

UC CalFresh Weekly Update April 1, 2019

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March 2019

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Integrated Work Plan (IWP), due April 2

FAQ Document

February and March IWP Office Hours recordings and slides as well as FFY20-22 IWP Frequently Asked Questions (FAQ) can be viewed at the following location: <https://uccalfresh.ucdavis.edu/admin/program/FFY20-22IWP>

Materials

The FFY20-22 IWP Blueprint Planning Tools are posted on SharePoint and can be found via: CDSS SNAP-Ed SharePoint site à Resources à [Three-Year Integrated Work Plan](#)

Links to these documents are provided below:

- [FFY 20-22 IWP Blueprint Planning Tool Section A](#)
- [FFY 20-22 IWP Blueprint Planning Tool Section B](#)

April 2nd PEARS Office Hours Cancelled

Due to competing priorities and particularly with the FFY 2020-2022 IWP deadline of April 1st, the State Office has decided to cancel the next PEARS Office Hours scheduled for April 2nd from 1-2pm.

Please feel free to call or email **Jennifer Quigley** (jqquigley@ucdavis.edu), **Barbara Mknelly** (bmknelly@UCDAVIS.EDU), or **Angie Keihner** (akeihner@ucdavis.edu) if you have any questions related to PEARS.

Nominate a Star! UC ANR Staff Appreciation and Recognition (STAR) Awards, due April 5th

The STAR program is your opportunity to celebrate and reward the great contributions of ANR's people. The program provides one-time cash awards in recognition of outstanding achievement. Managers may nominate individuals and teams demonstrating exceptional performance, creativity, organizational abilities, work success, and teamwork.

[Nomination forms and program guidelines are available](#) on the UC ANR HR website. Send your nominations by **April 5th** via e-mail to humanresources@ucanr.edu. STAR Awards will be celebrated during an ANR recognition event at the 2nd St building in Davis on June 18, 2019.

Action for Healthy Kids—School Grants for Healthy Kids, due April 5th

Action for Healthy Kids' *School Grants for Healthy Kids* can help your school achieve its goal to make every kid healthy, active and ready to learn.

Applications due: April 5, 2019 ***Grant applications take less than 60 minutes to complete!***

To apply, visit ActionforHealthyKids.org/Grants / For questions, email schoolgrants@actionforhealthykids.org

UC CalFresh Success Stories

Please note that success stories are no longer reported through the online data entry portal. Entries from the PEARS Success Story module will be used to inform this section on the Weekly Update.

"[In this class,] I learned about My Plate and how to make half your plate fruits and vegetables. I also learned how to save money by size and amount."

—*Eat and Play Together Participant,
Kings County*

"[This class] helped me a lot to see the labels, compare prices, eat less sugar, salt, less saturated fat. ...I'm putting [what I learned] into practice and my family likes how I changed the way we eat."

—*Eating Smart, Being Active Participant,
Madera County*

Program Directive

Display of "And Justice for All" poster (vs AD-475-B)

Please display the "And Justice for All" poster (version AD-475-B) whenever and wherever SNAP-Ed services/education/interventions are provided.

This is a UC CalFresh Program Directive No. 2018-05 and is articulated in the FFY2019 [SNAP-Ed Guidance](#) (pg 69) and the [UC CalFresh Lesson Observation Tool](#) #7. You may recognize this poster as the 'blue version'. If a site displays another version of the poster to meet other requirements, the *AD-475-B version must be displayed concurrently to meet* our SNAP-Ed requirement. All "And Justice for All" posters must be displayed in a specific size: 11" width x 17" height.



Supplemental Nutrition Assistance Program (SNAP) and Food Distribution Program on Indian Reservations (FDPIR) Offices (AD-475B PDF)

This is the Supplemental Nutrition Assistance Program (SNAP) and Food Distribution Program on Indian Reservations (FDPIR) version and should be posted in SNAP and FDPIR offices.

UC CalFresh Website Updates

Core Curriculum and Evaluation Tools with SMART Objectives Document Updated

The [Core Curriculum and Evaluation Tools with SMART Objectives](#) document location on the [Evaluation webpage](#) was updated to include the following details:

- * which curricula the Physical Activity Intent to Change Surveys (PA ITCs) can be used with and
- * for these curricula, which of the two PA ITC to administer (e.g., HOURS or MINUTES).

These updates were added to the existing ITC tables which highlight the appropriate ITC to use with each adult curriculum lesson when delivered as a single session.

Evaluation Resources - UC CalFresh Physical Activity Focused Evaluation Tools and Results Webinar

This webinar held on January 16, 2018 and presented by Angie Keihner and Michele Byrnes reviews (1) the new UC CalFresh physical activity (PA) surveys available for pilot testing in FFY 2019 (Adult PA survey, PA TOT, and PA ITCs), (2) the PA evaluation tools available to help build capacity and assess PSE efforts (CATCH Lesson Observation Tool and PA TOT for CATCH; Stencil Assessment and Tip Sheet for playground stencil projects), and (3) highlights FFY 2018 PEARS program activity results for CATCH and FFY 2017 stencil evaluation findings as well as lessons learned.

[Slides](#) | [Webinar](#)

Upcoming UC CalFresh Trainings

EatFit Curriculum Delivery – Question & Answer Session

Description: Marcel Horowitz, *EatFit* co-author, will respond to your questions during this open-format webinar. Please enter your *EatFit* questions at <http://ucanr.edu/survey/survey.cfm?surveynumber=27091>

Date: Apr 18, 2019 at 2:00 PM

Register in advance for this meeting:

<https://ucanr.zoom.us/meeting/register/d4454a15d07ef5e5c5b9141539e44ee6>

After registering, you will receive a confirmation email containing information about joining the meeting.

UC CalFresh "Building Capacity in Wellness" Training—Updated Dates

The Save-the-Date for this training is attached to the 3/14/2019 Weekly Update.

The new dates for the trainings are as follows:

- * June 19th in Fresno, California
- * June 26th in Davis, California

Description: The UC CalFresh State Office, Public Health Institute Center for Wellness and Nutrition, and UC Davis Center for Nutrition in Schools are holding a workshop focused on building UC CalFresh staff capacity related to school wellness policy and school wellness initiatives. By the end of this workshop, participants will be able to:

- Describe the benefits of school wellness strategies on academic performance and student health
- Explain how UC CalFresh initiatives connect to the FNS and USDA's Final Rule on Local School Wellness Policy
- Demonstrate ability to facilitate prioritization and action planning exercises for school wellness policy implementation
- Identify how the Local Control and Accountability Plan (LCAP) can assist in funding portions of district action plans

Registration: An updated registration link will be sent out in mid-March. Please reach out to Melanie Gerdes magerdes@ucdavis.edu if you have any questions or concerns.

The Smarter Lunchrooms Movement of California



The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Digital Food Pictures for Educators

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

Education & Resources

Every Kid in a Park

[Every Kid in a Park](#) is a U.S. Government initiative which provides paper passes to **fourth grade students** for free admission and access to all national parks, lands, and waters through August 31, 2019. Instructions and resources are available on the [official website](#) for both parents and educators.

Fourth-grade educators include:

- * Teachers at a U.S. or U.S. military school, or
- * Adults who engage fourth graders through a youth-serving organization. For example, a camp director, a home-school leader, an after-school leader, or a religious group leader. This category would apply to SNAP-Ed educators.

As a fourth-grade educator, you can download an activity and print paper passes for each of your students. This opportunity is a great way for **SNAP-Ed educators** to promote physical activity and the benefits of being in nature.

See the rules and restrictions [here](#).

Contact: [Katharina Streng](#)

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Education & Resources *(continued)*

Childhood Obesity Conference Registration/Scholarships

- * [Conference Registration](#): Register by **April 30** to avoid late fee
- * **Young Adult/New Professional Scholarship Awards Now Available for a Limited Time Only!**

Applications will be accepted starting April 1 - April 19, 2019

This year, the Childhood Obesity Conference hosts are pleased to offer young adults and new professionals full scholarship awards to attend the 10th Biennial event.

Scholarships include complimentary registration, hotel accommodations, travel arrangements and meal/per diem coverage for those who meet the 2019 scholarship criteria. [Click here to review the eligibility criteria and apply today!](#)

For more information, please contact Jessie Gouck, Conference Manager at jessie.gouck@cdph.ca.gov or by calling 916.449.5383.

California's Farm to Summer Week 2019 Webinar

Description: The California Department of Education ([CDE](#)) and the California Department of Food and Agriculture ([CDFA](#)) invite you to participate in the upcoming webinar, *California's Farm to Summer (F2Summer) Week 2019*.

This year, California is celebrating F2Summer during the week of June 24–28, 2019. There are many benefits to participating in F2Summer, including increasing participation in the summer meal programs, supporting your local farmers, and educating children about the origin of their food. CDE is hosting a webinar to support your efforts. Following the webinar, you will have an opportunity to complete a survey to let CDE know whether you are interested in participating in F2Summer Week 2019. Details will be announced during the webinar.

During this webinar, you will learn about F2Summer, ideas on how to participate, and useful resources and potential partners. By the end of the webinar, you will have identified easy-to-use ideas for fun and engaging activities, partners to help you, and simple ways to promote your F2Summer week.

Date: Wednesday, April 24, 2019 2-3 p.m.

Registration: This webinar is free. Click to register: [CDE 2019 F2Summer Week](#)

Event number: 665 997 255

Event password: 163027

Contact: [Katharina Streng](#)

New SNAP-Ed Video Montage – Now Available for Use!



The California Department of Public Health now has available an inspirational welcoming video montage that briefly describes the SNAP-Ed program. It includes interview footage conducted in 2018 of nearly two dozen SNAP-Ed employees discussing their experiences with the program and why it is such a valuable part of local public health and community change efforts. You may find the video helpful in explaining SNAP-Ed to new staff, partners, or other community stakeholders.

See the video: [Welcome to SNAP-Ed](#)

The video is a part of the online training for new staff, currently under development, called “SNAP-Ed: Building Blocks for Success”. This interactive training will explore the fundamentals of the SNAP-Ed program in building and maintaining healthy communities. It aims to help new SNAP-Ed staff apply public health strategies that support healthy eating and physical activity in the communities they serve. It focuses on key elements of programmatic and fiscal/administrative areas. Besides the welcoming video, this training will feature:

- * SNAP Town: An interactive virtual town where learners can explore important elements of our SNAP-Ed efforts
- * Learning Modules: A series of brief learning modules that will focus on a variety of topics relevant to the programmatic and fiscal/administrative components of SNAP-Ed
- * Disability Inclusion: Several modules will explicitly focus on disability inclusion
- * Flexibility: Learners will be able to choose the modules in which they are interested/order in which they take them

For more information about either the video or the upcoming online training, email [Statewide Training](#).

SNAP-Ed Training Scholarships

Would you like to improve your ability to facilitate group communication? SNAP-Ed Training Scholarships to attend ToP Facilitation Methods courses are now available to SNAP-Ed LIA staff. Applications to participate in one of seven publicly offered courses are accessible on the SNAP-Ed Training and Events Calendar. Current training dates and locations:

- * Sacramento: May 7–9, 2019, September 10-12, 2019
- * Oakland: May 22-23, 2019, July 18-19, 2019, August 21-22, 2019
- * Long Beach: March 28-29, 2019

For More Information: [CA Snap Ed Training](#)

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Education & Resources *(continued)*

Systems Approaches for Healthy Communities Web-based PSE training is available again!

Systems Approaches for Healthy Communities (SAHC) is a web-based training from the University of Minnesota (UMN) Extension designed to help professionals effectively apply policy, systems and environmental change (PSE) approaches to their work.

Five interactive, self-paced, online modules are the primary source of content with material presented through activities, examples, stories, reflection questions and interactive exercises. Viewed individually or in groups, it is best to complete all five 50-60 minute modules within a flexible 4-6 week period.

Facilitated discussions following the modules is an essential part of the program's success. It helps staff reflect on relevant program content and consider ways to apply strategies to strengthen their PSE work. UMN recommends discussion sessions led by PSE supervisors or team leader within each local agency. Agencies that are not able to facilitate their own discussions can participate in a series of virtual sessions led by the California SNAP-Ed Statewide Training Team.

Interested? Complete the form at [Survey Monkey](#)
Need more information? [CA Snap Ed Training](#)

Rethink Your Drink Day, May 8th

[Rethink Your Drink Day](#) is a Statewide Day of Action in California to raise awareness about the health effects of sugary drinks and promote the benefits of drinking water. On the same day, local organizations have the ability to execute this event to promote healthy living across the entire state of California.

The Rethink Your Drink Program's primary goals are to:

- * Educate Californians about healthy drink options,
- * Help identify drinks with added sugar, and
- * Make the link between consumption of sugar-sweetened drinks and health risks.



In this way, the program hopes to shift consumption toward healthier, more affordable beverages, like water. At the same time, the Rethink Your Drink Program hopes to stimulate community-level partnerships and invite local environmental changes that will improve access, affordability and desirability of healthy beverages. Please check this link for updates: <https://rethinkyourdrinkday.com/>

UC CalFresh, UC ANR & Partner Employment Community Education Specialist I/II, UCCE Yolo County

Yolo county UC CalFresh Nutrition Program is hiring! The position is a Spanish-required CES I/II position. The incumbent will be responsible for the coordination, management, and delivery of nutrition education to community based adults and/or youth. For more information and to apply, click [here](#).

CONNECT WITH UC CALFRESH ON SOCIAL MEDIA!



We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

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