survey.cfm?surveynumber=22089.

“I really liked that the class helps you be able to plan your meals and include fruits and vegetables.”
—Plan Shop Save Cook Participant, Placer County

“[Since participating in this program.] I started to exercise, [I am] working on meal planning, [as well as being] mindful when buying fast food.”
—Eat Healthy, Be Active Community Workshop Participant, Madera County

UC CalFresh Website Updates
SMART Objectives—Updated document for FY19
Adult Physical Activity Survey—New tool added in English and Spanish
Food Behavior Checklist—New Chinese language tool added
Physical Activity Teacher Observation Tool—New tool added

UC CalFresh Evaluation Updates
FFY2019 Evaluation Survey Data Entry—PEARS
Please hold-off on entering any additional evaluation surveys into PEARs for FFY2019. Some improvements are being made that require changes to the survey procedures. We will review these briefly during the November (11/27) Town hall and in greater depth during a webinar about PEARs Surveys scheduled for December 11th from 1-2pm. We plan to collect three pre/post surveys in PEARs this year:

* Food Behavior Checklist (FBC),
* Healthy Happy Families (HHF), and
* Adult Physical Activity Survey (APAS) - a NEW survey for UC CalFresh.

FFY2019 Evaluation Survey Data Entry—ANR Portal
The Plan, Shop, Save & Cook pre/post survey has been removed from PEARs and will be collected through the ANR data entry portal here. All other surveys and ANR data entry portals have been updated on the UC CalFresh website.

* Youth surveys and data portals can be found at this link
* Adult surveys and data portals can be found at this link

Upcoming UC CalFresh Trainings
PEARS Office Hours for UC CalFresh—December 11th
Please Pre-Register for these meetings | Dial-In Number(s): U.S. Toll: 303.248.0285 | Access Code: 7544137
The December PEARs Office Hours will be spent reviewing the new procedures for survey data entry. Please note the change in date.
Time: 1:00 – 2:00 pm
Purpose:
Angie and Barbara are planning a PEARs Survey webinar to review the new procedures. This webinar will be held in place of the December PEARs Office Hours. Register for this webinar at this link https://cc.readytalk.com/r/hwo2bwzx6b6w&eom
The Smarter Lunchrooms Movement of California
The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

The Smarter Lunchrooms Movement of California Monthly Nudge
The Smarter Lunchrooms Movement of California Monthly Nudge is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the Monthly Nudge, please click here!

Digital Food Pictures for Educators
This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

UC CalFresh in Action!
UCCE Santa Barbara County in the News
UCCE Santa Barbara was recently featured in a news segment about their collaboration with the Santa Maria-Bonita School Districts and 4-H SNAC Club (Student Nutrition Advisory Council). Santa Maria-Bonita School Districts came together for a career and leadership day at Liberty Elementary. The event, called 4H SNAC, was a collaboration between UC CalFresh Nutrition and the youth organization 4-H SNAC Club.

The goal of the youth program is to advocate child development to 5th and 6th graders in underserved, low-income communities. Various guest speakers came to teach kids how to live a healthy lifestyle. The event was 4H's 4th annual career day. One topic of focus was presentation skills. The students also got an opportunity to speak to professionals from different fields such as firefighters, a nurse, and a dentist.

See the news clip here.

Growing Pumpkins at Kohn Elementary, UCCE Tulare County
Frank Kohn Elementary School joined forces with UC CalFresh and Master Gardeners to grow pumpkins in their school garden. The pumpkins were grown to showcase at the school’s annual Harvest Carnival.

Students planted the pumpkin seeds on June 5, 2018 right before the school year ended. While the students were on summer vacation, the pumpkins were well maintained and watered by the wonderful maintenance team at Kohn Elementary School. Nutrition Educator, Marina and Master Gardener, Pam often checked on the pumpkins to ensure they were growing properly. Upon returning from summer vacation, students were amazed to see the size of the pumpkins they had grown. They shouted, “Look at that! Pumpkins!” as they walked by the school garden. Students grew more than 50 pumpkins and harvested them on October 11, 2018!

At the Harvest Carnival students were provided with punch cards that allowed them to visit several booths, including the UC CalFresh Nutrition Education booth. UC CalFresh provided families with educational information about pumpkins, pumpkin seeds, and healthy pumpkin recipes. After visiting all booths students were able to cash in their prize and take home a pumpkin grown on their school grounds.
Making a Difference: Including Individuals with Disabilities

See the 8/20/2018 UC CalFresh Weekly Update email for the attached flyer.

The California Department of Public Health and National Center on Health, Physical Activity and Disability have partnered to bring you a three-part webinar series in which you will learn knowledge, skills, and abilities to effectively integrate the health needs of people with disabilities in local SNAP-Ed programs and services. Attend all webinar sessions to learn about tips and resources to best benefit your SNAP-Ed work.

Episode 3/3: Implementing and Sustaining Inclusion in Your SNAP-Ed Work
Monday, December 3, 2018, 10:00am - 11:30am PDT Register Here

EatFit Curriculum Update Webinar

See attachment in the 10/29/2018 Weekly Update email for the pre-study questions needed to be completed before registering.

Presented by Marcel Horowitz, MS, MCHES and Mical K. Shilts, PhD

Date: December 4, 2018
Time: 1:00 to 2:30 PM

The newly revised EatFit curriculum challenges middle school students to improve their eating and fitness choices.

What’s New?
* Updated nutritional information.
* Stronger focus on preventing excess weight gain and water as the best choice for drinking.
* Strengthened youth development principles and science proficiencies.
* Updated wording and phrasing.
* Includes suggested improvements from educators nationwide.

To Participate in the Webinar – please read carefully

Step One: Complete the mandatory Pre-Study Questions – ***extended to November 30, 2018
* The pre-study questions are attached in the 10/29/2018 Weekly Update
* Answer the questions using the updated EatFit materials (Curriculum – version 5, Workbook – Version 3)
* Enter your responses into the following survey tool: http://ucanr.edu/survey/survey.cfm?surveynumber=25858

Step Two: Register for the Training Webinar - Registration deadline November 30, 2018
Submit your registration request at https://ucanr.zoom.us/meeting/register/2be17dfeabda4e0fdc2040ba88984b7b
Your registration will be approved and you will receive the log-in information for the webinar after we verify that you have completed the mandatory pre-study survey questions.

If you are unable to attend the live webinar:
Complete and submit the pre-study questions. You will be sent a link to view the recorded webinar.

Please contact Lyn Brock (rlbrock@ucanr.edu) if you have any questions.

FY 2019 Farm to School Grant RFA Release

The USDA’s Farm to School Grant supports the implementation of Farm to School programs that increase access to local food in eligible schools, providing students with quality meals at a reasonable cost while also supporting local producers.

The FY 2019 Request for Applications (RFA) includes three tracks—Implementation, Planning, and Training. State and local agencies, Indian tribal organizations, small- and medium-sized agricultural producers or groups of small- to medium-sized agricultural producers, and non-profit organizations are eligible to apply for planning, implementation, and training grants. Schools and school districts may apply for either an implementation grant or a planning grant.

The Grant RFA can be found on grants.gov. Complete applications must be submitted on grants.gov by 11:59pm ET on December 4, 2018. Check out the OCFS resources for grant applicants and see a list of prior grantees’ project descriptions for proposal inspiration!

LIA Forum, Stories of Transformation due Dec 7th

Submit an inspirational story or quote from an individual or family whose lives have been touched by the work of SNAP-Ed. The goal of the Stories of Transformation is to highlight the amazing work occurring in communities across the state and the impact it is having on SNAP-Ed participants. The Stories will be used as centerpieces during the Forum.

Click HERE for information, guidelines, and to submit a Story of Transformation.

<table>
<thead>
<tr>
<th>FORUM &amp; POSTER REGISTRATION</th>
<th>UPCOMING DEADLINES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ITEM</td>
<td>DATE</td>
</tr>
<tr>
<td>Forum website live, Registration opens</td>
<td>End of Week of November 5</td>
</tr>
<tr>
<td>Final poster submission</td>
<td>December 7</td>
</tr>
<tr>
<td>Stories of Transformation submissions closes</td>
<td>December 7</td>
</tr>
</tbody>
</table>

(continued on next page)
The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.