

What's Up? Wednesday

EFNEP and CFHL, UC Staff Check-In

April 28, 2021



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Agriculture and Natural Resources

Today's Agenda

Online education updates

Lesson mini-demos: UCCE Fresno-Madera

Google Sites for distance learning materials and resources

Save-the-date - *What's Up? Wednesday* May 26 • 1-2 PM

Online Education Updates

Zoom Phone

- **Step 1:** Please respond to <https://ucanr.edu/survey/survey.cfm?surveynumber=32780> to request Zoom Phone to be added to your Zoom account. ANR IT will notify you when it has been activated.
- **Step 2:** (optional) To request ability to send text messages (SMS) through Zoom Phone – submit an ANR IT Help ticket <https://ucanr.zendesk.com/hc/en-us/requests/new> using the subject line “Requesting SMS for Zoom Phone”

Open-source images and audio – updated guide

<https://drive.google.com/file/d/1hs2HIVJptaemESuLUPI6X1oFPjumpZuq/view?usp=sharing>

Flipgrid – protecting participant data

Online Education Updates

CFHL, UC website – Virtual Education web page

<https://uccalfresh.ucdavis.edu/virtualeducation>

UCCE staff only resources

Publicly Available Resources

Lesson Mini-Demo

Nora Lopez
UCCE Fresno-Madera





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Teaching Youth Lessons

Introduction

- Greet the students
- Introduce myself and the program
- Go over basic ground rules
- Mini Agenda
- Review MyPlate each lesson



Lesson

- Review My Plate
- Introduce activity
- Visuals
- Physical Activity



Other Suggestions

- Email the teacher
- Run a Test
- Prepare materials



Lesson Mini-Demo

Amber Viveros
UCCE Fresno-Madera





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Adult Lesson

Fresno/Madera

Adult Transition Program (ATP) Audience

- ATP is for adults from ages 18 to 22 years with developmental disabilities
- Their goal is to have the students become as independent as possible
- Over 40 students have completed the ESBA series
- Lessons are divided up into two 30-minute classes
 - Tuesday/Thursday 10:00-10:30am



Best Practices

- Ask questions
- Treat them like adults
- Work on activities together
- Make PA possible for all participants
- You may get sidetracked



EATING SMART
BEING ACTIVE

Google Sites for Distance Learning Materials and Resources

EFNEP – Shyra Murrey
CFHL, UC – Anna Jones



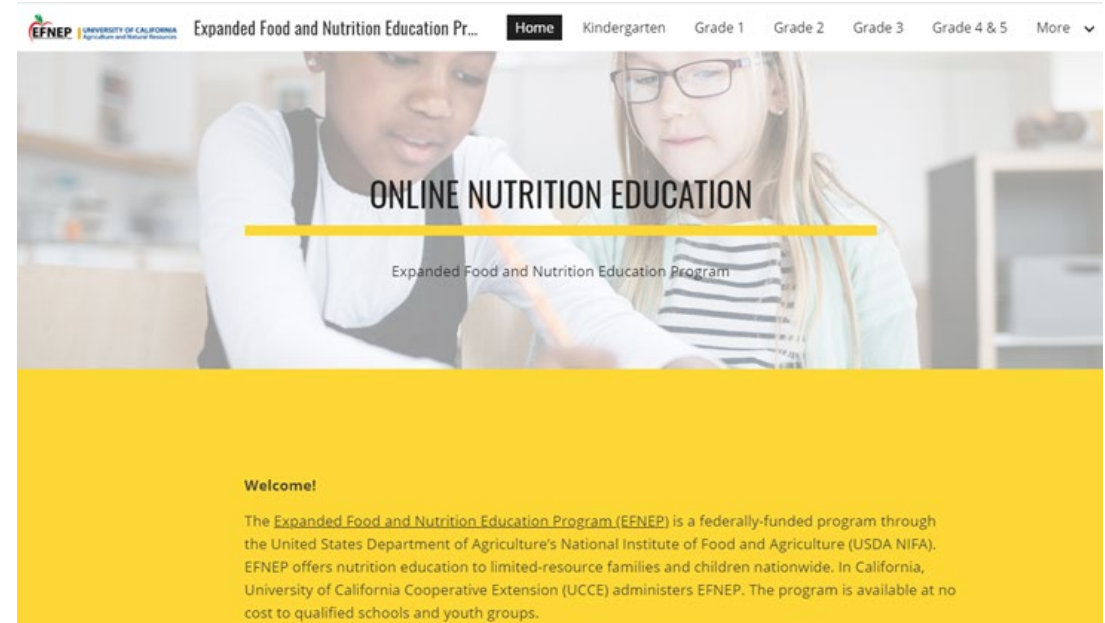
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Google Sites - EFNEP



Adult Education Materials

- UCCE Connects to You!
- ESBA



Youth Education Materials

- Grades k-12



Google Sites - EFNEP

If you would like a volunteer teacher to have access to curriculum materials on the youth site, please complete the [Online Education: Extender Curriculum Access Spreadsheet](#).

Counties may request a county-level Google Site

- Personalize Content
- Survey Links: Enrollment and Evaluation

Google Site – CFHL, UC



The screenshot shows the homepage of the CalFresh Healthy Living, UC Distance Learning Resources for Teachers website. The header includes the CalFresh logo, the title "CFHL, UC Resources for Teachers", and a navigation menu with links for Home, Pre-K, Kindergarten, First Grade, Second Grade, Third Grade, and More, along with a search icon. The main banner features a background image of fresh vegetables and the title "CalFresh Healthy Living, UC Distance Learning Resources for Teachers". Below the banner, a purple section contains a "Welcome" heading and a paragraph describing the program's mission. Further down, a "How to Use this Site" section provides instructions on how to navigate the curriculum resources.

CFHL, UC Resources for Teachers Home Pre-K Kindergarten First Grade Second Grade Third Grade More

CalFresh Healthy Living, UC Distance Learning Resources for Teachers

Welcome

The CalFresh Healthy Living, University of California (CFHL, UC) offers comprehensive evidence-based nutrition and physical activity education, aligned with Common Core state standards. Staff and volunteers use one of several CFHL, UC approved curricula. We provide our curricula and support at no cost to schools, organizations or programs where 50% or more of youth are eligible to receive free or reduced-price school meals.

How to Use this Site

Hover your mouse over the grade level you are interested in and a list of available curricula will appear. Just click on the one you'd like to access to go its page! Each curriculum page includes a description of the curriculum, links to distance learning resources, and links to additional resources for teachers.

In addition to curricula, there are numerous resources for recipes, physical activity, and gardening. Click on the links below, or at the top of the page, to access these resources.

Google Site – CFHL, UC

To have an extender added to the site, complete the Online Education: Extender Curriculum Access Spreadsheet

County/Clusters can request county/cluster version

- Customizable to only display grade levels, curriculum that is offered
- Supervisor/manager responsible for adding extenders and updating site with new materials
- Instructions available for editing and updating site