

UC CalFresh Weekly Update July 16, 2018

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Upcoming Events & Deadlines

July 2018

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

UC CalFresh Town Hall, July 17th, 12:30—2:00 pm

Please join the next UC CalFresh Town Hall on July 17th, entitled, "**Moving from Serving Youth to Engaging Youth: Update on the UC CalFresh Youth Engagement Initiative.**" This session will provide an update on the UC CalFresh Youth Engagement Initiative and the work that's being done across the state as this effort enters its third year. Diverse examples of youth engagement work will be provided by a sample of UC CalFresh county programs who had successful projects this past year. Additional resources will be shared, including a report documenting the initiative's work in FFY 2017, and information on how to collaborate with UC CalFresh/PHI/CRC to have YPAR become part of your community program. The State Office will provide administrative and programmatic updates. For this Town Hall, other programs and partners are being invited and we encourage their staff participation. **Due to limited space, pre-registration is required. After you register, you will be sent an email confirmation with call-in information.** Please save the confirmation.

PRE-REGISTRATION INFORMATION:

Link: <https://cc.readytalk.com/r/yknra5eo3rjn&eom>

Attendance is highly encouraged. If you are unable to attend, please notify your supervisor. If you have any questions ahead of time, **please submit them in advance to Andra Nicoli at annicoli@ucdavis.edu** to ensure that they will be addressed during the webinar. Town Hall Meetings are recorded and uploaded to our [website](#).

Wrapping Up Summer Meals Webinar

Thursday, July 19 – 10:00 AM Pacific

While summer meal programs may be winding down next month, it's not too late to implement last-minute strategies to build awareness, identify challenges and successes, and ensure programs end strong. For example, program staff can survey students and parents for feedback on activities and meals, host end-of-year celebrations, or work with community partners to fill any service gaps before the school year begins. Join this webinar to learn about ways to maximize participation during the next couple of weeks and tips for debriefing and evaluating meal programs once summer ends.

Register [here](#).

UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

“This class has opened my eyes to how much I really need to pay attention to all of my labels and exactly what I feed my family.”

—Eating Smart Being Active Participant,
 Fresno County

“[I learned] to eat less junk food and to eat fruits and more water and less [sugar sweetened beverages] and sweets.”

—Plan Shop Save Cook Participant, Placer County

UC CalFresh Website Updates

FFY2018 Schedule for Closing Evaluation Portals and Results Distribution.

Please refer to the UC CalFresh website on the [Evaluation Webpage](#) for scheduled dates.

Upcoming UC CalFresh Trainings

PEARS Office Hours for UC CalFresh

Please join the UC CalFresh evaluation team in monthly PEARs Office Hours focused on PEARs Users within UC CalFresh. Angie Keihner, Barbara Mknelly, and Jennifer Quigley will be available during the below days/times to provide technical hands-on assistance to counties needing technical assistance. All of the questions asked during these sessions become part of an FAQ document that was recently posted to our website: [Frequently Asked Questions](#)

| | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p>Office Hours August 7, 2018 from 1– 2 pm</p> <p>Web Conference Information: PARTICIPANTS: click here to join the meeting: https://cc.readytalk.com/r/2cf41qw6thvi&eom</p> <p>Audio Conference Information: Dial-In Number: U.S. Toll: 303.248.0285 Access Code: 7544137</p> <p>For technical support: https://support.readytalk.com/SP/?src=ccical-h</p> | |
| <p style="text-align: center;">Office Hours September 4th, 2018 from 1– 2 pm</p> <p>Web Conference Information: PARTICIPANTS: click here to join the meeting: https://cc.readytalk.com/r/hsp1x8cl0gxc&eom</p> <p>Audio Conference Information: Dial-In Number: U.S. Toll: 303.248.0285 Access Code: 7544137</p> <p>For technical support: https://support.readytalk.com/SP/?src=ccical-h</p> | <p style="text-align: center;">Office Hours October 2nd, 2018 from 1– 2 pm</p> <p>Web Conference Information: PARTICIPANTS: click here to join the meeting: https://cc.readytalk.com/r/1lzzpu4a4ith&eom</p> <p>Audio Conference Information: Dial-In Number: U.S. Toll: 303.248.0285 Access Code: 7544137</p> <p>For technical support: https://support.readytalk.com/SP/?src=ccical-h</p> |

Items Available for UC CalFresh County Programs

Nutrition Education Reinforcement Items for UC CalFresh County Programs

The State Office has a limited quantity of nutrition education reinforcement items and lesson enhancements available for UC CalFresh County Programs, listed below. These items would be in addition to your previous order request, which is part of Statewide Coordinated Ordering for the program.

| Quantity | Item | Notes |
|--------------|-------------------------------------------------------------------------|---------|
| 480 | EatFit Brochure packs | |
| 50 | Measuring Cup Sets | |
| 276 | Measuring Spoon Sets | |
| 38 | My Healthy Plate Eating Made Easy Handout Pads | |
| 18 | My Healthy Plate Platemat Pads | |
| 500 | Reusable Shopping Bags | |
| 30 | UC CalFresh Nutrition Corner Bulletin Board Borders | |
| 1 | African American "Building a Healthy Body and Soul" Banner | |
| 19 | SLM Marketing Cafeteria Kits | |
| 23 | Rolls of Active Kids My Plate Stickers | |
| 9 | Team Nutrition Popular Event Booklets | |
| 2 | Rolls of My Plate Stickers | |
| 1 | Discover MyPlate Curriculum: Nutrition Education Guide for Kindergarten | English |
| 1 pack of 25 | Discover MyPlate Student Workbook for Kindergarteners | English |
| 1 pack of 50 | Discover MyPlate Parent Newsletters | English |
| 1 | Discover Emergent Readers: Teacher's Edition | Spanish |
| 100 pack | Friendship Pocket Handout (8.5X11 Handout) | English |
| 25 | Discover MyPlate Vegetables Booklet | English |
| 25 | Discover MyPlate Fruits Booklet | English |
| 25 | Discover MyPlate Meal Booklet | English |
| 25 | Discover MyPlate Protein Booklet | English |
| 25 | Discover MyPlate Dairy Booklet | English |
| 25 | Discover MyPlate Grains Booklet | English |

If you are interested in any or all of these items, please coordinate with your Program Manager/Supervisor or Advisor to submit your request to [Rolando Pinedo \(rgpinedo@ucdavis.edu\)](mailto:rgpinedo@ucdavis.edu). Please be sure to note the shipping address. Requests will be honored on a first-come-first-serve basis.

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.



2017-2018 School Year SLM Scorecard data – new 60 point scorecard

Current year SLM scorecard data should be entered into the [SLM of CA Self-Assessment Scorecard Reporting Tool](#). We are requesting that all TAPS enter the new 60 point scorecard data collected during the 2017-2018 school year by **Wednesday, August 1, 2018**.

The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Digital Food Pictures for Educators

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

UC CalFresh in Action!

Grow Your Veggies, Eat Your Veggies! Teaching the Next generation of Gardeners and Healthy Eaters at Martial Cottle Park, UCCE Santa Clara County



UC CalFresh Nutrition Educators and Master Gardeners co-teach a lesson

This spring at Martial Cottle Park of San Jose, overflowing beds of spring veggies were transformed into classrooms, as Santa Clara County UC CalFresh nutrition educators collaborated with Master Gardeners to deliver garden based nutrition and science lessons. In April, May, and June six-second grade classes from four San Jose schools visited Martial Cottle Park and learned about plant life cycles, pollinators and beneficial insects, and the health benefits of garden-grown veggies. Thanks to this collaboration and a grant from the Open Space Authority Measure Q, students got to pick and taste veggies straight from the Master Gardener's demonstration garden, as well as experience the natural connection between growing fresh veggies and healthy eating. The UCCE Master Gardeners designed the lessons about garden ecology and plant science, in which are linked to national science standards. Through hands on activities and exploration time in the garden, kids

practiced respect for natural ecosystems in the garden, and experienced the curiosity and wonder that creates lifelong learners.

Fresno's Southeast Asian farmers are on trend with new 'superfood', UCCE Fresno/Madera County

Farmer Vang Thao has been managing a successful farm south of Fresno for nearly 30 years, producing a spectacular array of vegetables – heirloom tomatoes, purple bell peppers, water spinach, bitter melon, Thai eggplant and dozens of others.

Every weekend the family traverses the Grape Vine to set up a visual feast at farmers markets in Santa Monica, Hollywood, Palos Verdes, Torrance and Hollywood. Acclaimed Los Angeles chefs rave about his produce, according to a [Los Angeles Times](#) feature story on the Thao family.

Produce like sweet potato leaves, amaranth and black nightshade are essential for families hailing from Vietnam, Laos, Thailand, the Philippines and India who seek ingredients for their traditional cuisine, but the market is limited. Now, small-scale farmers like the Thaos are on the cusp of something with much wider appeal.



Fresno farmer Vang Thao in his moringa plantation.

One of their crops is moringa, a tropical tree that produces an abundance of fresh shoots to sell at the farmers market booth for \$1 a bundle. Moringa is a delicate green that can be added to salads, soups and nearly any other dish. It has a pleasant nutty, earthy and slightly pungent green flavor. While it tastes good, it's the plant's nutrient profile that is commanding attention.

On the internet, moringas are called [miracle trees](#). All parts of the plant are edible – the tender leaves can be cooked or eaten fresh, moringa flowers are considered a delicacy, the tree's young pods can be used like green beans, roasted seeds are said to have antibiotic and antifungal properties. The roots and bark have medicinal potential, but need more study to determine the right dose. A 100 gram serving of

moringa greens has more protein than a cup of milk, more iron than a cup of spinach, and is high in calcium, potassium, vitamin C and vitamin A.

Moringa is the [Superfood of 2018](#), according to the trend watchers at SPINS.com. UC Davis nutrition researcher [Carrie Waterman](#) is studying moringa's use, production and processing worldwide. She is pursuing moringa for therapeutic applications in treating cancer, HIV and inflammatory bowel disease.

[Ruth Dahlquist-Willard](#), the UC Cooperative Extension advisor to small-scale farmers in Fresno and Tulare counties, recognized moringa's potential to supplement income for Southeast Asian farming families who are marketing specialty Asian vegetables and herbs to immigrant communities.

"Moringa is a drought tolerant tree known for its excellent nutritional content," Dahlquist-Willard said. "We believe it could improve the economic viability of small-scale farms in our community. We are helping small-scale farmers with moringa product development and marketing."

Supporting farmers growing moringa in marketing the product to new buyers is an objective of the UCCE moringa project, a partnership with the [UC Sustainable Agriculture Research and Education Program](#), which was funded by a California Department of Food and Agriculture specialty crop block grant. [Lorena Ramos](#), the project lead, is working on developing marketing materials, outreach opportunities, and value-added options.

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UC CalFresh in Action!

Fresno's Southeast Asian farmers are on trend with new 'superfood', UCCE Fresno/Madera County (continued)

While using moringa is second nature for many immigrant groups, expanding the market includes demonstrating how easily the green can be used in the kitchen. Dahlquist-Willard and Ramos called on another sector of UC Cooperative Extension – the [UC CalFresh Nutrition Education Program](#) – for assistance. UCCE offers nutrition education in schools and community settings to children and families eligible for the USDA's nutrition assistance programs. Each year, Fresno State dietetic students serve two-week internships at UCCE. In 2018, one of their tasks was developing creative, healthful recipes incorporating moringa. Among the recipes were overnight oatmeal, pesto, smoothies, guacamole and energy bites – all with moringa.



Vang sells small bundles of moringa shoots at farmers' markets for \$1 each.

"We are publishing the best recipes to share with the public to help them add this nutritional green into their diets," Ramos said.

Recipe cards and moringa samples will be available July 26 at the [Fresno Food Expo](#), where UCCE is hosting a booth to raise awareness about moringa by introducing farmers to Fresno area chefs, buyers and consumers and sharing information about the vegetable's health benefits, culinary versatility and its ability support small-scale farmers in Fresno and Tulare counties.



UCCE nutrition projects coordinator, Evelyn Morales, demonstrates moringa recipes.

See the article, more photos, and a USDA recipe that incorporates moringa, [here](#).

Rethink Your Drink Day, UCCE Fresno/Madera County

Sugary beverages are a sneaky source of excess sugar and calories. According to the CDC (2017), every day 63% of children and 49% of adults drink a sugar-sweetened beverage. Increasing awareness of how to identify and visualize amounts of sugar on a nutrition label can help people make healthier beverage choices.



On May 16th, UC CalFresh took part in the Champions for Change: Rethink Your Drink Day campaign. Nutrition educators Ashley Abrahamson and Nora Lopez set up an informational activity booth at UC Walks Day at the Garden of the Sun in Fresno. Their display included nutrition facts of common sugary beverages and bowls to measure the amount of sugar so that participants can truly see what the sugar

content in their favorite drinks looks like. Participants were also encouraged to use the Beverage Breakdown website to see how much sugar they end up drinking throughout the entire day. To finish the event, participants were provided a sample of refreshing cucumber and mint water.



The Statewide Day of Action was conducted at over 308 sites, sharing valuable information that will encourage healthier choices across the state!

Are you ready to rethink your drink? Try the beverage breakdown [here](#)!

UC CalFresh Fresno/Madera County will also participate in Champions for Change Statewide Day of Action: Healthy Snack Day on August 29th, 2018.

See the original article [here](#).

Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock \(rlbrock@ucanr.edu\)](mailto:rlbrock@ucanr.edu) if you have any questions.

Articles & Research

Food insecurity has greater impact on disadvantaged children

In 2016, 12.9 million children lived in food-insecure households. These children represent a vulnerable population since their developing brains can suffer long-term negative consequences from undernutrition and micronutrient deficiencies. A new study published in the *Journal of Nutrition Education and Behavior (JNEB)* found that among these vulnerable children, food insecurity had a greater impact on behavior problems in young children of single mothers living in urban neighborhoods.

"Most studies on the consequences of food insecurity have focused on the average effect, which assumes that all children are similarly affected," said corresponding author Christian King, PhD, Department of Health Management and Informatics, University of Central Florida, Orlando, FL, USA. "A greater understanding about how food insecurity affects children differently is necessary to respond properly to the issue."

This study used data from the Fragile Families and Child Wellbeing Study, a sample of children born to mostly low-income urban mothers, to examine associations between food insecurity and child cognitive outcomes and behavioral problems. This study focused on 5,000 couples and their children born between 1998 and 2000 in 20 large urban cities. Over the course of the study, both parents were interviewed at regular intervals.

Two tests evaluated the children's cognitive development with a parent-reported checklist measuring both externalizing and internalizing behaviors. Examples of externalizing behaviors included whether the child argued a lot, was disobedient, or destroyed things. Examples of internalizing behaviors included whether the child was worried, sulked a lot, was shy, or refused to talk. Food insecurity was assessed at the household level.

The study used quantile regression to examine how food insecurity affects child cognitive and behavioral outcomes. This means of analysis was particularly effective in finding associations between independent and dependent variables in this multifaceted issue.

After analysis, household food insecurity was associated with more behavior problems (both externalizing and internalizing), and the negative association was greatest for children with the most behavior problems. Because child behavior problems have negative consequences, such as lower educational attainment and a greater risk of delinquency, food insecurity may increase these negative consequences and social disparities among children. These associations remained statistically significant even after accounting for other factors such as maternal depression, parenting stress, and material hardship.

"These results support the importance of increasing mindfulness about possible food insecurity among students and suggests that behavioral problems and poor cognitive outcomes may have underlying roots in food insecurity," said Dr. King. "School-based nutrition assistance programs could improve behavioral and cognitive outcomes, reduce absenteeism, and improve educational attainment in vulnerable children."

[Listen](#) to an audio clip of Dr. Christian King discussing how behavioral problems and poor cognitive outcomes may be linked to food insecurity in children. See the *JNEB* article [here](#). *Please note that access to the full article requires a*

Education & Resources

Produce Safe Handling Tips—Resources from the Partnership for Food Safety Education

Fresh produce is plentiful right now, and your local farmer's market is a great place to find it.

It's important to follow simple guidelines to make sure your fruits and vegetables are safe to eat. Remember to rinse fresh produce just before you eat or prepare it. Never use soap or bleach on your produce. The Partnership for Food Safety Education's shareable [Produce Pro fact sheet](#) has everything consumers need to know. Also, you can download [free tools](#) to help teach others in your community about how they can reduce their risk of foodborne illness.

Foodsafety.gov offers [more tips](#) to help you select your farmer's market produce.

Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information.

Funding opportunity: Healthy Eating Research (HER)

Healthy Eating Research (HER) is awarding \$2.6 million to researchers/research teams studying ways—either through current or new pilot policies/programs—to improve children's nutrition habits and dietary intake to help them grow up healthy. They are most interested in research that can impact kids and families.

Grant Amounts: \$2.6 million. **Deadline:** July 18. Click [here](#) to learn more and to apply.

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Education & Resources *(continued)*

Harvard Law School Food Law and Policy Clinic (FLPC) - Request for Technical Assistance Proposals: Approaches to Reducing Consumption of Sugar

See the 7/9/2018 UC CalFresh Weekly Update email for attached flier with more information.

The Harvard Law School Food Law and Policy Clinic (FLPC), with support from the Laura and John Arnold Foundation, is launching a new initiative to identify locally-supported policies that will reduce sugar consumption and build capacity for policy change. Excess consumption of sugar is linked to obesity, diabetes, and other diet-related chronic diseases that have tremendous social and economic costs. Reducing population-level consumption of sugar is one of the most promising strategies for addressing these pressing public health concerns. FLPC is offering pro bono technical assistance (TA) to community organizations, food policy councils, and local and state government entities across the United States interested in implementing innovative sugar reduction policies. This request for proposals (RFP) application will remain open until July 31, 2018. FLPC anticipates making two TA awards as a result of this RFP. TA grantees will be notified by August 31, 2018.

FLPC will provide one year of in-depth capacity-building engagement that includes:

- * nonpartisan research and legal consultation and resources on a variety of sugar-reduction policies tailored to the interests of the TA grantee,
- * early-stage coalition building and community outreach support, and
- * communications materials and media outreach.

Eligibility

Any community-based organization, local, regional, or state food policy council, or local or state government entity (e.g., health department) is welcome to apply. FLPC will select TA sites based on readiness for policy engagement and change regarding sugar consumption policies, feasibility of policy success, potential to impact underserved populations, diversity in location/geography, and diversity of potential policy solutions of interest.

Timeline and Application Instructions

Applications are due **July 31, 2018**. Throughout August, FLPC will have in-depth conversations with finalists before announcing final decisions by August 31.

See the Request for Technical Assistance Proposals [here](#) for instructions on how to apply.

Childhood Obesity Conference—July 15-18, 2019

Submit a Presenter Proposal – Now Open!

The 10th Biennial Childhood Obesity Conference (COC) invites individuals and organizations engaged in researching, developing, implementing and evaluating policy and environmental strategies that address root causes of childhood obesity to submit proposals for consideration for inclusion in the 10th Biennial COC program.

New this year, all proposals will be submitted as a single Presenter. Conference Organizers will be pairing presenters together to form Traditional or Facilitated panels. In addition, presenters can suggest other presenters/proposals they would like us to consider pairing with their proposal.

Presentations will be organized by Subthemes:

1. Collaboration and Partnership
2. Research and Evidenced-based Practices
3. Health Equity
4. Leveraging Policies for Sustainable Change

Session proposals should address achieving greater levels of health equity while addressing the social determinants of health, and should demonstrate improving outcomes for groups most affected by health Disparities.

Additionally, session proposals that include the utilization of cross-sector collaboration, evidence-based community and clinical practice, innovative policy work addressing longstanding inequities, collaborations and alliances to plan, implement and evaluate their work are encouraged. Submission proposals that focus on reaching children and adolescents who suffer disproportionality from high obesity/overweight are also encouraged.

Click [here](#) to learn more or to submit a session proposal!

Please refer to the conference [website](#) for the most up-to-date instructions on how to submit your proposal. Questions about the proposal process? Please email childhoodobesityconference@cce.csus.edu

MARK YOUR CALENDARS! Upcoming Conference Dates and Deadlines

- * Submit a Presenter Proposal: **Opens June 21, 2018 - Closes August 3, 2018**
 - * Conference Registration: **Opens September 2018 - *Early Bird Rate from September 2018 - January 2019***
- Poster and Roundtable registration: **Opens September 2018**

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Education & Resources (continued)

ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs

| | | | | | |
|-----------|------------------------------------------------|-----------|-----------|------------|------------------------------------|
| 8/23/2018 | ToP Secrets of Implementation for SNAP-Ed LIAs | In-Person | 8:30 a.m. | Fresno | ToP Certified Facilitator/Trainers |
| 8/28/2018 | ToP Secrets of Implementation for SNAP-Ed LIAs | In-Person | 8:30 a.m. | Redding | ToP Certified Facilitator/Trainers |
| 8/29/2018 | ToP Secrets of Implementation for SNAP-Ed LIAs | In-Person | 8:30 a.m. | Riverside | ToP Certified Facilitator/Trainers |
| 8/30/2018 | ToP Secrets of Implementation for SNAP-Ed LIAs | In-Person | 8:30 a.m. | Oakland | ToP Certified Facilitator/Trainers |
| 9/4/2018 | ToP Secrets of Implementation for SNAP-Ed LIAs | In-Person | 8:30 a.m. | Sacramento | ToP Certified Facilitator/Trainers |
| 9/5/2018 | ToP Secrets of Implementation for SNAP-Ed LIAs | In-Person | 8:30 a.m. | Santa Ana | ToP Certified Facilitator/Trainers |
| 9/11/2018 | ToP Secrets of Implementation for SNAP-Ed LIAs | In-Person | 8:30 a.m. | Salinas | ToP Certified Facilitator/Trainers |

The California SNAP-Ed Statewide Training team (CSST) is pleased to announce the ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs training which will be held in each service area. The full-day training will provide a road map to sustaining and implementing plans. TSI will cover the four (4) stages of plan implementation. Participants will learn ways to keep plans and projects alive, relevant, and achievable.

Interested participants can register [here](#).

More information about the TSI training, including the training flyer, is available on the [SNAP-Ed Training and Events Calendar](#) and the [Statewide Regional Support](#) webpages. If you have any questions, please contact Nakendra Abner at 916-445-5303 or Nakendra.Abner@cdph.ca.gov.

Healthy Snack Day—Logistics Webinar and Statewide Day of Action

August 29, 2018 - Healthy Snack Day is designed for Local Implementing Agencies (LIAs) and Community-Based Organization partners to promote healthier eating habits within their communities. This Statewide Day of Action is supported by the Healthy Snack Day Event Box, a no cost, supplemental resource available to hosting LIAs and CBOs.

Important dates to remember:

* **8/16** - Logistics Webinar (Event Hosts)

CDPH SMPR and Rescue Agency are proud to present. The Complete Guide to Hosting "Healthy Snack Day" with the Event Box. With only two weeks until our exciting statewide day of action, this webinar will provide participants everything they need to know to host a successful event. Event marketing experts from Rescue will take you through practical, step-by-step advice for hosting a fun and impactful event from start to finish. This is a must-see webinar for event organizers, so mark your calendars. [Register](#)

* **8/29** - Healthy Snack Day - Statewide Day of Action

If you have questions, please contact C4C_PR@RescueAgency.com

Connect & Explore—America's Eating Habits: Food Away from Home

On August 30th, the National Collaborative on Childhood Obesity Research (NCCOR) will host a Connect & Explore webinar titled, "America's Eating Habits: Food Away From Home."

Food away from home (FAFH) plays a major role in the American diet. In recent decades, numerous factors have contributed to an increasing trend of FAFH consumption such as increased access and affordability to FAFH and an increase in two earner households. To better understand this trend, USDA's Economic Research Service (ERS) has drawn on data from many sources to examine a range of factors influencing FAFH consumption, and the findings will be published in the forthcoming report, *America's Eating Habits: Food Away From Home*.

The webinar will provide background and rationale for the research endeavor, highlight several findings from the report, and discuss the experience of undertaking this collaborative research effort.

Join us on Tuesday, August 30, at 11:00 a.m. PST, for the one-hour webinar. [Register here](#) to receive webinar access. The event is free, but attendance is limited.

Nutrition Updates Webinar—Dietary Supplements: *When They May Help—or Hurt*

Join Rachel Scherr, PhD, an Assistant Research Scientist at the University of California, Davis as she presents up-to-date research evidence and recommendations about dietary supplements and coverage in the popular media.

Date: September 4, 2018

Time: 11:00 AM – 12:30 PM

Registration: Webinar Pre-Registration is required: <https://cc.readytalk.com/r/pkyjut8jxwmq&eom>

Save the Date—California SNAP-Ed Local Implementing Agency Forum, January 22-24, 2019

Please mark your calendars for the 2019 LIA Forum on January 22-24, 2019 at the DoubleTree Hotel in Sacramento, California. The Forum includes a two-day, in-person meeting (January 23-24, 2019), as well as optional in-person pre-meeting workshops (January 22, 2019).

CDSS will continue sharing Forum planning details and information, including registration and lodging information once they become available. If you have any questions, please contact CalFreshsnap-ed@dss.ca.gov

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Education & Resources *(continued)*

Funding opportunity: The Walmart Community Foundation's Community Grant Program

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

The Walmart Community Foundation's Community Grant Program is offering grants to nonprofit organizations and agencies that work in one of the following areas: hunger relief and healthy eating, health and human service, quality of life, education, community and economic development, diversity and inclusion, public safety, or environmental sustainability. Awards range from \$250 to \$5,000. **Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

Funding Opportunity: The Home Depot Foundation

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

The Home Depot Foundation provides funding for nonprofit organizations and public agencies in the United States that are using the power of volunteers to improve communities through its Community Impact Grants program. Priority is given to projects that benefit veterans and/or diverse and underserved communities. Projects should be volunteer-friendly, engage people at all skill levels, and be expected to have a strong and lasting impact. Awards of up to \$5,000 will be given in the form of The Home Depot gift cards for the purchase of tools, materials, or services. **Deadline: application are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

Funding Opportunity: Good Sports Grant

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Schools & community organizations can apply for sports equipment, apparel, & footwear for economically disadvantaged children. **Required Match: 10% Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

Funding Opportunity: Kaboom Community Playground Grants

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Opportunities ranging from building a new playground in the community, to providing creative play areas, to transforming sidewalks and vacant lots. **Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

California SNAP-Ed Connection - Hosts Community Resource Library

The following information was previously shared in the 5/16/18 LHD News Bulletin.

The [CA SNAP-Ed Connection](#) website now hosts the Community Resource Library providing 500+ resources, such as news bulletins, funder statements, logos, photos, graphics and templates.

UC CalFresh, UC ANR & Partner Employment Opportunities

University of California CES-2 (Nutrition Educator), UCCE Shasta, Trinity, and Tehama Counties

The UC CalFresh Nutrition Education Program is hiring for a Nutrition Educator (CES-2). The position is full-time, located in Red Bluff, and will serve both Tehama and Shasta Counties. **Position closes on July 24th!**

Use this link to read more about the position and to apply—<https://jobs.ucop.edu/applicants/Central?quickFind=61203>

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



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