# UNIVERSITY OF CALIFORNIA cal fresh Nutrition Education

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Student Member for Child Nutrition Advisory Council (CNAC), California Department of Education

# **Upcoming Events & Deadlines**

#### **APRIL 2018**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

#### **MAY 2018**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

#### Rethink Your Drink Day Registration is Open!

On May 16, 2018 health advocates across the state will come together to continue changing the way Californians think about their drinks for the FIRST Rethink Your Drink Day—a Statewide Day of Action to raise awareness about the health effects of sugary drinks and the benefits of replacing these drinks with water.

- Step 1: Register to host an event at <a href="https://www.RethinkYourDrinkDay.com">www.RethinkYourDrinkDay.com</a> by 9:00pm, Pacific Standard Time on April 22 to be eligible for a FREE event kit, which includes everything you need to build a successful Rethink Your Drink Day event, like posters, surveys, an activity, and more!
- **Step 2:** Sign up for the webinar: Complete Guide to Hosting 'Rethink Your Drink Day with Event-In-A-Box (Logistics for Registered Organizations)' on May 2, 2018 (click here to register).

For any questions or for assistance navigating the RethinkYourDrinkDay.com site, please contact C4C PR@RescueAgency.com

#### 5/15/18 UC CalFresh Town Hall Webinar, 12:30-2:00pm

The May Town Hall webinar is scheduled for Tuesday, May 15, 2018 from 12:30-2:00pm. The title is, "The UC ANR Nutrition, Family and Consumer Sciences (NFCS) Statewide Program: Pursuits in Program Integration Across UC ANR Programs." Program collaboration and integration has become a hot topic within ANR as we rethink how to reach our goals, approach our work in new ways, and become more cohesive as an organization. This webinar will provide an opportunity to dive into the concept of program integration—where we currently are as an organization and where we want to go. Join us as we start to identify the opportunities that exist in partnering with other programs, as well as where to start. Lastly, the State Office will be providing programmatic and administrative updates. Due to limited space, preregistration is required. To register for the Town Hall webinar, please visit: https:// cc.readytalk.com/r/qv08y2ob2upr&eom.

5/16/18 Statewide Day of Action: Rethink Your Drink Day

# UC CalFresh Weekly Update April 30, 2018

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#### **UC CalFresh Success Stories**

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <a href="https://ucanr.edu/survey/survey.cfm?surveynumber=22089">https://ucanr.edu/survey/survey.cfm?surveynumber=22089</a>.

"I learned how to combine proteins, grains and vegetables to eat more healthy. I now talk to my children about the importance of eating healthy."

—Plan, Shop, Save, and Cook Participant, Kern County

"Participating in this class has [given me] insight to cheaper, healthier and sometimes easier eating habits. All the benefits of eating better are definitely worth it. Learning and implementing this tool will enable me to pass it on to my daughter."

—Eat Healthy, Be Active Community Workshops Participant, Fresno County

# **UC CalFresh Youth Engagement Technical Assistance Assessment and Cohort Selection**

#### Requests for Feedback & Information, Responses due April 30, 2018

The Youth Engagement Training & Technical Assistance Team is planning for the upcoming year and are writing to ask for 2 things from UC CalFresh counties to help optimally tailor technical assistance to local interests and needs.

- 1) We are requesting your feedback on Technical assistance provided this fiscal year. This assessment is anonymous. Your honest and constructive feedback is imperative to our planning process. Please take 5-10 minutes to provide your feedback on this survey here: https://www.surveymonkey.com/r/YETAAssessment
- 2) We would like you to indicate which Youth Engagement TA Cohort best aligns with your program focus for 2018-2019 (feel free to indicate more than one if your programs are implementing more than one strategy). Note that ALL sites will continue to have opportunities to learn from and with each other and the full TA team as well. Please take 1-2 minutes to provide this information here: <a href="https://www.surveymonkey.com/r/ffy1819yecohorts">https://www.surveymonkey.com/r/ffy1819yecohorts</a>.

Please complete each by <a href="COB April 30th">COB April 30th</a>—this will help us hit the ground running with preparations for the new school year.

# **Upcoming UC CalFresh Trainings**

#### **UC CalFresh PEARS Office Hours, Various Dates**

Please join UC CalFresh for monthly PEARS Office Hours if you have any pressing questions related to reporting your program activities, FBC/PSSC surveys, and PSE efforts in PEARS. We look forward to hearing about the great work you are doing and working together to clarify the best reporting approaches using PEARS.

#### Tuesday, May 1, 2018

Please join us on Tuesday, May 1, 2018 at 1:00pm for monthly PEARS Office Hours if you have any pressing questions related to reporting your program and indirect activities, FBC/PSSC surveys, and PSE efforts in PEARS. We look forward to hearing about the great work you are doing and working together to clarify the best reporting approaches using PEARS. See dial in and web links below to join the meeting.

Time: 1:00pm PST

Audio Dial-In Information: U.S. Toll: 303.248.0285

Access Code: 7544137

Link: https://cc.readytalk.com/r/miorx00fmuli&eom

#### Tuesday, June 5, 2018

Time: 1:00pm PST

Audio Dial-In Information: U.S. Toll: 303.248.0285

Access Code: 7544137

Link: <a href="https://cc.readytalk.com/r/gceocy607x07&eom">https://cc.readytalk.com/r/gceocy607x07&eom</a>

You may also visit the UC CalFresh Training Calendar for additional information.

# Items Available for UC CalFresh County Programs

# **Nutrition Education Reinforcement Items for UC CalFresh County Programs**

The State Office has a limited quantity of nutrition education reinforcement items available for UC CalFresh County Programs:

Quantity	Item			
59	Assorted EatFresh Recipe Index Cards, English			
60	Assorted EatFresh Recipe Index Cards, Spanish			
22	"Flavors of My Kitchen" Recipe Books			
9	"Kids Get Cookin" Recipe Books			
8	"Soulful Recipes Building Healthy Traditions" Recipe Books			
4	Team Nutrition Middle School Poster Sets (Includes: Power Up! Sports, Power Up! Video Games, You Control You—Breakfast, You Control You—Milk)			

If you are interested in any or all of these items, please coordinate with your Program Manager/Supervisor or Advisor to submit your request to Rolando Pinedo (rgpinedo@ucdavis.edu). Please be sure to note the shipping address. Requests will be honored on a first-come-first-serve basis.

# The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: <a href="mailto:mamills@ucdavis.edu">mamills@ucdavis.edu</a>.



#### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please <u>click here!</u>

# School Lunch Hero Day is May 4th!

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Celebrate the Sixth Annual School Lunch Hero Day on May 4th! Showcase the difference school nutrition professionals make for every child who comes through the cafeteria. Download School Lunch Hero Day activity sheets and cards in <a href="English">English</a> and <a href="Spanish">Spanish</a>! For additional information and resources about School Lunch Hero Day, please visit: <a href="https://schoolnutrition.org/SLHD/">https://schoolnutrition.org/SLHD/</a>.

#### **Digital Food Pictures for Educators**

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs?

New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

## **UC CalFresh in Action!**

## A Visit from Senator Richard Roth, Wells Middle School, UCCE Riverside County

One of the UC CalFresh Riverside County schools, Wells Middle School, received a Gold Medal Award for the Alliance for a Healthier Generation (A4HG) Healthiest Schools Program. Click here to read their blog post about Senator Richard Roth visiting a UC CalFresh class in support of this accomplishment.

Claudia Carlos, UCCE Riverside Community Education Specialist, reflected on this visit, "I was truly honored to be invited by the principal to join the round table discussion with Senator Roth. The principal is very grateful for the role UC CalFresh has played in supporting Wells in reaching Gold status recognition with the A4HG's America's Healthiest School's Program."

The following is a link from a video A4HG made and published in September 2017. The parents that are shown (very quickly) in the video were participating in UC CalFresh MyPlate class as part of the Plan, Shop, Save, and Cook series. Featured in the video is the school garden that **Emma Sandoval**, UCCE Riverside County Program Supervisor, supported greatly! **Click here** to view the video.

# UC CalFresh Gearing Up for Walk and Bike to School Day on May 9th

UC CalFresh is getting ready for the <u>Walk and Bike to School Day</u> on May 9th by sharing resources on social media that can help plan events and sustain the movement over time. **Austin Cantrell**, PA Lead in Fresno/Madera and **Angela Asch**, PA Lead in Yolo, have created a Facebook page with links to resources and pictures of how they are gearing up for May 9th. The link is here: https://fb.me/UCcalfreshwalkstoschool.

We would like you to connect to this Facebook page and share what you are doing in your county to help our participants to walk, bike, or roll to school. You can use the following hashtags: #uccalfresh #walktoschoolday #mayisbikemonth #biketoschoolday #walkbiketoschool #slowdown #visionzero.

On May 9th, we will all celebrate by sharing on social media how we are personally helping to promote walk and Bike to School Day. We will also post next steps to making walking and biking to school a sustainable systems change in our schools and communities. Please join us in sharing what your county is doing to promote Walk and Bike to School Day starting today through May 9th.

## **Nutrition and Food Questions Web Page**

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the **Nutrition and Food Questions** web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under <u>Resources > Resources for Educators</u>. Please contact **Lyn Brock** (<u>rlbrock@ucanr.edu</u>) if you have any questions.

## **Articles & Research**

#### The Association Between Nutrition Information Use and the Healthfulness of Food Acquisitions

In 2015, poor diet was the leading risk factor for premature death and was responsible for 11.2 percent of total disability-adjusted life years (i.e., the number of years lost to disease and early death) and 18.8 percent of total deaths in the United States. To mitigate the health and economic burden generated by diet-related diseases, the Federal Government has developed and promoted several nutrition education initiatives for consumers, including the Nutrition Facts label, MyPyramid, MyPlate, and the posting of nutrition information in restaurants. USDA's 2012-13 National Household Food Acquisition and Purchase Survey (FoodAPS) gathered unique data on the nutritional quality of foods acquired or bought by households as well as their use of nutrition information in making food choices. Using these data, this study addresses three questions related to the effectiveness of Federal nutrition information and education efforts: (1) Do people who often use nutrition information purchase food of higher nutritional quality than people who use nutrition information less often? (2) If they do, does that result hold for food-at-home and food-away-from-home acquisitions separately? and (3) Are these results similar among USDA's Supplemental Nutrition Assistance Program (SNAP) participant households, low-income nonparticipant households, and higher income nonparticipant households? Read report summary. Read full report.

#### **USDA's Economic Research Service State Fact Sheets**

The Economic Research Service (ERS) State Fact Sheets provide information on population, income, poverty, food security, education, employment, organic agriculture, farm characteristics, farm financial indicators, top commodities, and agricultural exports. Data are available for all States, and for metro/nonmetro breakouts within States. Links to county-level data are provided where available. This release provides the latest available (2017) U.S. and State-Level population statistics. To access the ERS State Fact Sheets, please visit: <a href="https://www.ers.usda.gov/data-products/state-fact-sheets/">https://www.ers.usda.gov/data-products/state-fact-sheets/</a>.

# **Articles & Research** (continued)

# 'Turnip the Beet' Recognizes High-Quality Summer Meals for our Nation's Kids

There are millions of America's youth who do not have access to nutritious meals when school is not in session. Offering nutritious meals to our nation's children and teens that are appetizing, appealing, and wholesome is a responsibility USDA takes very seriously. Key partners in serving our summer feeding customers are the organizations that sponsor feeding sites in neighborhoods across the Nation. To recognize the important role of these sponsors, USDA recently announced the second annual Turnip the Beet awards. The honors celebrate the outstanding contribution of those who work so tirelessly to offer nutritious and appealing summer meals for children that meet the needs of families and local communities, and enable our young people to thrive when school is out for the summer. The program isn't just about making sure that those in need have enough food to eat. Consistent access to nutritious food through USDA meal programs can provide important support for a child's growth and development. Providing nutritious meals and encouraging healthy habits at a young age can help make children more likely to succeed in the future. High quality summer meals provide children with energy that prepares them to learn when they return to school in the fall. Turnip the Beet showcases sponsors of the Summer Meal Programs that have gone above and beyond to ensure their meals are both nutritious and appetizing, and meet the needs of their local communities and customers. Sponsors demonstrated excellence in a variety of ways, including: serving fresh fruit daily; conducting taste tests with the children (and incorporating the feedback into the menus); and offering nutrition education activities along with the meals. Click here to see the 2017 Turnip the Beet winners. Read full blog article.

# **Education & Resources**

# **Training Opportunities for SNAP-Ed Local Implementing Agencies**

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the <u>Training and Events Calendar</u> for additional information and opportunities.

# Regional Physical Activity Trainings: April-June, In-Person Trainings

The following information was previously shared in the 4/4/18 LHD News Bulletin.

Register for the In-Person Physical Activity (PA) Training: "Social Determinants of Health: How They Impact Choices for PA in the SNAP-Ed Population." During the past two decades, the public health community's attention has been drawn to the social determinants of health. The term "social determinants" often evokes issues such as health-related features of neighborhoods (e.g., walkability, recreational areas, and accessibility of healthful foods), which can influence health-related behaviors. Evidence has also accumulated pointing to socioeconomic factors such as income, wealth, and education as the fundamental causes of a wide range of health outcomes. Training participants will explore the social determinants of health, and apply the individual, environmental, and cultural health-related factors when planning and implementing SNAP-Ed physical activity programs. Upcoming dates and locations of the trainings are:

- \* April 26, 2018 in San Diego
- \* May 2, 2018 in Salinas
- \* May 8, 2018 in Fresno
- \* June 21, 2018 in Redding

Please visit the CA SNAP-Ed Training and Events Calendar for more information and to register for a training near you.

# NCCOR Connect & Explore Webinar: Examining Declines in Childhood Obesity in Four Communities: Highlights from Six Papers Published in *Childhood Obesity*, April 30, 2018, 10:00am PT

The National Collaborative on Childhood Obesity Research (NCCOR) published six papers in *Childhood Obesity* highlighting the findings from the Childhood Obesity Declines project. The supplement details the strategies and policies implemented in four diverse communities—Anchorage, AK; Granville County, NC; New York City, NY; and Philadelphia, PA—that experienced declines in childhood obesity prevalence from 2003 to 2011. The supplement details the rationale, aims, and overall study design of a 2-year project that systematically studied and documented the community-based obesity strategies applied in four distinct communities across the nation. Findings suggest simultaneous public health messaging and multi-layered initiatives—including cross-sector partnerships and active, high-level champions—were likely important contributors to success in attaining declines in the prevalence of childhood obesity. To learn more about the Childhood Obesity Declines Project and to read the supplement, visit: <a href="mailto:nccor.org/projects/obesity-declines">nccor.org/projects/obesity-declines</a>. To register for the webinar, <a href="mailto:click here">click here</a>.

# **Education & Resources (continued)**

# Save the Date: School and Community Garden Workshops: Light Bulbs to Garlic Bulbs, Various Dates and Locations

This two-day workshop is designed to provide participants with the knowledge, skills, and resources to plan, develop, and sustain an edible school or community garden. Day 1 is an all-day garden skills workshop at a SNAP-Ed garden site. In a train-the-trainer model, you will learn the skills you need to successfully grow food and pass that knowledge back to your own staff or communities. Day 2 is an all-day garden programming workshop, where you will learn how to develop and implement a sustainable garden program and how to incorporate it into other healthy community change efforts.

Region	City	Date
Southern California	May 1st: Mark Twain Elementary School 3728 W. 154th Street Lawndale, CA 90260 May 2nd: Kit Carson Elementary School 3530 W 147th Street Hawthorne, CA 90250	May 1-2, 2018

<u>Click here</u> to register or visit the <u>CA SNAP-Ed Trainings and Events Calendar</u> for additional information. UC CalFresh counties may contact <u>MaryAnn Mills</u> (mamills@ucdavis.edu) if you have any questions.

#### Funding Opportunity: Agriculture in the Classroom (AITC) Program, May 1, 2018

NIFA's Agriculture in the Classroom Program (AITC) serves nearly 5 million students and 60,000 teachers annually through workshops, conferences, field trips, farm tours, and other educational activities. AITC programs include working with state AITC activities engaged in a variety of issues relating to agricultural literacy. Other programs emphasized by the USDA National Institute of Food and Agriculture (NIFA) office include: science literacy; agricultural careers; nutrition; pre-service and professional develop opportunities for teachers. Applications may be submitted by State agricultural experiment stations, State cooperative extension services, all colleges and universities, other research or educational institutions or organizations, Federal and private agencies and organization and individuals. Click here for additional information.

# Webinar: Rural Food Banking in California: Challenges and Solutions in Transportation, Storage and Distribution of Healthy Food, May 3, 2018, 1:00pm PT

This webinar was originally promoted in the April 26, 2018 edition of the UC ANR Nutrition Policy Institute's Research to Action news brief. Rural food banks face unique challenges in trying to help families reduce food insecurity. The California Association of Food Banks is working to support its rural members to address the challenges of rural food banking. Cooperative Extension and SNAP-Ed are also key partners with food banks and their affiliated agencies supporting the distribution of healthy foods and associated nutrition education. The UC ANR Nutrition Policy Institute is working with food banks in California and around the country to develop and implement policies that support the provision of more healthy foods in food banks. Join UC ANR NPI for a webinar on rural food banking on Thursday, May 3 at 1pm PT. This webinar will bring together key stakeholders and explore the challenges of transporting, storing, and distributing healthy foods to rural communities. Participants will learn about findings from an assessment of rural food banks in California identifying issues and concerns about the transportation, storage, and distribution of healthy food. Participants will also hear directly about unique solutions that are being successfully implemented by rural food banks in California and other states. The webinar will include a brainstorming session to identify other ways that we can support rural food banks. To register for this webinar, please visit: https://register.gotowebinar.com/register/1967436809981321730.

# Webinar: Writing SNAP-Ed Stories: Simple Strategies for Success, May 8, 2018, 9:00-10:00am PDT The following webinar was previously shared in the 4/16/18 SNAP-Ed Connection Newsletter.

SNAP-Ed Connection is hosting another continuing education webinar: Writing SNAP-Ed Stories: Simple Strategies for Success. Sharing the success of the SNAP-Ed program can be enhanced with powerful stories that resonate with stakeholders. During this 1-hour webinar, 3 SNAP-Ed agency program leaders with experience developing and sharing effective success stories will share their methods and recommendations. SNAP-Ed Connection will review tips and strategies for creating stories that are concise, powerful, and engaging to readers across the SNAP-Ed stakeholder community. Plus, we'll share with you the top 5 mistakes made when writing success stories—and how you show to avoid them! \*\*Note: SNAP-Ed Connection success stories must be sent to Andra Nicoli (amnicoli@ucdavis.edu) at the UC CalFresh State Office and not submitted directly to the SNAP-Ed Connection site. CDSS will be vetting SNAP-Ed Connection stories and sending them to SNAP-Ed Connection for California SNAP-Ed.\*\* This webinar is free, but registration is required. Click here to register for this webinar.

# **Education & Resources (continued)**

# 2018 Walk & Bike to School Day, May 9, 2018

Strap on your helmets, raise your kickstands, and join the thousands of students, families, community partners, and elected officials all around the country who will be participating in this year's Walk & Bike to School Day on May 9. To find resources such as how to sign-up/plan an event, flyers, and how to go beyond a one-day event and sustain a program, please visit: <a href="http://www.walkbiketoschool.org/">http://www.walkbiketoschool.org/</a>. California Active Transport Resource Center also has great resources and webinars to support these efforts here in California. Don't forget to share with the UC CalFresh State Office what you are planning for Walk & Bike to School Day!

#### 2018 USDA Summer Meals Webinars

Wholesome summer meals are critical to the health and well-being of our children. Join USDA for their 2018 Summer Meals Webinars to learn more about this important USDA program. Click on the title of the webinar below to register for the specific webinar that interests you.

Tuesday, March 20,	Tuesday, April 17,	Tuesday, May 15,	Thursday, June 14,
Tribal and Rural Summer Meals	What Cities Can Teach Us About Summer	Boosting Your Budget— Summer Meals	Middle of Summer Strategies

For additional information and resources related to USDA's Summer Food Service Program, please visit: <a href="https://www.fns.usda.gov/sfsp/summer-food-service-program">https://www.fns.usda.gov/sfsp/summer-food-service-program</a>.

## Statewide Day of Action: Rethink Your Drink Day, May 16, 2018

On May 16, 2018, health advocates across the state will come together for the **first** annual **Statewide Day of Action-Rethink Your Drink (RYD) Day** to raise awareness about the health effects of sugary drinks and the benefits of replacing these drinks with water. RYD Day is a collaborative effort across the state of SNAP-Ed agencies and community based organizations. The following are key dates and links to webinar recordings and future webinars or resources related to RYD Day:

- \* Rethink Your Drink Day one-pager (attached) with information and critical dates you need to help you prepare to host the RYD Day event.
- \* Webinar: Rethink Your Drink Statewide Day of Action—Event-in-a-Box Toolkit, February 28, 2018—Click here to view recording
- Webinar: Complete Guide to Hosting a Statewide Day of Action: Rethink Your Drink Day-May 16, 2018 (Logistics for Registered Organizations), May 2, 2018, 10:00am—<u>Click here</u> to register
- \* Registration for RYD Day on (or after) April 4 at RethinkYourDrinkDay.com.

#### **Rethink Your Drink Day FAQs**

1. I tried to register for the Toolkit, but when I go to the site, it says coming soon. Am I doing something wrong?

If you are having trouble, please try copying the link www.RethinkYourDrinkDay.com and use another browser such as Firefox or Chrome. Also, you can try accessing the site on your mobile phone. Internet Explorer has had a few glitches. CDPH is working on resolving the Internet Explorer issues.

2. One thing that has not really been mentioned in the campaign is whether or not the sites need to be SNAP-Ed eligible in order to register. Can you please clarify?

SNAP-Ed funded projects must follow site qualifying rules per USDA Guidance as they have in the past. Only registered participants hosting an event will receive a kit. Non-funded community partners who serve the SNAP-Ed population will also receive a kit if they host an event and register. Kits will be mailed to registered participants.

Please contact Asbury Jones, CDPH Media and Public Relations Lead on RYD Day (<u>Asbury.Jones@cdph.ca.gov</u>) or Andra Nicoli (<u>amnicoli@ucdavis.edu</u>) if you have any questions.

# **Education & Resources** (continued)

# 2018 CCLHDN Annual Conference: Be The Movement: Putting Your Policy into Action, May 23-24, 2018, The California Endowment, Sacramento, CA

The following information was previously shared in the 4/18/18 LHD News Bulletin.

CCLHDN strives to build leadership capacity among local health department nutritionists, to influence nutrition funding and programs at the local and state levels and to serve in an advisory capacity to California Conference Local Health Officers (CCLHO). It is CCLHDN's vision that all Californians live in healthy, vibrant, and active communities. On May 23 and 24, CCLHDN will host their annual conference, themed "Be The Movement: Putting Your Policy into Action," at the office of The California Endowment in Sacramento. The [objective] is to encourage and inspire participants to harness their expertise as Health Department Nutritionists to make profound and long-lasting impacts on public health through policy. For additional information, or to register, please click here.

## Save the Date: Nutrition Updates Webinar, June 5, 2018, 11:00am-12:30pm

Please save the date for the next Nutrition Updates Webinar, scheduled for June 5, 2018 from 11:00-am-12:30pm. The webinar will be presented by Dr. Rachel Scherr from the UC Davis Nutrition Department. Topics will be announced in the near-future and will be announced through the UC CalFresh Weekly Update. Pre-registration for the webinar is required. To register, please visit; https://cc.readvtalk.com/r/1fk9xm3iehgg&eom.

# **UC CalFresh, UC ANR & Partner Employment Opportunities**

Student Member for Child Nutrition Advisory Council (CNAC), California Department of Education The State Superintendent of Public Instruction (SSPI) Child Nutrition Advisory Council (CNAC) is currently recruiting for a Student (Junior or Senior Status for School Year 2018-19). The CNAC is composed of 13 individuals representing different segments of the child nutrition community. The CNAC's mission is to advise the SSPI in areas of health, wellness, and nutrition for all students in California's kindergarten through twelfth grade public schools. With this in mind, it is critical to have all 13 members represented as they each bring their unique perspective to the CNAC. The student member commits to a one-year term starting in September 2018. The CNAC meets for a one-day meeting in Sacramento in September, November, March, and May. Travel and other applicable expenses are reimbursed. Additional information about the CNAC, including the student member application, is on the CDE CNAC Web page at: https://www.cde.ca.gov/ls/nu/he/cnac.asp. Please distribute this information to anyone meeting the criteria for the vacant position, especially those that participate on your wellness committee or other health-related group in your district and school sites. The application deadline is May 11, 2018. Refer to the attached CNAC Student Recruitment document for additional information. If you have any questions or would like additional information, please contact Michael Danzik, Nutrition Education Consultant, by phone at 916-445-7346 or by email at: mdanzik@cde.ca.gov.

#### We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at <a href="mailto:lindsay">lmhamasaki@ucdavis.edu</a> to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: http://www.uccalfresh.org/weekly-updates.

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