

## UC CalFresh Weekly Update February 4, 2019

### Contents

#### Upcoming Events & Deadlines

- \* PEARS Office Hours for UC CalFresh
- \* Eating Smart • Being Active Recipe Script Webinar

#### UC CalFresh Success Stories

- \* Eat Smart Live Strong Participant, Alameda County
- \* Eating Smart Being Active Participant, Fresno County

#### Emergency Resources—Support for Our UC CalFresh Friends and Colleagues

- \* Support Our Friends and Colleagues Affected by the Camp Fire

#### Upcoming UC CalFresh Trainings

- \* Nutrition Update Webinar
- \* Child Feeding Community of Practice Webinar
- \* Building Capacity in School Wellness Training—Save the Date

#### UC CalFresh in Action!

- \* Pilots in Innovation Awards at Forum Meeting
- \* Nominate a Star! UC ANR Staff Appreciation and Recognition (STAR) Awards

#### Smarter Lunchrooms Movement of California

- \* SLM 60-Point Scorecard Announcement
- \* The Smarter Lunchrooms Movement of California *Monthly Nudge*
- \* Digital Food Pictures for Educators

#### Education & Resources

- \* Training Our Workforce Training Our Workforce: *Guide for Developing and Enhancing Skills in Public Health and Community Nutrition, 3<sup>rd</sup> Edition*
- \* America Walks Monthly Webinar Series
- \* Healthy Food Financing Initiative Reinvestment Fund—Grants Available

#### UC CalFresh, UC ANR & Partner Employment

- \* CES Supervisor 2, UCCE Butte Cluster

### Upcoming Events & Deadlines

February 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

### Upcoming UC CalFresh Trainings

#### PEARS Office Hours for UC CalFresh

See [https://uccalfresh.ucdavis.edu/sites/g/files/dgvnsk2286/files/inline-files/Office\\_Hrs\\_Date\\_Change.pdf](https://uccalfresh.ucdavis.edu/sites/g/files/dgvnsk2286/files/inline-files/Office_Hrs_Date_Change.pdf) for list of all FFY 19 Office Hours.

#### Please Pre-Register for PEARS Office Hours

**Date:** February 5, 2019

**Time:** 1:00 – 2:00 pm

#### Purpose:

- \* Share PEARS related questions and answer with live demos in PEARS
- \* Add Q & A's to FAQ document and send follow-up emails for any unresolved questions

**Registration:** <https://cc.readytalk.com/registration/#/?meeting=oyjgycn857v&campaign=f464dptjucg1>

**Dial-In Number:** U.S. Toll: 303.248.0285 | Access Code: 7544137

#### Eating Smart • Being Active Recipe Script Webinar

**Description:** Teaching food preparation skills should be a top priority, but teaching these skills can be challenging. That is why the *Eating Smart • Being Active* Team at Colorado State University developed a new resource entitled, “recipe scripts”.

The purpose of recipe scripts is to make the food preparation segment of the Eating Smart • Being Active lesson plans easier to plan, shop, and pack for and most especially, easier to implement in class. While the revised version of Eating Smart • Being Active is fully scripted, the recipes included in the Let's Cook! Segments are not. Therefore, we developed recipe scripts for every recipe in our Let's Cook! Cookbook, which are designed to provide the same level of structure and support for “teaching” the recipe that our lesson plans provide for the other components of each lesson.

The webinar will present the recipe scripts (and other associated resources) and further explain what they are and how to train your staff to use them.

**When:** February 8<sup>th</sup> at 11:00 am PT

To get a sneak peek at some recipe scripts, go [here](#).

**How to join:** There is no need to register for the webinar; simply click the Zoom link below at the scheduled webinar start time. If you cannot attend the webinar, you can view the recording of it afterwards on the *Eating Smart • Being Active* website at <http://eatingsmartbeingactive.colostate.edu/about/>.

**Zoom information for joining the webinar:**

<https://zoom.us/j/999160366>

+1 669 900 6833 US

Meeting ID: 999 160 366

## UC CalFresh Success Stories

Please note that success stories are no longer reported through the online data entry portal. Entries from the PEARS Success Story module will be used to inform this section on the Weekly Update.

“This series was an excellent tune-up on what I already knew. I'd gotten complacent on the amount of fruits and veggies I consumed so having cup amounts and a target helped me be more conscientious. [The] instructor was inspirational and down-to-earth...”

—*Eat Smart, Live Strong Participant,  
Alameda County*

“[My family and I] started eating less fat, sodium, and sugar [after this class]. We also eat more vegetables and fruits each day. Thanks for all the wonderful tips.”

—*Eating Smart Being Active Participant  
Fresno County*

## Emergency Resources—Support for Our UC CalFresh Friends and Colleagues Support Our Friends and Colleagues Affected by the Camp Fire

UC ANR has set up a site of [Emergency Resources](#), under the ANR Staff Assembly Resources page, that houses updates and information about supporting our UC ANR “family” whenever there are disasters. The site currently lists the staff members who were directly affected by the Camp Fire and a variety of options to support them during this difficult time. Please take a look at the page and consider making a donation, if you are able:

[http://staffassembly.ucanr.edu/Resources/\\_Emergency\\_Resources\\_/?fbclid=IwAR1kY-az2WILJqLXpBHLshsqviuuWFLGSGIQ3uF1p2AGagRKewAw2vmRN0c](http://staffassembly.ucanr.edu/Resources/_Emergency_Resources_/?fbclid=IwAR1kY-az2WILJqLXpBHLshsqviuuWFLGSGIQ3uF1p2AGagRKewAw2vmRN0c)

## Upcoming UC CalFresh Trainings Nutrition Update Webinar

**Description:** *A Different Look at MyPlate: Nutrition Hot Topics for Each Food Group*

Dr. Rachel Scherr from the UC Davis Department of Nutrition will discuss a current dietary fad or misconception – and the real science - related to each MyPlate food group.

**Date:** Tuesday, February 26, 2019, 11:00 AM to 12:30 PM

**Register in advance for this meeting:** <https://cc.readytalk.com/r/c5y7o9k3sxql&eom>

Information can also be found on the UC CalFresh Training Calendar <https://uccalfresh.ucdavis.edu/trainings/calendar>

## Child Feeding Community of Practice Webinar

**Description:** This webinar series is open to any staff members who want to learn more about healthy feeding practices with young children or how to answer questions on child feeding topics that may come from parents or pre-school staff. The webinar will include time for you to hear about current research and to ask questions and learn about resources. We will also review teaching the ‘Child’s Play’ lesson from the Healthy Happy Families curriculum.

**Date:** Thursday, March 14, 2:30pm – 4:00pm

**Register in advance for this meeting:** <https://ucanr.zoom.us/meeting/register/203e7cb9fdf99d447c24e00bf0acd2b8>

After registering, you will receive a confirmation email containing information about joining the meeting.

Information can also be found on the UC CalFresh Training Calendar <https://uccalfresh.ucdavis.edu/trainings/calendar>

## Building Capacity in School Wellness Training—Save the Date

**Description:** The UC CalFresh State Office, Public Health Institute Center for Wellness and Nutrition, and UC Davis Center for Nutrition in Schools are holding a workshop focused on building UC CalFresh staff capacity related to school wellness policy and school wellness initiatives.

By the end of this workshop, participants will be able to:

- Describe the benefits of school wellness strategies on academic performance and student health
- Explain how UC CalFresh initiatives connect to the FNS and USDA’s Final Rule on Local School Wellness Policy
- Demonstrate ability to facilitate prioritization and action planning exercises for school wellness policy implementation
- Identify how the Local Control and Accountability Plan (LCAP) can assist in funding portions of district action plans

**Tentative Dates**—The trainings will tentatively be held on the following dates:

- \* March 27th in Davis, California
- \* April 3rd in the Central Valley, California

**Registration:** Will be released soon

## UC CalFresh in Action!

### Pilots in Innovation Awards at Forum Meeting

All of our counties conduct valued work each year in a number of areas. Each year we also work on special pilot projects which add administrative and programmatic value to SNAP-Ed in California. During the most recent UC CalFresh Luncheon at the LIA FORUM, the State Office formally acknowledged recent pilot work. The photos below capture the award winners.



**Awardees recognized for being *Innovation Partners in Evaluation and Pears.***

*Back row, left to right:* Chelsea Slattery (Butte Cluster), Jona Pressman (Butte Cluster), Mary Vollinger (Santa Clara Cluster), Shawnee Sellers (Shasta Cluster), Hector Ochoa (Central Sierra Cluster), Hawau Bojuwon (Kern), Jennifer Quigley (State Office Presenter), Christie Hedrick (Yolo).  
*Middle row:* Chutima Ganthavorn (Riverside).  
*Front row, left to right:* Angie Keihner (State Office Presenter), Tuline Baykal (Alameda), Barbara McKnelly (State Office Presenter), Suzie Lawry-Hall (Butte Cluster), Katie Johnson (Central Sierra Cluster), Paul Tabarez (Imperial), and Marcel Horowitz (Yolo).



**Awardees recognized for being *Innovation Partners in the Farmers Market Initiative Pilot.***

*Left to right:* Andra Nicoli (State Office Presenter), Deepa Srivastava (Tulare), Teresa Spicer (Tulare), Chutima Ganthavorn (Riverside), and Karina Macias (Fresno).



**Awardees recognized for being *Innovation Partners in the FFY 20-22 Integrated Work Plan.***

*Left to right:* Andra Nicoli (State Office Presenter), Anna Martin (San Joaquin), Lorena Hoyos (San Joaquin), Chelsea Slattery (Butte Cluster), Jona Pressman (Butte Cluster), Suzie Lawry-Hall (Butte Cluster), Karina Macias (Fresno), and Dr. Mary Blackburn (Alameda).



**Awardees recognized for being *Innovation Partners in Physical Activity.***

*Left to right:* Michele Byrnes (State Office Presenter), Sue Lafferty (Kings), Deepa Srivastava (Kings), Tuline Baykal (Alameda), Suzie Lawry-Hall (Butte Cluster), Chelsea Slattery (Butte Cluster), Rosemary Carter (Placer-Nevada), Jona Pressman (Butte Cluster), Jaci Westbrook (Stanislaus-Merced), Hector Ochoa (Central Sierra Cluster), and Mary Vollinger (Santa Clara Cluster). In the front row, we have Katie Johnson (Central Sierra Cluster). Not pictured, but also a recipient of the award, were the San Luis Obispo and Santa Barbara Counties.



**Awardees recognized for being *Innovation Partners in Budget Adjustment Request (BAR) Automation.***

*Left to right:* Yu Meng (Imperial), Lindsay Hamaski (State Office Presenter), and Paul Tabarez (Imperial).

---

## UC CalFresh in Action! (*continued*)

### Nominate a Star! UC ANR Staff Appreciation and Recognition (STAR) Awards

Nominations are being accepted now for the annual UC ANR Staff Appreciation and Recognition (STAR) Awards. The deadline for submission is April 5, 2019.

The STAR program is your opportunity to celebrate and reward the great contributions of ANR's people. The program provides one-time cash awards to eligible staff in recognition of outstanding achievement. Managers may nominate individuals and teams demonstrating exceptional performance, creativity, organizational abilities, work success, and teamwork.

Policy-covered ANR staff and members of the Clerical Unit (CX) are eligible to be nominated for STAR awards. Staff in other collective bargaining units, academics and members of the Senior Management Group are not eligible to receive STAR awards.

[Nomination forms and program guidelines are available](#) on the UC ANR HR website. Send your nominations by **April 5th** via e-mail to [humanresources@ucanr.edu](mailto:humanresources@ucanr.edu). STAR Awards will be celebrated during an ANR recognition event at the Second Street building in Davis on June 18, 2019.

---

## The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



### SLM 60-Point Scorecard Announcement

You may have seen posted on the Smarter Lunchrooms Movement National Website that they have updated the SLM 60-point Scorecard to no longer include items associated with the Healthier US School Challenge. While we are excited about this change and appreciate the updates, **we are asking that you continue to use the old version of the 60-point scorecard**. This will help ensure we have consistent data throughout the school year. We will transition to the updated scorecard starting next school year. An announcement will be sent out when we make the transition.

You can find the post on the [SLM of CA Website](#).

### The Smarter Lunchrooms Movement of California *Monthly Nudge*

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

### Digital Food Pictures for Educators

*This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.*

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at [HealthyEating.org/FoodGallery](https://www.healthyeating.org/FoodGallery).

---

## Education & Resources

### Training Our Workforce Training Our Workforce: *Guide for Developing and Enhancing Skills in Public Health and Community Nutrition, 3<sup>rd</sup> Edition*

NEW!!! Officially launched in December 2018 (access it [here](#)), now you can navigate how to make its 3 versions and interactive features useful fast by listening to the webinar: <https://vimeo.com/309271826>. Dietitian/Nutritionists also may earn 1.5 CPEs.

A landmark for the field, the 3<sup>rd</sup> edition *Guide* is designed to systematically and comprehensively identify and develop competence in 6 key areas: [food and nutrition](#); [communication, marketing, and cultural competence](#); [advocacy and education](#); [PSEs](#); [research and evaluation](#); and [management and leadership](#). It builds on the Social Ecologic Model and the *SNAP-Ed Evaluation Framework*, and its experiential learning options include plenty of examples relevant to SNAP-Ed practice.

Check out versions tailored to three different audiences: <https://www.phcnpg.org/page/2018-3rd-edition-the-guide>.

1. For practitioners, the interactive tools cover self-assessment, goal-setting and real-world learning for entry-level to career-changing practitioners.
2. For educators and preceptors, you'll see more didactic background as to the derivation, content and use of the tools with students/staff.
3. The third, short version for employers and administrators is intended to demonstrate the benefits of recruiting and developing recognized competencies in their workforces to food assistance, categorical public health, and community-facing clinical organizations.

(continued on next page)

---

## Education & Resources *(continued)*

### America Walks Monthly Webinar Series

#### Creating Safer Communities for All

Date: February 13, 2019

Time: 11am Pacific

Description: Even one life lost is too many. Pedestrian safety is a critical part of planning for healthy, active, and engaged communities. Learn about resources and ideas to improve safety with this webinar. This webinar assumes basic knowledge of issues related to walking and walkability.

[Register Here](#)

#### Stronger Together: Partnering with the Disability Rights Movement

Date: March 13, 2019

Time: 11am Pacific

Description: This webinar will continue on our September Walking Towards Justice episode that explored the potential partnerships between walkability advocates and the disability rights movement. Learn how communities are becoming more inclusive and accessible and tools and resources to do the same. This webinar is intended for those just starting out on the walking path as well as those interested in learning more about the topic.

[Register Here](#)

### Healthy Food Financing Initiative Reinvestment Fund—Grants Available

The Healthy Food Financing Initiative (HFFI) offers financial assistance to help healthy food retailers overcome higher costs and initial barriers to entry in underserved areas across the country. Targeted grants are available for eligible projects or partnerships that seek to improve access to healthy food in underserved areas. Approximately \$1.4 million will be available to fund applications under this program. Grant awards range from \$25,000 – \$250,000.

[Read more information about the grant here.](#) Please contact Inés Familiar Miller ([IFamiliarMiller@calfund.org](mailto:IFamiliarMiller@calfund.org)) if you have any questions.

Due: 8:59 p.m. PT, February 14, 2019

---

## UC CalFresh, UC ANR & Partner Employment

### CES Supervisor 2, UCCE Butte Cluster

UCCE Butte Cluster is hiring for a CES Supervisor 2. Duties include supervising, training and guiding nutrition education extenders, developing and implementing a yearly work plan, developing and overseeing yearly budgets, evaluating work plan objectives, and writing reports. This person will also coordinate efforts and serve as a liaison with other agencies providing related services in the Butte Cluster (Butte, Colusa, Glenn, Sutter and Yuba counties), build and maintain formal and informal coalitions of partners, tailor special nutrition education projects, and maintain subject matter competence.

Apply [here](#). Applications due **2/7/2019**

---

### We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at [eeegelski@ucdavis.edu](mailto:eeegelski@ucdavis.edu) to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

---

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



University of California  
Agriculture and Natural Resources | Nutrition Education