What’s Up? Thursday

EFNEP and CFHL, UC Staff Check-In

July 30, 2020
Today’s Agenda

Guidelines for Online Content – *Updates!*
Physical Activity Breaks in Online Lessons
Tech Tool Review Process
Demonstration of Nearpod

EFNEP and CFHL, UC Breakouts

*Let’s hear from Katie and Kamal…*
Guidelines for Online Content – Updates!

Updates to *Guidelines for Online Education* document

YouTube videos – Unlisted or Public?
- Curriculum (lesson) videos – Unlisted
- ★ Book Readings – Unlisted
- Curriculum ‘Intro’ Videos – may be Public
- Indirect Ed: Recipes, PA, Garden (general) – may be Public
Updates to Google Drive

Link: https://drive.google.com/drive/folders/1Arnqh6FTZ1Cl7rved81-vtbwt24Twj9?usp=sharing

Google Drive reorganized

Locations for final content

- FINAL- Indirect Education Resources
- FINAL- UCCE Online Lesson Resources
Guidelines for Online Content – *Updates!*

PowerPoint ‘Online Pictures’ search – not recommended
- difficult to verify license

Use sources listed in Resources folder:
https://drive.google.com/drive/folders/1dSFErQW6VjuvJ0AOYeqx3gHt_b6SySOU
Need a PA break video to include in your online nutrition lesson?
Searching for PA Break Videos

1) Reference the **UCCE Nutrition Staff Resources during COVID-19** document.

Google Drive >>COVID-19 Response >> **UCCE Nutrition Staff Resources during COVID-19**
Searching for PA Break Videos

2) Ask your State Office for specific needs (Michele, Lyn/Shyra)

3) Consider developing your own PA break video using the Guidelines for Developing Online Lessons
What to include in your PA break video:

Remind participants to only do activities they are comfortable with
Warm-up (light to moderate intensity)*
Physical activity (moderate to vigorous intensity)*
Cool-down that may include stretching
Modifications when possible
Optional: Benefits of physical activity
Optional: Physical Activity Guidelines for Americans (adults/youth)

*See notes for examples
Tech Tools Review

Some review criteria:
How it could benefit our program delivery?
How easy for participants/students and educator to learn and use?
What age groups it might work best with?
Does it work with Google Classroom?
Cost?
Alternatives?

Any tools you’re using with success? Please let us know!
Anna Jones anajones@ucdavis.edu Lyn Brock rlbrock@ucanr.edu
NearPod

Student engagement platform that allows the creation of interactive lessons with a combination of slides and activities
NearPod Demonstration

Elizabeth Lopez and Robert Tapia
UCCE Fresno/Madera

Breakout group leaders
Elizabeth Lopez
Robert Tapia
Hannah Lee
Anna Jones
Melanie Gerdes
Share back about Nearpod

Group 1 – Elizabeth: matching
Group 2 – Robert: collaboration board
Group 3 – Hannah: poll
Group 4 – Anna: fill-in-the-blank
Group 5 – Melanie: draw-it

Nearpod “Camp Engage” – August 3-14
Sign up at https://nearpod.com/camp-engage
We’re in this together!