

## UC CalFresh Weekly Update December 3, 2018

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### Upcoming Events & Deadlines

November 2018

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#### EatFit Curriculum Update Webinar, Dec 4th

**Presented by** Marcel Horowitz, MS, MCHES & Mical K. Shilts, PhD  
**Date:** December 4, 2018  
**Time:** 1:00 to 2:30 PM

#### What's New?

- \* Updated nutritional information.
- \* Stronger focus on preventing excess weight gain and water as the best choice for drinking.
- \* Strengthened youth development principles/science proficiencies.
- \* Updated wording and phrasing.
- \* Includes suggested improvements from educators nationwide.

**To Participate in the Webinar** – you should have completed the mandatory Pre-Study Questions and registered by November 30th.

**If you are unable to attend the live webinar:**

Complete and submit the pre-study questions. You will be sent a link to view the recorded webinar.

Please contact Lyn Brock ([rlbrock@ucanr.edu](mailto:rlbrock@ucanr.edu)) for questions.

#### FY 2019 Farm to School Grant RFA, due Dec 4th

The USDA's Farm to School Grant supports the implementation of Farm to School programs that increase access to local food in eligible schools, providing students with quality meals at a reasonable cost while also supporting local producers.

The Grant RFA can be found on [grants.gov](http://grants.gov). Complete applications must be submitted on grants.gov by **11:59pm ET on December 4, 2018**. Check out the OCFS [resources](#) for grant applicants and see a list of prior grantees' project descriptions for proposal inspiration!

#### LIA Forum, Stories of Transformation due Dec 7th

Submit an inspirational story or quote from an individual or family whose lives have been touched by the work of SNAP-Ed. The goal of the Stories of Transformation is to highlight the amazing work occurring in communities across the state and the impact it is having on SNAP-Ed participants. The Stories will be used as centerpieces during the Forum.

Click [HERE](#) for information, guidelines, and to submit.

FORUM & POSTER REGISTRATION DEADLINES	
ITEM	DATE
Final poster submission	December 7
Stories of Transformation submissions closes	December 7

## UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

"I learned you could use different spices and herbs to give food flavor instead of using salt. I plan to eat more fruits and veggies. Also [to] show my kid health habits."

—Plan Shop Save Cook Participant,  
Fresno County

"[This program taught me about,] using nutrition facts on labels to help make healthy purchases, using price per units to get the best value while shopping, [as well as] heart healthy recipes that are diabetic friendly."

—Eat Healthy, Be Active  
Community Workshop Participant,  
Fresno County

## Emergency Resources—Support for Our UC CalFresh Friends and Colleagues Support Our Friends and Colleagues Affected by the Camp Fire

UC ANR has set up a site of [Emergency Resources](#), under the ANR Staff Assembly Resources page, that houses updates and information about supporting our UC ANR "family" whenever there are disasters. The site currently lists the staff members who were directly affected by the Camp Fire and a variety of options to support them during this difficult time. Please take a look at the page and consider making a donation, if you are able:

[http://staffassembly.ucanr.edu/Resources/\\_Emergency\\_Resources\\_/?fbclid=IwAR1kY-az2WILJqLXpBHLshsqviuuWFLGSGIQ3uF1p2AGagRKewAw2vmRN0c](http://staffassembly.ucanr.edu/Resources/_Emergency_Resources_/?fbclid=IwAR1kY-az2WILJqLXpBHLshsqviuuWFLGSGIQ3uF1p2AGagRKewAw2vmRN0c)

## Welcome New UC CalFresh Staff!

### Eldon Bueno, Community Education Specialist, Kings County



Eldon Bueno has recently joined the UC CalFresh team in Kings County as a Community Education Specialist! With a B.S. Degree in Health Education from San Francisco State, Eldon's passion resides in youth development, education, and promoting health and wellness. He previously worked in After School Programs for the Stonestown Family YMCA in San Francisco and is excited to utilize his past experiences in the Bay Area to serve his hometown community. Eldon aims to provide quality instruction and enriching classes on MyPlate and CATCH curriculum to our youth and is hopeful about making a healthy change in the Central Valley to decrease health disparities that are currently affecting the community. While he is committed and enthusiastic about making positive change, he also takes time to enjoy himself by taking dance classes (hip-hop), playing games, spending time with family, and occasionally binge-watching shows on Netflix. You can reach Eldon at [epbueno@ucanr.edu](mailto:epbueno@ucanr.edu).

## UC CalFresh Website Updates

### UC CalFresh Issues Program Directive 2019-02: Guidance on the Purchase of Nutrition Education Reinforcement Items

The State Office has issued updated Program Directive providing guidance on the purchase of Nutrition Education Reinforcement Items (NERI). This updated addendum to Program Directive 2012-04 reflects updates in the USDA SNAP -Ed Guidance for FFY 2019. A copy of Program Directive 2019-02 can be found our [website](#) for you reference. Please contact your State Office contact if you have any questions on how to budget for NERI.

### November Town Hall Slides and Recording Now Available

The November Town Hall slides and recording can be found on the website under [Trainings —> Town Halls](#).

November's topic was: [Defining Comprehensive Programming and FY19 Evaluation: New Tools and Objectives](#),

presented by: UC CalFresh State Office Staff, Highlight Featuring: Shelly Heyes, CDSS, discussing SNAP-Ed LIA Forum Sessions and Speakers.

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## UC CalFresh Evaluation Updates

### FFY2019 Evaluation Survey Data Entry—PEARS

Please hold-off on entering any additional evaluation surveys into PEARs for FFY2019. Some improvements are being made that require changes to the survey procedures. We will review these in depth during a webinar about PEARs Surveys scheduled for December 11th from 1-2pm. We plan to collect three pre/post surveys in PEARs this year:

- \* Food Behavior Checklist (FBC),
- \* Healthy Happy Families (HHF), and
- \* Adult Physical Activity Survey (APAS) - a **NEW** survey for UC CalFresh.

### FFY2019 Evaluation Survey Data Entry—ANR Portal

The Plan, Shop, Save & Cook pre/post survey has been removed from PEARs and will be collected through the ANR data entry portal [here](#). All other surveys and ANR data entry portals have been updated on the UC CalFresh website.

- \* Youth surveys and data portals can be found [at this link](#)
- \* Adult surveys and data portals can be found [at this link](#)

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## Upcoming UC CalFresh Trainings

### PEARS Office Hours for UC CalFresh—December 11th

Please Pre-Register for these meetings | Dial-In Number(s): U.S. Toll: 303.248.0285 | Access Code: 7544137

The December PEARs Office Hours will be spent reviewing the new procedures for survey data entry. Please note the change in date.

**Time:** 1:00 – 2:00 pm

**Purpose:**

Angie and Barbara are planning a PEARs Survey webinar to review the new procedures. This webinar will be held in place of the December PEARs Office Hours. Register for this webinar at this link <https://cc.readytalk.com/r/hwo2bwzx6b6w&eom>

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## The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



### Smarter Lunchrooms Movement Self-Assessment Scorecard Reporting Tool and Smarter Mealtimes Reporting Tool Portals Now Available for FFY19 Data Entry

The UC CalFresh State Office is pleased to announce that the [Smarter Lunchrooms Movement Self-Assessment Scorecard Reporting Tool](#) and [Smarter Mealtimes Reporting Tool](#) are now open and ready for data input! The portals are very similar to last year, with only a few minor revisions. As always, please add your scorecard data into the portal(s) and save a copy of the original files for your personal records.

You can access the new reporting tools by clicking on the links above or you can find them on the [UC CalFresh TAP Resources Page](#).

If you have any questions or concerns regarding the updated tools, please feel free to contact MaryAnn Mills at [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).

### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

### Digital Food Pictures for Educators

*This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.*

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at [HealthyEating.org/FoodGallery](http://HealthyEating.org/FoodGallery).

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## Articles & Research

### Sugary Drink Taxes—Ban on Local Taxes and new Legislative Analyst's Office Report

California legislators cut a deal last session to ban local sugar drink taxes, disarming public health advocates who want to use levies on sugary beverages as a way to reduce weight-related diseases. A new [Legislative Analyst's Office report](#) examines the implications of a statewide levy and offers legislators some context if they want to pass a tax on their own.

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## Education & Resources

### USDA Provides Additional Food Disaster Assistance in Three California Counties Hit by Wildfires

The U.S. Department of Agriculture (USDA) recently announced that households in three California counties have been approved to receive [Disaster Supplemental Nutrition Assistance Program \(D-SNAP\) benefits](#). D-SNAP will be offered in parts of Los Angeles and Ventura counties due to the impact of the Woolsey and Hill wildfires, and Butte County in northern California due to the Camp Fire. Households in the affected areas may be eligible if they have qualifying disaster-related expenses and meet D-SNAP income limits.

If a household in the affected area qualifies for D-SNAP, they could receive one month of benefits to meet their food needs as they settle back home following the disaster. Households in certain zip codes that already receive SNAP benefits will automatically receive disaster supplements, up to the maximum allotment for their household size, and are not eligible to apply for D-SNAP. Affected households should look for public information notices from the state regarding the application process, location of application sites, and dates of application in each county.

This is one of many tools that USDA has available to aid states as they recover from disasters. To date, [multiple actions](#) have been taken to help California residents cope with the effects of recent wildfires:

- \*USDA provided assistance to an estimated 8,000 residents of Butte County and the surrounding area through the Disaster Household Food [Distribution Program](#).
- \*The department recently approved California's request to issue mass replacement of SNAP benefits to affected beneficiaries in parts of Ventura, Los Angeles, Butte and Plumas Counties.
- \*Butte County schools will be allowed flexibility in providing lunch and breakfast meals due to food shortages caused by road closures and hazardous conditions.
- \*Butte County schools are also authorized to provide breakfast and lunch to students at no cost to them due to the large number of students left homeless by the wildfire.
- \*On Nov. 21, USDA announced a waiver allowing residents of 14 fire-affected counties to [purchase hot foods with SNAP benefits](#).

Read the full press release [here](#) and find more resources available through the CDSS: <http://www.cdss.ca.gov/Disaster-Help-Center>

### WellSAT Tool UPDATED!

The UConn Rudd Center has collaborated with the Institute for Healthy Research and Policy at the University of Illinois at Chicago to create an [updated](#) version of the [Wellness School Assessment Tool \(WellSAT\)](#) - a quantitative instrument to help score and improve local school wellness policies. Since 2010, this measure has been used by thousands of people representing school districts nationwide. WellSAT 3.0 reflects the USDA final rule for local wellness policies, the latest research and best practices, and feedback from its users.

Check out the link to see the updates: <http://www.wellsat.org/>

### The Mountain Plains Region (MPR) SNAP-Ed Impact Report: Sharing our Vision

Please join the Mountain Plains Region SNAP-Ed team as they describe the process in creating the SNAP-Ed Impact Report, lessons learned along the way, and next steps in tracking and reporting.

Agenda:

8:00 – 8:15	Introduction
8:15 – 9:15	Presentation by Speakers
9:15 – 9:30	Questions and Answer

The Webinar is FREE but prior registration is required.

When: Dec 12, 2018 10:00 AM Central Time (US and Canada)

Register today at:

<https://unl.zoom.us/meeting/register/b34474963c9ae58a66858a512be5123a>

After registering, you will receive a confirmation email containing information about joining the meeting.

*(continued on next page)*

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## Education & Resources *(continued)*

### TFAH Webinar Series on Achieving Health Equity through Collaborations, Innovative Funding and Leadership, Recordings Now Available

The recordings for Trust for America's Health's (TFAH) Fall 2018 4-part webinar series, Taking Action to Promote Health Equity – Using the Lessons from Cutting-Edge Practices to Improve Health and Well Being, are now available.

The series featured some of the wisest and most insightful people from public health, philanthropy, government, academia, advocacy, and nonprofit- and community-based organizations, sharing their experiences shaping and executing diverse approaches to advance health equity. The webinar series was designed to inform a broad, national audience about compelling and replicable health equity initiatives and how to address the grass roots issues that will impact their success. The lessons learned are transferable to diverse communities – large or small, urban or rural, with substantial or minimal resources.

You can access the entire recording of the series [here](#) and specific ones below.

- \* [Segment 1 – Lessons Learned from The California Endowment's Building Healthy Communities Project](#)
- \* [Segment 2 – Show Me the Money – Innovative Funding](#)
- \* [Segment 3 – Breaking Out of the Box – Innovative Collaborations](#)
- \* [Segment 4 – Creating Change Through Leadership: Two Extraordinary Leaders, a Mother and Daughter, Share their Experiences Promoting Racial Equity](#)

### Join Today! CA SNAP-Ed Peer Exchange Program

#### The Peer Exchange Program can:

- \* Put you in touch with another agency working on the same topic or same setting as you
- \* Help set-up, plan, and facilitate your exchange
- \* Provide conference call lines or web-based meeting software
- \* Provide travel grant funds for in-person meetings

#### We are recruiting Mentors and Mentees now!

- \* Sign up with our [Peer Exchange Program Application](#)

Want to learn more? Visit our [Peer Exchange Program Website](#) or contact [Michael.Beccarelli@cdph.ca.gov](mailto:Michael.Beccarelli@cdph.ca.gov)

Looking for ideas or assistance from a peer?   Able to share your expertise with a peer?

**The Peer Exchange Program can connect you with an LIA peer via**

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## UC CalFresh, UC ANR & Partner Employment Opportunities

### \_\_Assistant 3, UC CalFresh State Office

The UC CalFresh State Office is pleased to share the job posting for the \_\_Assistant 3 career position with the UC CalFresh State Office. This position will add an additional \_\_Assistant 3 position to provide program and administrative/ fiscal support to the UC CalFresh State Office and county programs.

**Apply here:** [www.employment.ucdavis.edu/applicants/Central?quickFind=81139](http://www.employment.ucdavis.edu/applicants/Central?quickFind=81139)

**Apply-by:** 12/5/2018

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### We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at [eegelski@ucdavis.edu](mailto:eegelski@ucdavis.edu) to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

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