



SUCCESSSES

- UC CalFresh reached a total of **13,977** youth and 504 adults with nutrition and food resource management workshops and series-based classes.
- In FFY18, a total of **217** new Policy, Systems and Environmental changes were implemented with an estimated reach to more than **11,500** individuals in the Butte Cluster.



RESULTS

Youth

- 7,424** students received food tastings combined with garden enhanced nutrition education, and **64%** reported that they would be willing to eat the foods again.

Adult

- 285** adults graduated from the Making Every Dollar Count program and **93%** reported that they felt that the program was well worth their time.

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

The UC CalFresh Nutrition Education Program of Butte, Glenn, Colusa, Sutter, and Yuba counties collaborates with school-based partners, students, teacher extenders, UC Master Gardener and 4-H Programs to provide comprehensive, research-based nutrition, garden and physical activity programming to low-income communities. Recognizing that nutrition and physical activity behaviors are dependent on many factors including individual knowledge and skills and social determinants including access to resources, opportunities and regional and institutional policies, UC CalFresh works with partners to identify and address barriers to health and wellness. UC CalFresh nutrition education utilizes integrated approaches which leverage community resources including agriculture to facilitate the creation of healthier communities by educating and encouraging community members to: 1) make informed nutrition and physical activity decisions; 2) maximize their food resources; 3) eat and enjoy a variety of locally grown fruits and vegetables.

Making Environmental and Organizational Changes

- CATCH physical activity training and technical assistance for 12 PE Specialists serving an entire school district in Sutter County. Teachers in 2 schools in Colusa County and teachers at 1 school in Glenn County received CATCH physical activity training. Combined these teachers engaged over 1,000 students in regular skill building CATCH physical activities.
- 4 new playground stencil projects were completed. These projects were an improvement to school playgrounds and incorporated "CATCH friendly" elements enticing school staff and students to move more.
- Sustainability support for edible school gardens.
- School food service support for improved lunchroom environment utilizing Smarter Lunchrooms Movement resources.
- School Wellness Policy support for district-wide improvements.

Serving California Agriculture

All five counties are influenced by agriculture production which is the primary industry in the region. UC Master Gardeners, as extenders teach hour long garden lessons to students. UC CalFresh staff collaborate with Master Gardeners exchanging knowledge and expertise. This internal collaboration positively impacts school garden programs by increasing learning opportunities in edible school gardens.



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