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- Area CE Youth, Family & Communities Advisor (AP#17.19), Imperial County

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**Upcoming Events & Deadlines**

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<th>SUN</th>
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**Harvard Law School Food Law and Policy Clinic - Request for Technical Assistance Proposals: Approaches to Reducing Consumption of Sugar**

See the 7/9/2018 UC CalFresh Weekly Update email for attached flyer.

The Harvard Law School Food Law and Policy Clinic (FLPC) is launching a new initiative to identify locally-supported policies that will reduce sugar consumption and build capacity for policy change. FLPC is offering pro bono technical assistance (TA) to community organizations, food policy councils, and local and state government entities across the United States interested in implementing innovative sugar reduction policies. FLPC will provide one year of capacity-building engagement that includes:

- nonpartisan research and legal consultation and resources on a variety of sugar-reduction policies tailored to the interests of the TA grantee,
- early-stage coalition building and community outreach support, and
- communications materials and media outreach.

**Eligibility**

Any community-based organization, local, regional, or state food policy council, or local or state government entity (e.g., health department) is welcome to apply. TA sites will be selected based on readiness for policy engagement and change regarding sugar consumption policies, feasibility of policy success, potential to impact underserved populations, diversity in location/geography, and diversity of potential policy solutions.

**Timeline and Application Instructions**

Applications are due **July 31, 2018**. See the Request for Technical Assistance Proposals [here](#) for details on applying.

**Web StoreFront Closure, August 6-17th**

The California Department of Public Health (CDPH) will close the Web StoreFront (WSF) and Public Web StoreFront (PWSF) **Monday, August 6** for the bi-annual physical inventory of educational materials. The WSF and the PWSF sites **reopen on Monday, August 20 at 8:00 a.m.** During the closure, orders can be placed but they will not ship out before August 20th. For those of you interested in ordering materials for the August 29th “Healthy Snack Day,” please take these WSF/PWSF closure dates into account. Feel free to contact CDPH at [NEOPBcustomerCare@cdph.ca.gov](mailto:NEOPBcustomerCare@cdph.ca.gov) with any questions.
Welcome New UC CalFresh Staff!

Nancy Zumkeller, CE Supervisor II, UCCE Fresno/Madera Counties

Nancy Zumkeller’s career with UC CalFresh Fresno/Madera Counties began 9 years ago as a part time program educator. She had been a stay at home mom for 13 years, so the transition back into the work force in a part-time capacity was the perfect fit for her. She has her Bachelor of Arts, from Fresno State, in Liberal Studies so her passion for education and supporting the health of families in her community felt like a natural fit. As her position gradually increased to full time, she was promoted to Program Coordinator and enjoyed taking on more responsibilities and leadership roles to bring the UC CalFresh key messages to the community. She has gained valuable experiences and knowledge while making strong connections within the population and agencies UCCE serves. She is proud to be a part of the UC CalFresh Fresno/Madera team, who she describes as an exceptional group of dedicated people. Nancy looks forward to her new role as program supervisor, contributing through staff development, and further enhancing Fresno/Madera County programs. In her spare time, Nancy enjoys spending time with her husband, son, and daughter while taking care of their garden, chickens, goats and many other projects and activities in which their kids are involved.

Haley Kerr, CESII, UCCE Alameda County

Haley Kerr comes to UC CalFresh from Miami, where she worked for almost 5 years in HIV Prevention at a healthcare center. Prior to Miami, she was living and working in Trujillo, Peru, overseeing a volunteer program in several communities. There, she worked with families, children, health centers, and schools to do education around nutrition, first aid, dental health, and other important topics.

She completed a Master’s program at Tulane University, focusing on social work and public health and doing practical work in HIV prevention. Before going to grad school, she worked as a Peace Corps Volunteer in Paraguay for 3 years. She was a Rural Health and Sanitation Volunteer in a small community for most of that time, working with the families living there to address their health needs including parasite prevention, dental health, nutrition, and clean water. She extended her service to do practical work in HIV prevention. Before going to grad school, she worked as a Peace Corps Volunteer in Paraguay for 3 years. She was a Rural Health and Sanitation Volunteer in a small community. Prior to Miami, she was living and working in Trujillo, Peru, overseeing a volunteer program in several communities. There, she worked with families, children, health centers, and schools to do education around nutrition, first aid, dental health, and other important topics.

From her work and school experiences, Haley carries a strong desire to help empower people to make healthier choices and make use of the resources they have in their communities, in a culturally competent and humble way. She is very excited to work in Alameda County and looks forward to learning more about this very diverse community. Haley will be leading UCCE Alameda’s GGG and CATCH efforts in 28 partner preschools. You can reach her at hbkerr@ucanr.edu.

UC CalFresh Website Updates
July 2018 Town Hall slides and recording

The slides and recording for the July 2018 Town Hall have been posted to the Town Halls Webpage.

FFY2018 Schedule for Closing Evaluation Portals and Results Distribution.

Please refer to the UC CalFresh website on the Evaluation Webpage for scheduled dates.

UC CalFresh Evaluation Updates

Updated Consent Pages for Youth Program Evaluation: With the change in UC CalFresh Director, the state office evaluation team has updated the Principal Investigator (PI) on the IRBs for our Adult and Youth Program Evaluation. As part of this modification, the youth evaluation consent pages (teacher, parent, student- grades 4+, student-grades 2-3) were revised to change the PI from ‘David Ginsburg’ to ‘Kamaljeet Khaira’. All of the tools included in the Youth Program Evaluation IRB and posted on the UC CalFresh website now include the updated consent pages. Please verify that your team uses the updated consent page (PI = Kamaljeet Khaira) on all youth and family-centered evaluation tools administered in FFY 2019. The updated individual consent pages and evaluation tools are available here. If you have any questions, please feel free to contact Angie Keihner at (530) 752-1856 or akeihner@ucdavis.edu.

(continued on next page)
UC CalFresh Evaluation Updates (continued)

Tool Updates – 20-Item Nutrition Knowledge Survey: Over the summer Anna Jones from the UCD Center for Nutrition in Schools (CNS) conducted an in-depth analysis of the 35-item Nutrition Knowledge Survey used to evaluate the Shaping Healthy Choices Program and the Nutrition To Grow On (NTGO) curriculum in FFY 2018. Results from this analysis indicated that the tool length can be reduced while maintaining the ability to detect changes in student knowledge over time. The 20-item, pre/post Nutrition Knowledge Survey is now available on the UC CalFresh Youth Evaluation Tools webpage for evaluating the NTGO curriculum in FFY 2019.

Upcoming UC CalFresh Trainings

PEARS Office Hours for UC CalFresh

Please join the UC CalFresh evaluation team in monthly PEARS Office Hours focused on PEARS Users within UC CalFresh. Angie Keihner, Barbara MkNelly, and Jennifer Quigley will be available during the below days/times to provide technical hands-on assistance to counties needing technical assistance. All of the questions asked during these sessions become part of an FAQ document that was recently posted to our website: Frequently Asked Questions

<table>
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<th>October 2nd, 2018 from 1–2 pm</th>
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Items Available for UC CalFresh County Programs

Nutrition Education Reinforcement Items for UC CalFresh County Programs

The State Office has a limited quantity of nutrition education reinforcement items and lesson enhancements available for UC CalFresh County Programs, listed below. These items would be in addition to your previous order request, which is part of Statewide Coordinated Ordering for the program.

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Item</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>480</td>
<td>EatFit Brochure packs</td>
<td></td>
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<tr>
<td>50</td>
<td>Measuring Cup Sets</td>
<td></td>
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<tr>
<td>276</td>
<td>Measuring Spoon Sets</td>
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<tr>
<td>38</td>
<td>My Healthy Plate Eating Made Easy Handout Pads</td>
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<tr>
<td>18</td>
<td>My Healthy Plate Platemat Pads</td>
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<tr>
<td>500</td>
<td>Reusable Shopping Bags</td>
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<tr>
<td>30</td>
<td>UC CalFresh Nutrition Corner Bulletin Board Borders</td>
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<tr>
<td>1</td>
<td>African American “Building a Healthy Body and Soul” Banner</td>
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<td>19</td>
<td>SLM Marketing Cafeteria Kits</td>
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<tr>
<td>23</td>
<td>Rolls of Active Kids My Plate Stickers</td>
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<tr>
<td>9</td>
<td>Team Nutrition Popular Event Booklets</td>
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<td>Rolls of My Plate Stickers</td>
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<tr>
<td>1</td>
<td>Discover MyPlate Curriculum: Nutrition Education Guide for Kindergarten</td>
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<tr>
<td>1 pack of 25</td>
<td>Discover MyPlate Student Workbook for Kindergarteners</td>
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<td>Discover MyPlate Parent Newsletters</td>
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<td>Discover Emergent Readers: Teacher’s Edition</td>
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<td>Friendship Pocket Handout (8.5X11 Handout)</td>
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Items Available for UC CalFresh County Programs (continued)

Nutrition Education Reinforcement Items for UC CalFresh County Programs

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If you are interested in any or all of these items, please coordinate with your Program Manager/Supervisor or Advisor to submit your request to Rolando Pinedo (rgpinedo@ucdavis.edu). Please be sure to note the shipping address. Requests will be honored on a first-come-first-serve basis.

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

2017-2018 School Year SLM Scorecard data – new 60 point scorecard

Current year SLM scorecard data should be entered into the SLM of CA Self-Assessment Scorecard Reporting Tool. We are requesting that all TAPS enter the new 60 point scorecard data collected during the 2017-2018 school year by Wednesday, August 1, 2018.

The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California Monthly Nudge is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the Monthly Nudge, please click here!

Digital Food Pictures for Educators

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge. Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

UC CalFresh in Action!

UC CalFresh Nutrition Education Program Empowering Low-Income Families with Knowledge and Skills About Food Resource Management, UCCE Tulare/Kings Counties

With a vision to support healthy communities, food systems and behaviors, each year the Society for Nutrition Education and Behavior (SNEB) conference attracts international community of professionals actively involved in nutrition education and health promotion. At the recently concluded SNEB 2018 conference held at Minneapolis (MN), Deepa Srivastava, NFCS Advisor Tulare/Kings Counties presented a poster titled “UC CalFresh Nutrition Education Program Empowering Low-Income Families with Knowledge and Skills About Food Resource Management.” This poster generated interest from many nutrition researchers and extension professionals to know more about the PSSC curriculum, participant recruitment, and retention. Being a first time attendee and a new member, Deepa’s focus at the conference was to learn about the current trends and creativity in nutrition education, share nutrition education and PSE work done in her counties, and connect with professionals in the field. Deepa attended SNEB division meetings and accepted the opportunity to be a Western Region Representative for the Food and Nutrition Extension Education Division and a Liaison for the Nutrition Education for Children Division.

Deepa standing next to her poster at the SNEB conference
UC CalFresh in Action! (continued)

Game on for Wilson Elementary School!, UCCE Tulare County
Wilson Elementary School received a $1,000 grant from Action for Healthy Kids and Saputo, Inc. The Action for Healthy Kids—Game On grant provides tools and resources to support schools in creating healthier learning environments. Wilson students will benefit in many ways.

With encouragement from educator, Marina Aguilera, Mr. Pendleton applied for and received $1,000 to fund and support physical activity and nutrition education efforts. Mr. Pendleton is very appreciative of the support he receives from UC CalFresh, “As always, Marina, you were great! I really can’t thank you enough for all that you have done for us this year. In fact, due in large part to your positive influence on me, I completed the application for the “Game-On” grant and received $1,000. I plan on using the funds to support structured play activities during morning recess and taste testing during lunch recess.”

With support from the UC CalFresh Nutrition Education Program, Mr. Pendleton’s goal is to increase physical activity and strengthen student’s social skills. He plans to work with UC CalFresh to implement CATCH physical activity education and provide taste-testing to encourage trying new foods and increasing fruit and vegetable consumption to reduce food waste in the cafeteria.

UC CalFresh Tulare County is happy to support Wilson Elementary School and encourages students to stay active!

Nutrition and Food Questions Web Page
Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the Nutrition and Food Questions web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under Resources > Resources for Educators. Please contact Lyn Brock (lbrock@ucanr.edu) if you have any questions.

Articles & Research
Writing Prescriptions to Play Outdoors, New York Times
A recent article in the New York Times discusses the importance of being connected to nature and spending time outdoors for both adults and youth. For adults, research on a population level shows that closer proximity to nature is related to better health and prevention of issues ranging from obesity, hypertension, diabetes, depression, anxiety, and more. Studies also show positive effects of unstructured outside play on children with ADHD. As both parents and doctors become more aware of the benefits of outdoor play, efforts are being made to encourage children to participate in outdoor, independent play. Park Rx America is a nonprofit founded by a doctor that encourages doctors to prescribe parks for their patients. The National Park Service has their own public health promotion to get people outside, called Healthy Parks Healthy People. The initiative specifically targets children and the elderly, along with vulnerable communities and the military. The ultimate goals of both efforts are to encourage a reprieve from screen time, get people out in nature, and encourage physical activity outdoors.

Read more about the research and these efforts at the following sources:
* Full New York Times article
* Research on the benefits of nature/issues from being isolated from the nature—Children and Nature Network
* Park Rx America
* Healthy Parks Healthy People

Education & Resources
National Center on Health, Physical Activity, and Disability (NCHPAD) Resources
The following information was previously shared in the 7/25/18 LHD News Bulletin.

The National Center on Health, Physical Activity, and Disability (NCHPAD) is a public health practice and resource center that provides information and tools on physical activity, health promotion, and disability. In support of SNAP-Ed goals and objectives, Local Implementing Agencies are invited to explore a new e-learning platform from NCHPAD. Available here. First time users are asked to create an account. Training courses housed within this platform are organized by the following topics:
* Guidelines, Recommendations, Adaptations, Including Disability (GRAIDs)
* Nutrition
* Disability Awareness
* Disability and Aging
* Health Care
* Public Health
* Fitness Professionals
* Educators

(continued on next page)
Education & Resources (continued)
National Center on Health, Physical Activity, and Disability (NCHPAD) Resources (continued)

Additional Resources on Healthy, Inclusive Communities and Programs:

- Webpage - Inclusion of Individuals with Disabilities
- CA SNAP-Ed Webinar Training - Physical Activity: Including Individuals with Disabilities in SNAP-Ed Programing (Recording and Slides)
- Health and Disability 101 Training for Health Department Employees offered by the Health and Disability Program of the National Association of County and City Health Officials
- Park and Recreation Inclusion Report from the National Recreation and Park Association
- Engaging Students with Disabilities in Safe Routes to School Report from the Safe Routes to School National Partnership
- Discover Inclusive Safe Routes to School Playbook from the National Center on Health, Physical Activity and Disability

2018 Promising Practices Exchanges
The following information was previously shared in the 7/25/18 LHD News Bulletin.
The 2018 Promising Practice Exchanges (PPEs) are annual mini-workshops that provide an opportunity for SNAP-Ed agencies to showcase local and regional promising practices. While providing customized training and technical assistance activities, PPEs are also designed to foster local connections and develop learning communities regionally. The training and technical assistance provided will address region-specific needs as identified in the SNAP-Ed Integrated Work Plans and will allow opportunities for attendees to network with peers.

Service Area: Delta and Gold Country
Date: August 2nd
Location: Sacramento
Theme: Link, Hashtag, Tweet, and Share: Online Engagement Platforms to Support SNAP-Ed Work
Training Consultant: Michael.Beccarelli@cdph.ca.gov

Service Area: North Coast and Cascades
Date: August 7
Location: Redding
Theme: Creating Healthy Communities Through Schools
Training Consultant: LeeAnn.Timbrook@cdph.ca.gov

If you are interested in attending a PPE in your service area, visit the CA SNAP-Ed Training and Events Calendar to register. If you have any questions, please contact the appropriate Training Consultant.

Call to Submit Youth Engagement Related Items for Website
See the 7/23/2018 UC CalFresh Weekly Update for the attached Youth Engagement Web Page Submission Instructions
The Center for Wellness and Nutrition, Public Health Institute is requesting submissions of pictures*, videos, reports, success stories, and UC Delivers that showcase the Youth Engagement work happening across the state for inclusion in the State UC CalFresh Website. The vision is to have a place to showcase and celebrate the local work and stories being done in the Youth Engagement realm.

To submit your Youth Engagement related item, please use the submission form included in the 7/23/2018 UC CalFresh Weekly Update email. The deadline to submit will be Friday, August 17th, 2018.

*Please ensure that any photos shared do have a photo consent obtained by UC CalFresh staff lead.

Produce Safe Handling Tips—Resources from the Partnership for Food Safety Education
Fresh produce is plentiful right now, and your local farmer’s market is a great place to find it.

It’s important to follow simple guidelines to make sure your fruits and vegetables are safe to eat. Remember to rinse fresh produce just before you eat or prepare it. Never use soap or bleach on your produce. The Partnership for Food Safety Education’s shareable Produce Pro fact sheet has everything consumers need to know. Also, you can download free tools to help teach others in your community about how they can reduce their risk of foodborne illness.

FoodSafety.gov offers more tips to help you select your farmer’s market produce.

Training Opportunities for SNAP-Ed Local Implementing Agencies
On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the Training and Events Calendar for additional information.

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Education & Resources (continued)
Childhood Obesity Conference—July 15-18, 2019
The 10th Biennial Childhood Obesity Conference (COC) invites individuals and organizations engaged in researching, developing, implementing and evaluating policy and environmental strategies that address root causes of childhood obesity to submit proposals for consideration for inclusion in the 10th Biennial COC program.

New this year, all proposals will be submitted as a single Presenter. Conference Organizers will be pairing presenters together to form Traditional or Facilitated panels. In addition, presenters can suggest other presenters/proposals they would like us to consider pairing with their proposal.

Presentations will be organized by Subthemes:
1. Collaboration and Partnership
2. Research and Evidenced-based Practices
3. Health Equity
4. Leveraging Policies for Sustainable Change

Click here to learn more or to submit a session proposal! Please refer to the conference website for the most up-to-date instructions on how to submit your proposal. Questions about the proposal process? Please email childhoodobesityconference@cce.csus.edu

MARK YOUR CALENDARS! Upcoming Conference Dates and Deadlines
* Submit a Presenter Proposal: Opens June 21, 2018 - Closes August 3, 2018
* Conference Registration: Opens September 2018 - *Early Bird Rate from September 2018 - January 2019
* Poster and Roundtable registration: Opens September 2018

ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs
The California SNAP-Ed Statewide Training team (CSST) is pleased to announce the ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs training which will be held in each service area. The full-day training will provide a road map to sustaining and implementing plans. TSI will cover the four (4) stages of plan implementation. Participants will learn ways to keep plans and projects alive, relevant, and achievable. Interested participants can register here.

• Fresno – August 23
• Redding – August 28
• Riverside – August 29
• Oakland – August 30
• Sacramento – September 4
• Santa Ana – September 5
• Salinas – September 11

Visit the SNAP-Ed Training and Events Calendar to register and for more information. Questions? Contact Nakendra Abner at 916-445-5303 or Nakendra.Abner@cdph.ca.gov.

More information about the TSI training, including the training flyer, is available on the SNAP-Ed Training and Events Calendar and the Statewide Regional Support webpages. If you have any questions, please contact Nakendra Abner at 916-445-5303 or Nakendra.Abner@cdph.ca.gov.

Healthy Snack Day—Logistics Webinar and Statewide Day of Action
August 29, 2018 - Healthy Snack Day is designed for Local Implementing Agencies (LIAs) and Community-Based Organization partners to promote healthier eating habits within their communities. This Statewide Day of Action is supported by the Healthy Snack Day Event Box, a no cost, supplemental resource available to LIAs and CBOs.

* 8/16 - Logistics Webinar (Event Hosts)

CDPH SMPR and Rescue Agency are proud to present “The Complete Guide to Hosting "Healthy Snack Day" with the Event Box. This webinar will provide participants with everything they need to know to host a successful event. Event marketing experts from Rescue will take you through practical, step-by-step advice for hosting a fun and impactful event from start to finish. This is a must-see webinar for event organizers, so mark your calendars. Register

If you have questions, please contact C4C_PR@RescueAgency.com

Nutrition Updates Webinar—Dietary Supplements: When They May Help—or Hurt
Join Rachel Scherr, PhD, an Assistant Research Scientist at the University of California, Davis as she presents up-to-date research evidence and recommendations about dietary supplements and coverage in the popular media.

Date: September 4, 2018
Time: 11:00 AM – 12:30 PM
Registration: Webinar Pre-Registration is required: https://cc.readytalk.com/r/pkyjut8jxwmq&eom

(continued on next page)
Save the Date—California SNAP-Ed Local Implementing Agency Forum, January 22-24, 2019

Please mark your calendars for the 2019 LIA Forum on January 22-24, 2019 at the DoubleTree Hotel in Sacramento, California. The Forum includes a two-day, in-person meeting (January 23-24, 2019), as well as optional in-person pre-meeting workshops (January 22, 2019).

CDSS will continue sharing Forum planning details and information, including registration and lodging information once they become available. If you have any questions, please contact CalFreshsnap-ed@dss.ca.gov

Funding opportunity: The Walmart Community Foundation’s Community Grant Program

This information was previously shared in the 5/16/18 LHD News Bulletin.

The Walmart Community Foundation’s Community Grant Program is offering grants to nonprofit organizations and agencies that work in one of the following areas: hunger relief and healthy eating, health and human service, quality of life, education, community and economic development, diversity and inclusion, public safety, or environmental sustainability. Awards range from $250 to $5,000. Deadline: applications are accepted on a rolling basis. Click here to learn more and to apply.

Funding Opportunity: The Home Depot Foundation

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

The Home Depot Foundation provides funding for nonprofit organizations and public agencies in the United States that are using the power of volunteers to improve communities through its Community Impact Grants program. Priority is given to projects that benefit veterans and/or diverse and underserved communities. Projects should be volunteer-friendly, engage people at all skill levels, and be expected to have a strong and lasting impact. Awards of up to $5,000 will be given in the form of The Home Depot gift cards for the purchase of tools, materials, or services. Deadline: application are accepted on a rolling basis. Click here to learn more and to apply.

Funding Opportunity: Good Sports Grant

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Schools & community organizations can apply for sports equipment, apparel, & footwear for economically disadvantaged children. Required Match: 10% Deadline: applications are accepted on a rolling basis. Click here to learn more and to apply.

Funding Opportunity: Kaboom Community Playground Grants

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Opportunities ranging from building a new playground in the community, to providing creative play areas, to transforming sidewalks and vacant lots. Deadline: applications are accepted on a rolling basis. Click here to learn more and to apply.

California SNAP-Ed Connection - Hosts Community Resource Library

The following information was previously shared in the 5/16/18 LHD News Bulletin.

The CA SNAP-Ed Connection website now hosts the Community Resource Library providing 500+ resources, such as news bulletins, funder statements, logos, photos, graphics and templates.

UC CalFresh, UC ANR & Partner Employment Opportunities

Nutrition, Family and Consumer Sciences - Area CE Advisor, Fresno/Madera Counties

Posted on July 7, 2018—Closing on September 3, 2018

Apply

Area CE Youth, Family & Communities Advisor (AP#17.19), Imperial County

Posted on July 6, 2018—Closing on August 20, 2018

Apply

We want to hear from you!
The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: http://www.uccalfresh.org/weekly-updates.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS), CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.