## UC CalFresh Weekly Update

### December 3, 2018

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## Upcoming Events & Deadlines

### November 2018

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### EatFit Curriculum Update Webinar, Dec 4th

**Presented by** Marcel Horowitz, MS, MCHES & Mical K. Shilts, PhD

**Date:** December 4, 2018

**Time:** 1:00 to 2:30 PM

**What’s New?**
- Updated nutritional information.
- Stronger focus on preventing excess weight gain and water as the best choice for drinking.
- Strengthened youth development principles/science proficiencies.
- Updated wording and phrasing.
- Includes suggested improvements from educators nationwide.

To Participate in the Webinar – you should have completed the mandatory Pre-Study Questions and registered by November 30th.

If you are unable to attend the live webinar:
Complete and submit the pre-study questions. You will be sent a link to view the recorded webinar.

Please contact Lyn Brock (rlbrock@ucanr.edu) for questions.

### FY 2019 Farm to School Grant RFA, due Dec 4th

The USDA’s Farm to School Grant supports the implementation of Farm to School programs that increase access to local food in eligible schools, providing students with quality meals at a reasonable cost while also supporting local producers.

The Grant RFA can be found on grants.gov. Complete applications must be submitted on grants.gov by 11:59pm ET on December 4, 2018. Check out the OCFS [resources](#) for grant applicants and see a list of prior grantees’ project descriptions for proposal inspiration.

### LIA Forum, Stories of Transformation due Dec 7th

Submit an inspirational story or quote from an individual or family whose lives have been touched by the work of SNAP-Ed. The goal of the Stories of Transformation is to highlight the amazing work occurring in communities across the state and the impact it is having on SNAP-Ed participants. The Stories will be used as centerpieces during the Forum.

Click [HERE](#) for information, guidelines, and to submit.

### FORUM & POSTER REGISTRATION DEADLINES

<table>
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<td>Final poster submission</td>
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<td>Stories of Transformation submissions closes</td>
<td>December 7</td>
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UC CalFresh Success Stories
Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: https://ucanr.edu/survey/survey.cfm?surveynumber=22089.

“I learned you could use different spices and herbs to give food flavor instead of using salt. I plan to eat more fruits and veggies. Also to show my kid healthy habits.”
—Plan Shop Save Cook Participant, Fresno County

“[This program taught me about,] using nutrition facts on labels to help make healthy purchases, using price per units to get the best value while shopping, [as well as] heart healthy recipes that are diabetic friendly.”
—Eat Healthy, Be Active Community Workshop Participant, Fresno County

Emergency Resources—Support for Our UC CalFresh Friends and Colleagues Affected by the Camp Fire
UC ANR has set up a site of Emergency Resources, under the ANR Staff Assembly Resources page, that houses updates and information about supporting our UC ANR “family” whenever there are disasters. The site currently lists the staff members who were directly affected by the Camp Fire and a variety of options to support them during this difficult time. Please take a look at the page and consider making a donation, if you are able: http://staffassembly.ucanr.edu/Resources/Emergency_Resources/?fbclid=IwAR1kY-az2WILJqLXpBHLshsqviuuWFLGSGIQ3uF1p2AGagRKewAw2vmRN0c

Welcome New UC CalFresh Staff!
Eldon Bueno, Community Education Specialist, Kings County

Eldon Bueno has recently joined the UC CalFresh team in Kings County as a Community Education Specialist! With a B.S. Degree in Health Education from San Francisco State, Eldon's passion resides in youth development, education, and promoting health and wellness. He previously worked in After School Programs for the Stonestown Family YMCA in San Francisco and is excited to utilize his past experiences in the Bay Area to serve his hometown community. Eldon aims to provide quality instruction and enriching classes on MyPlate and CATCH curriculum to our youth and is hopeful about making a healthy change in the Central Valley to decrease health disparities that are currently affecting the community. While he is committed and enthusiastic about making positive change, he also takes time to enjoy himself by taking dance classes (hip-hop), playing games, spending time with family, and occasionally binge-watching shows on Netflix. You can reach Eldon at epbueno@ucanr.edu.

UC CalFresh Website Updates
The State Office has issued updated Program Directive providing guidance on the purchase of Nutrition Education Reinforcement Items (NERI). This updated addendum to Program Directive 2012-04 reflects updates in the USDA SNAP-Ed Guidance for FFY 2019. A copy of Program Directive 2019-02 can be found on our website for you reference. Please contact your State Office contact if you have any questions on how to budget for NERI.

November Town Hall Slides and Recording Now Available
The November Town Hall slides and recording can be found on the website under Trainings —> Town Halls. November’s topic was: Defining Comprehensive Programming and FY19 Evaluation: New Tools and Objectives, presented by: UC CalFresh State Office Staff, Highlight Featuring: Shelly Heyes, CDSS, discussing SNAP-Ed LIA Forum Sessions and Speakers.
The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

Smarter Lunchrooms Movement Self-Assessment Scorecard Reporting Tool and Smarter Mealtimes Reporting Tool Portals Now Available for FFY19 Data Entry
The UC CalFresh State Office is pleased to announce that the Smarter Lunchrooms Movement Self-Assessment Scorecard Reporting Tool and Smarter Mealtimes Reporting Tool are now open and ready for data input! The portals are very similar to last year, with only a few minor revisions. As always, please add your scorecard data into the portal(s) and save a copy of the original files for your personal records.

You can access the new reporting tools by clicking on the links above or you can find them on the UC CalFresh TAP Resources Page.

If you have any questions or concerns regarding the updated tools, please feel free to contact MaryAnn Mills at mamills@ucdavis.edu.

UPCOMING UC CALFRESH TRAININGS
PEARS Office Hours for UC CalFresh—December 11th
Please Pre-Register for these meetings | Dial-In Number(s): U.S. Toll: 303.248.0285 | Access Code: 7544137
The December PEARS Office Hours will be spent reviewing the new procedures for survey data entry. Please note the change in date.

Time: 1:00 – 2:00 pm
Purpose:
Angie and Barbara are planning a PEARS Survey webinar to review the new procedures. This webinar will be held in place of the December PEARS Office Hours. Register for this webinar at this link: https://cc.readytalk.com/r/hwo2bwzx8b6w&eom

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The Smarter Lunchrooms Movement of California Monthly Nudge
The Smarter Lunchrooms Movement of California Monthly Nudge is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the Monthly Nudge, please click here!

Digital Food Pictures for Educators
This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge. Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

Articles & Research
Sugary Drink Taxes—Ban on Local Taxes and new Legislative Analyst’s Office Report
California legislators cut a deal last session to ban local sugar drink taxes, disarming public health advocates who want to use levies on sugary beverages as a way to reduce weight-related diseases. A new Legislative Analyst’s Office report examines the implications of a statewide levy and offers legislators some context if they want to pass a tax on their own.
Education & Resources

USDA Provides Additional Food Disaster Assistance in Three California Counties Hit by Wildfires

The U.S. Department of Agriculture (USDA) recently announced that households in three California counties have been approved to receive Disaster Supplemental Nutrition Assistance Program (D-SNAP) benefits. D-SNAP will be offered in parts of Los Angeles and Ventura counties due to the impact of the Woolsey and Hill wildfires, and Butte County in northern California due to the Camp Fire. Households in the affected areas may be eligible if they have qualifying disaster-related expenses and meet D-SNAP income limits.

If a household in the affected area qualifies for D-SNAP, they could receive one month of benefits to meet their food needs as they settle back home following the disaster. Households in certain zip codes that already receive SNAP benefits will automatically receive disaster supplements, up to the maximum allotment for their household size, and are not eligible to apply for D-SNAP. Affected households should look for public information notices from the state regarding the application process, location of application sites, and dates of application in each county.

This is one of many tools that USDA has available to aid states as they recover from disasters. To date, multiple actions have been taken to help California residents cope with the effects of recent wildfires:

* USDA provided assistance to an estimated 8,000 residents of Butte County and the surrounding area through the Disaster Household Food Distribution Program.
* The department recently approved California’s request to issue mass replacement of SNAP benefits to affected beneficiaries in parts of Ventura, Los Angeles, Butte and Plumas Counties.
* Butte County schools will be allowed flexibility in providing lunch and breakfast meals due to food shortages caused by road closures and hazardous conditions.
* Butte County schools are also authorized to provide breakfast and lunch to students at no cost to them due to the large number of students left homeless by the wildfire.
* On Nov. 21, USDA announced a waiver allowing residents of 14 fire-affected counties to purchase hot foods with SNAP benefits.

Read the full press release here and find more resources available through the CDSS: http://www.cdss.ca.gov/Disaster-Help-Center

WellSAT Tool UPDATED!
The UConn Rudd Center has collaborated with the Institute for Healthy Research and Policy at the University of Illinois at Chicago to create an updated version of the Wellness School Assessment Tool (WellSAT) - a quantitative instrument to help score and improve local school wellness policies. Since 2010, this measure has been used by thousands of people representing school districts nationwide. WellSAT 3.0 reflects the USDA final rule for local wellness policies, the latest research and best practices, and feedback from its users.

Check out the link to see the updates: http://www.wellsat.org/

The Mountain Plains Region (MPR) SNAP-Ed Impact Report: Sharing our Vision

Please join the Mountain Plains Region SNAP-Ed team as they describe the process in creating the SNAP-Ed Impact Report, lessons learned along the way, and next steps in tracking and reporting.

Agenda:
8:00 – 8:15 Introduction
8:15 – 9:15 Presentation by Speakers
9:15 – 9:30 Questions and Answer

The Webinar is FREE but prior registration is required.
When: Dec 12, 2018 10:00 AM Central Time (US and Canada)
Register today at: https://unl.zoom.us/meeting/register/b34474963c9ae58a66858a512be5123a
After registering, you will receive a confirmation email containing information about joining the meeting.

(continued on next page)
The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.

We want to hear from you!
The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: http://www.uccalfresh.org/weekly-updates.

We want to hear from you!