Zoom Meeting Agreements

Please keep your microphone or phone muted when the host or another participant is speaking

  Phones: *6 to mute and un-mute

Please use 'raise your hand' icon if you would like to speak

Please share your webcam video if you are comfortable doing so

  Host may ask for 'video off' if internet connection is unstable

Co-hosts are monitoring chat

Will pause periodically for questions

Please use annotation tools only when instructed by the host

Today's Agenda

UCCE Online Education Resources - Google Folder

EFNEP and CFHL, UC Branding Guides

Lupe Cabrera - *Frutas y verduras: La mitad de su plato*

Center for Nutrition in Schools - Online Education Action Plan

Announcements

Julie Lefko - *How to Use Canva*

UCCE Online Education Resources – Google Folder

Access using UC Davis Google account (Kerberos login)

Updated Guidelines document e-mailed to all – 4/20

Templates: <u>Download</u> – then add your content

Folders being created for you to upload content

Spanish resources added:

    Spanish logo video intro clips

    PowerPoint templates – Spanish logo slides

Google folder: https://drive.google.com/drive/folders/1Arnqh6FTZl-CI7rvd8I_-vtbwt24Twj9

Branding Guides

Program logos, funding and non-discrimination statements

EFNEP website → About EFNEP → EFNEP Branding Toolkit
http://efnep.ucanr.edu/About_EFNEP/EFNEP_Branding_Toolkit/

CFHL, UC website → Administration → Program Administration → Branded Materials and Templates
https://uccalfresh.ucdavis.edu/admin/program/brand-materials

New! CFHL + UCCE + UC ANR in Spanish

UCCE Nutrition Staff Resources during COVID-19

Frutas y verduras: La mitad de su plato

Guadalupe Cabrera, EFNEP educator, UCCE Orange County

¿Por qué debemos comer más frutas y verduras?

- Proveen vitaminas, minerales y otros nutrientes importantes

- No contienen colesterol y son bajas en grasas, sodio y calorías

- Son ricas en fibra

Escoja una variedad de frutas y verduras de diferentes colores!

Mantenga las frutas y verduras seguras para su consumo

- Lávese las manos con agua tibia y jabón antes de manipular frutas y verduras.

- Lave las frutas y verduras crudas bajo el chorro de la llave; *no use jabón ni desinfectante*

ME DEBO PREOCUPAR DEL CORONAVIRUS EN LASFRUTAS Y VERDURAS?: https://foodsafety.ces.ncsu.edu/wp-content/uploads/2020/04/Spanish_Retail-Produce_Food-Safety_COVID-19_Flyer.pdf?fwd=no

What is the Online Nutrition and Physical Activity Action Plan?

- The Online Nutrition and Physical Activity Action Plan is an organizational document designed to assist you through the planning stages of your project

- Regardless of whether you are working within your county team or in a cross-county partnership, this document will serve as a working record of your tentative plans for online education resource development

- To complete this document, we recommend that you form a community of practice (CoP)

What is a Community of Practice (CoP)?

- A Community of Practice is a group of individuals that are working together towards a common goal

- A hallmark of CoPs is that they meet on a regular basis

- Form a CoP with your county team or between teams in a cross-county partnership

- Decide on your meeting schedule early on – tune in to the webinar "Best Practices in Online Education" on Friday, 4/24 for more tips

Online Nutrition & Physical Activity Education Plan

This document is designed to assist in the development of online nutrition and physical activity education in EFNEP and/or CFHL,UC counties. Please use this document to record your plans and ideas for your project. Once you've completed this form, please return to the State Office and Center for Nutrition in Schools by emailing Tammy McMurdo (tjmcmurdo@ucdavis.edu), Lyn Brock (rlbrock@ucdavis.edu), Shyra Murrey (smmurrey@ucanr.edu), and Anna Jones (anajones@ucdavis.edu).

County/Counties: _____ _____

Curriculum Title: _____

Primary Contact

Please choose a primary coordinator for the project. This coordinator will serve as project lead and point person, managing progress and deadlines. You may specify additional county/program specific leads if needed.

Primary Project Lead

This role is for the lead coordinator and should be filled by an advisor, manager, supervisor, or educator with advisor/supervisor approval.

Name	Email	County

Secondary Project Leads

These roles are for county or lesson-specific leads and can be filled by educators to help coordinate single lessons or staff from a single county. (Add additional rows as needed.)

Name	Email	County

Advisors, supervisors, and/or additional staff to be CC'd on project communications:

(Add additional rows as needed.)

Name	Email	County

Curriculum/Activities:

Please list all staff that will participate in the project. Include name, county, and program. (Add additional rows as needed.)

Name	County	Program (CFHL-UC, EFNEP, or both)

<u>Task Assignment</u>:

An outline for organizing roles and responsibilities per lesson is included below. Add additional rows and information as needed. For each lesson, copy and paste the following table and title to document all the lessons in your chosen curriculum.

....

Lesson: _____

Roles & Responsibilities	Name	Notes
Content creation (PowerPoint & script development)		
Content planning (Storyboarding, completing lesson templates, locating pre-existing resources)		
Content recording (Audio/video recording)		
Content transcription (Closed captioning, writing translations for scripts in another language)		
Post-production (editing videos, adding music)		
Compliance check (review of content with checklist for all requirements)		
Other: Please Describe		

Additional Content Development:

Is there additional content you plan to develop for this project that is not a part of the curriculum you chose? Please describe below. For each additional piece of content, copy and paste the following table:

(Example: You have a county PA lead that would like to record short PA breaks for the lessons)

Content: _____

Roles & Responsibilities	Name	Notes
Content creation (PowerPoint & script development)		
Content planning (Storyboarding, completing lesson templates, locating pre-existing resources)		
Content recording (Audio/video recording)		
Content transcription (Closed captioning, writing translations for scripts in another language)		
Post-production (editing videos, adding music)		
Compliance check (review of content with checklist for all requirements)		
Other Please Describe		

Timeline:

Please describe your timeline for the project. This can be an area to record tentative deadlines for each stage of te project. If you prefer not to complete this, please leave it blank.

Dates	What is Due	Notes
Week 1		
Week 2		
Week 3		
Week 4		
Week 5		
Week 6		
Week 7		

Technical Assistance Requested from State Office(s) & the Center for Nutrition in Schools:

Please identify any areas you anticipate needing assistance for your project. Once the SO and CNS receive this document, they will follow-up regarding TA needed.

Category	Assistance Needed (Yes, No)	Notes
Closed captioning		
Translation into another language (for closed captioning, recording, scripts, etc)		
Video editing		
Platform selection (YouTube, Facebook Live, Zoom)		
Copyright compliance		
Getting started (Coordinator specific – leading staff on updating software, downloading new programs for project, etc)		
Other – Please specify		

Notes:
—

Next Steps

- Once your Action Plan document is completed, upload it to your designated Google Drive folder
  - Keep your eyes out for an email from Anna Jones
  - Curriculum Project Folder will be shared by early next week

- Don't forget to send it to the folks listed at the top of the document
  - Lyn Brock
  - Tammy McMurdo
  - Shyra Murrey
  - Anna Jones

Questions

- If you have further questions or are looking for technical assistance with your Action Plan, please reach out to CNS

- Anna Jones – anajones@ucdavis.edu

- Melanie Gerdes – magerdes@ucdavis.edu

- Rachel Colorafi – rjcolorafi@ucdavis.edu

Creating Online Content – Lessons Learned & Best Practices Webinar this Friday!

- Dr. Debbie Fetter from UC Davis and Carmela Padilla, MPH from Central Sierra CFHL-UC will present about strategies for successfully transforming face-to-face education into an online version

- **Friday, April 24th from 2 – 3pm**

- Don't miss this excellent opportunity to learn from two experts!

- Registration link sent out via email by Lyn Brock on April 18th

Webinar: EatFresh.Org Mini-Course

Friday, May 1 from 1:00 to 2:00 PM

- *CFHL, UC* – e-mail with registration information sent 4/22

- *EFNEP* – e-mail sent to Advisors and Supervisors

The webinar will address:

- intro to the Mini-Course,

- describe how with referral codes de-identified participant information can be provided back to UCCE county teams

- describe how others have or plan to use it

- engage/discuss how teams might promote/refer eligible interested persons

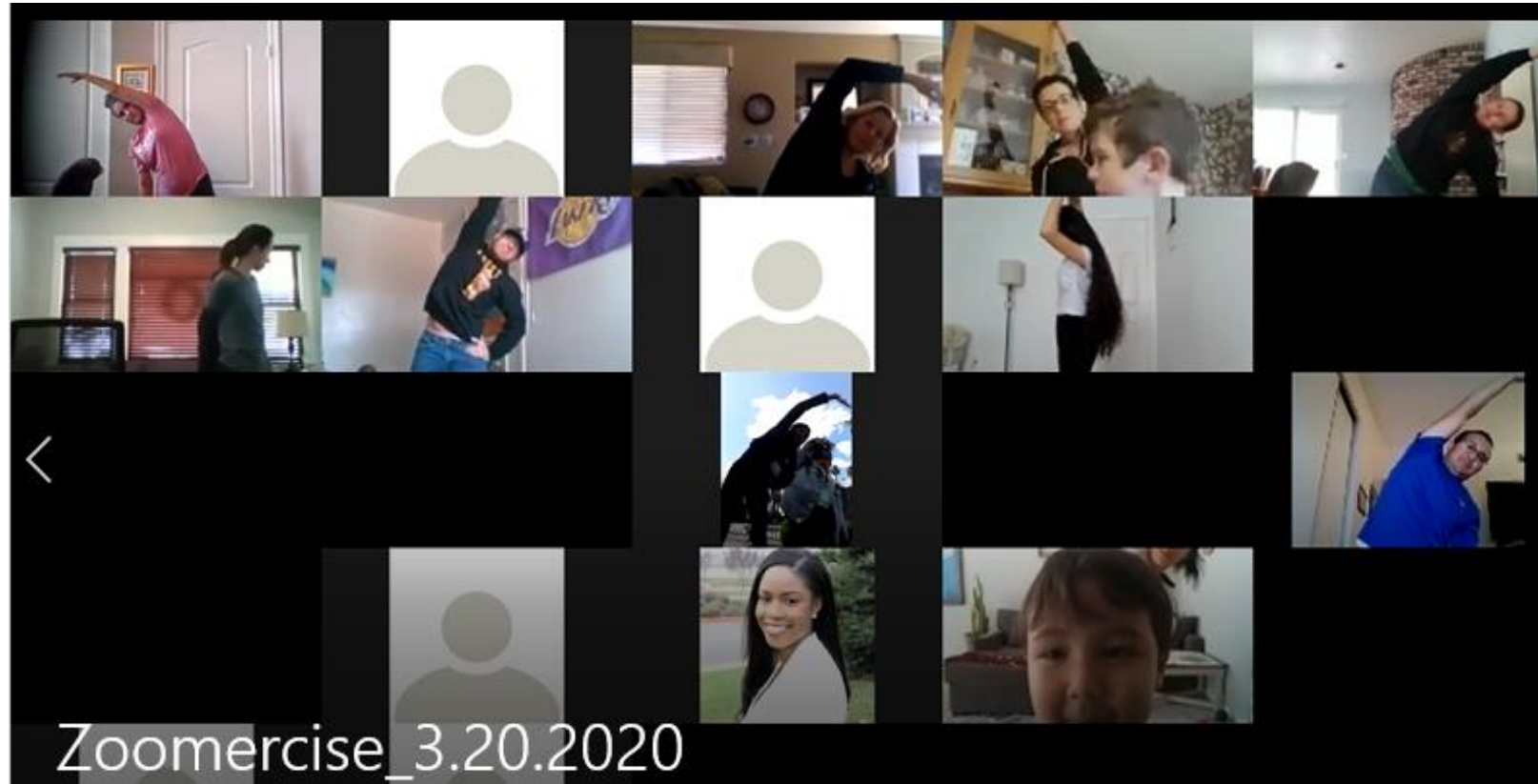# CATCH Health at Home – En Español!

Health at Home **EN ESPAÑOL**
COVID-19: Recursos para Padres

CATCH GLOBAL FOUNDATION

https://www.catch.org/pages/health-at-home-es

Con el cierre de escuelas debido al #coronavirus (#COVID19), es importante mantener a los niños ocupados, saludables y activos en casa. @CATCHhealth tiene un conjunto gratuito de materiales de salud y educación física en español. Mas información: catch.org/pages/health-at-home-es

Cal Fresh HEALTHY LIVING | UNIVERSITY OF CALIFORNIA

EFNEP | UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

Zoomercise!

Zoomercise_3.20.2020
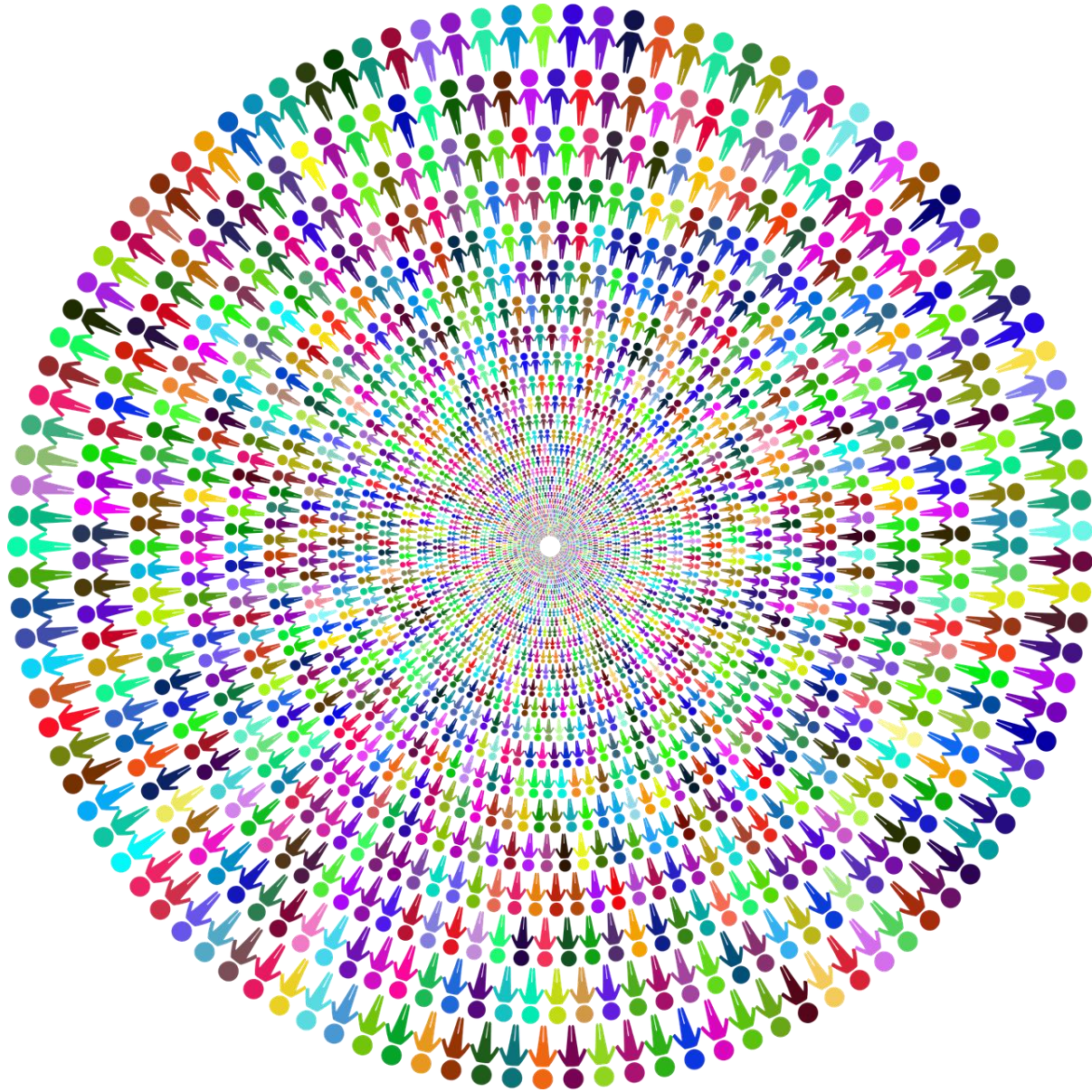
Monday – Wednesday – Friday 12:30 PM

https://docs.google.com/spreadsheets/d/1fMmHcy_BV-2EEAcYM73x2iat7eCbw2oxWzAq0r3_3hE/edit#gid=0

We're in this together!