

What's Up? Wednesday

EFNEP and CFHL, UC Staff Check-In

July 28, 2021



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

Today's Agenda

Updates to guidelines for resuming in-person activities

CFHL, UC Adult Curriculum Google Site

It's My Choice Lesson 4 Update

Engaging or re-engaging with school partners

CFHL, UC only – workgroup re-opening and sign-ups

Save-the-date - *What's Up?* Wednesday, Sept. 29 • 1-2 PM

Guidelines for Resuming In-Person Activities

EFNEP guidance

efnep.ucanr.edu --> For Staff --> Administrative Tools --> [Program Guidance for Resuming In-person Lessons, Food Tastings, and Recipe Demonstrations](#)

CFHL, UC Guidance

Box→ SO_COVID-19_Resources→ CFHL UC Guidance for Resuming In-Person Activities 7.19.2021

<https://ucdavis.box.com/s/q4292293su08ozvlg4z50zcbl98eysqx>

Coming Soon!

CFHL, UC – Adult and Family Curriculum Google Site



CalFresh Healthy Living, UC
Adult and Family
Distance Learning Resources

Welcome

The CalFresh Healthy Living, University of California (CFHL, UC) offers comprehensive evidence-based nutrition and physical activity education, aligned with policy systems and environmental change services in early childhood centers, schools and community environments. Staff and volunteers use one of several CFHL, UC approved curricula. We provide our curricula and support at no cost to eligible schools, organizations or programs.

How to Use this Site

Hover your mouse over either Adult or Family at the top of the page and a list of available curricula will appear. Just click on the one you'd like to access to go its page! Each curriculum page includes a description of the curriculum, links to distance learning resources, and links to additional resources.

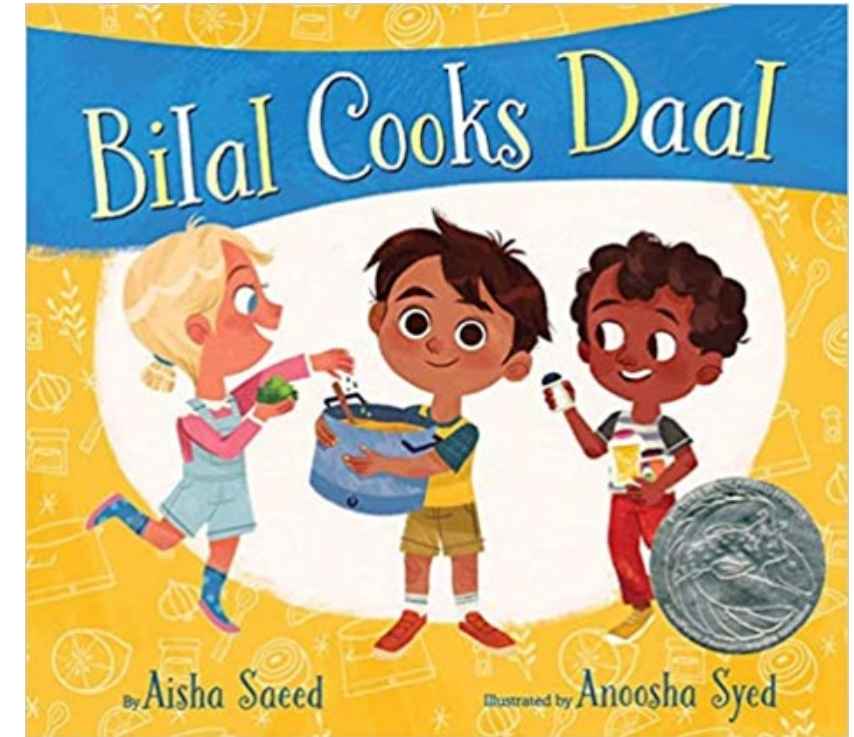
In addition to curricula, there are numerous resources for recipes, physical activity, and gardening. Click on the links below, or at the top of the page, to access these resources.

It's My Choice Lesson 4 Updates

Book reading: *Bilal Cooks Daal*

Six-year-old Bilal is excited to help his dad make his favorite food of all-time: daal!

The slow-cooked lentil dish from South Asia requires lots of ingredients and a whole lot of waiting. Bilal wants to introduce his friends to daal.



Available from Scholastic <https://shop.scholastic.com/teachers-ecommerce/teacher/books/bilal-cooks-daal-9781338669985.html>

It's My Choice Lesson 4 Updates

Story Retell sheet updated: available in English and Spanish

Lesson and Lesson PowerPoint updated (English)

Virtual Story Retell worksheet – in Extender folder

Google Drive:

<https://drive.google.com/drive/folders/1ybOGk296MGQFapAsC7EtAELRhR2SzYlr>

Engaging or re-engaging with school partners

UCCE San Bernardino
Dalila Lizárraga Alarcón
Clara Wilshire



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UCCE San Bernardino – Recruitment Steps

Step 1

Create and/or use a list of all previous contacts:

- Send out Teacher Interest Survey via email to contact list

- Check for responses often!

- Upon receiving responses, initiate contact with the teacher within 1-3 business days as part of good customer service.

Tools

- [Initial Contact E-mail template](#)

- [Teacher Interest Survey \(Google Form\)](#)

Flyer
sent with
initial
e-mail

Video

<https://youtu.be/MVzhPTl2B8M>



Nutrition Education Tailored for You! VIRTUAL and In Person

The Expanded Food and Nutrition Education Program (EFNEP) is a federally-funded program through the United States Department of Agriculture's National Institute of Food and Agriculture (USDA NIFA). EFNEP offers nutrition education to limited-resource families and children nationwide. In California, University of California Cooperative Extension (UCCE) administers EFNEP. The program is available at no cost to qualified schools and youth groups.

Program Overview

- ✓ The Educators work with teachers and/or youth leaders to set up virtual or in person learning that accommodate the needs of both students and teachers. A minimum of **6** events are planned to deliver each lesson in the curriculum.

Updates to Meet Your Classroom Needs

- ✓ **It's Back!** In person lessons taught in partnership with teachers in the classroom!
- ✓ **New!** Live stream lessons with a nutrition education in your classroom. Materials can be dropped off at the school or uploaded to virtual platforms.
- ✓ **Updated!** All lessons and materials are provided virtually taught by a nutrition educator live on Zoom or other platforms.

Who can participate?

- ✓ Low-income youth between ages 5-18
- ✓ Schools with more than 50% students receiving free/reduced price meals
- ✓ Agencies serving economically disadvantaged youth



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For more information Contact: Christine Davidson, EFNEP Program Supervisor, at cdavidson@ucanr.edu

This work is/was supported by the USDA, National Institute of Food and Agriculture, Expanded Food and Nutrition Education Program. USDA is an equal opportunity provider. It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities [Complete nondiscrimination policy statement can be found at: <http://ucanr.edu/sites/ucanr/files/213245.pdf>]. Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1345.

UCCE San Bernardino

Step 2

Follow-up email:

Give instructions on how to finalize enrollment.

Include specified Qualtrics enrollment questionnaire link in this email.

If using a fillable PDF About My Class form, attach it to this email.

For both, give the teacher a DEADLINE in order to give them a sense of urgency.

Tools

[Response to Interest Survey Email Template](#)

UCCE San Bernardino

Step 3

Upon receipt of a fillable About My Class form or completion of the Qualtrics enrollment questionnaire:

Confirm that all information is correct.

Enter the group into its appropriate Sampling Plan.

Step 4

Set up a virtual meeting with any teacher who has finalized their enrollment to discuss pertinent information.

Tools

[Virtual Initial Meeting Template](#)

[Outreach Tracking Spreadsheet](#)

UCCE San Bernardino

Step 5

In an email:

Share your youth materials as directed by the State Office

If the group is a sample group, share the Pre/Post Survey link and 'How-to' video with a deadline for completion.

If instruction will be in person:

Prepare and distribute toolkits and evaluations as needed.

Step 6: Begin your lesson delivery!

Tools

[How to Invite Guests to Google Meet Live](#)

Engaging or re-engaging with school partners

UCCE Fresno/Madera

Nancy Zumkeller



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UCCE Fresno-Madera – Engagement Strategies

Engage with school district personnel

Supervisors:

Nutrition Services

PE Manager – promoted to Middle/HS - new audience!

Educators: Home school liaison, school staff

Contact previously enrolled teachers: email, phone calls, follow-up

Ask teachers to promote program with peers

New schools – contact principal

Tools

E-mail template

Video introduction for each educator

SharePoint folder for each school

Video and Email Script: Video <https://www.youtube.com/watch?v=P7N9CuhoWps>

Hello, my name is _____, a nutrition educator with CalFresh Healthy Living, University of California Cooperative Extension Fresno/Madera Counties. I am delighted to be your nutrition and physical activity educator this school year! We have redesigned our programming to fit your virtual platforms.

Slide with the info below but we voice over:







Our Common Core aligned, and evidence-based curriculum is now...

- Offered live [where a CalFresh educator will join your virtual classroom and teach the lesson live]
- Pre-Recorded [where students watch pre-recorded lessons and teachers may guide them through the lesson]
- Teacher led [where the teacher is provided a digital version of our curriculum and can teach it virtually]
- [and best of all it is] Offered for Pre-school to 12th grade!














I am thrilled for this school year as my goal is to work with your campus to continue to create a virtual healthy school environment. I hope to hear from you soon!





District Folders

	Central Unified School District
	Coalinga-Huron Unified School District
	Firebaugh-Las Deltas Unified School District
	Fresno County Superintendent of Schools
	Fresno Unified School District
	Madera Unified School District

School Site Folders

	FUSD Addams Elementary
	FUSD Ahwahnee Middle School
	FUSD Ayer Elementary
	FUSD Aynesworth Elementary
	FUSD Baird Middle School
	FUSD Bakman Elementary
	FUSD Balderas Elementary
	FUSD Birney Elementary
	FUSD Bullard High School
	FUSD Bullard Talent K-8
	FUSD Burroughs Elementary
	FUSD Calwa Elementary
	FUSD Centennial Elementary

			2020-2021	Ayer Elementary 5272 E. Lowe Ave., Fresno, CA 93727 559-253-6400
Position	Name	Email	Phone	
Principal	Stanley Munro	stanley.munro@fresnounified.org	559-253-6400	
Vice Principal	Isaac Villanueva	isaac.villanueva@fresnounified.org	559-253-6400	
Office Manager	Ye Vue	ye.vue@fresnounified.org	559-253-6400	
Home School Liaison	SUB		559-253-6400	
Kitchen Manager	Kuljit Sidhu	kuljit.sidhu@fresnounified.org	559-253-6400	
PSE Lead	Marla LaBorde	marla.laborde@fresnounified.org	559-253-6400	
Other	Heather Reynolds (office assistant)	heather.reynolds@fresnounified.org	559-253-6400	
Other				
Other				
Other				
Other				

Contents of Folder: includes location and contact information, teacher tracking tab, recruitment efforts tab, general notes for meetings and misc. information tab

Site contacts Teacher tracking Recruitment General Notes Formulas +

UCCE Fresno-Madera – Engagement Strategies

Other strategies:

Recruitment table in teachers' lounge

Curriculum to view, sample lesson trifolds

Intro lesson sign-up sheets

Ready-made Nutrition Corners on tri-fold boards

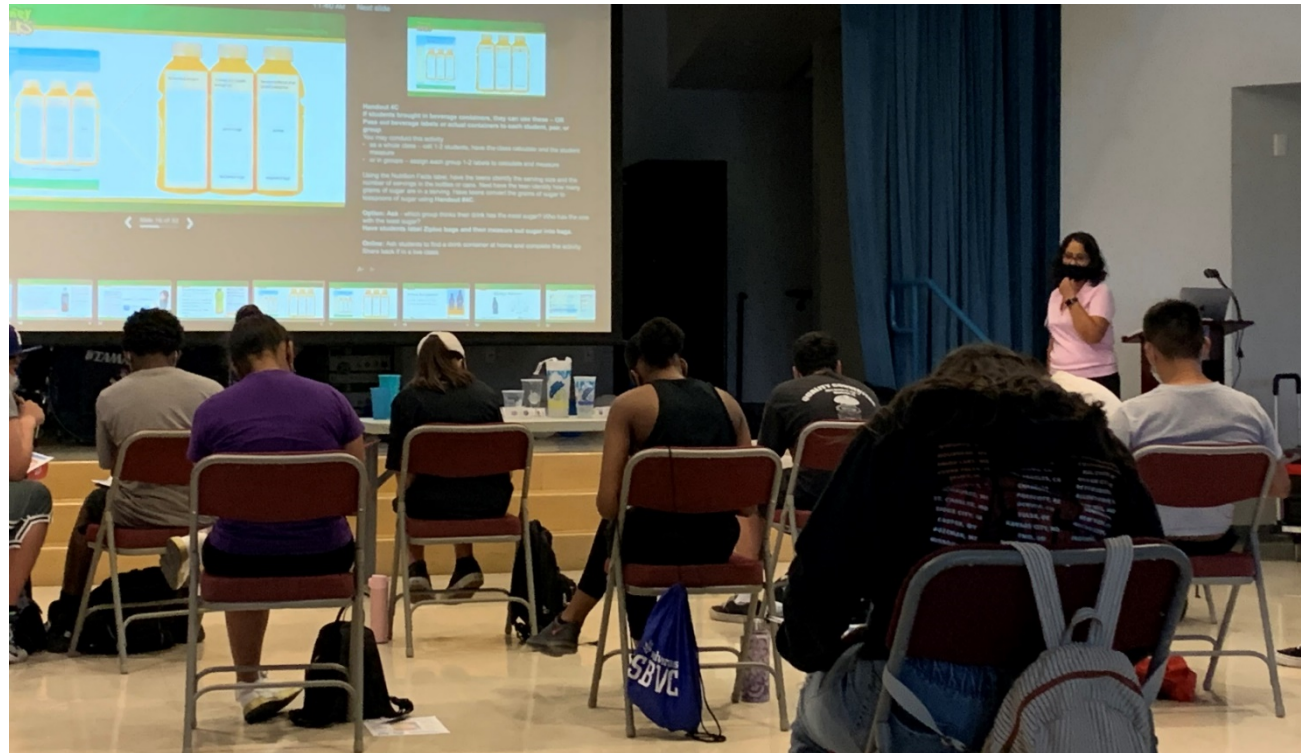
Let teachers and schools know you are available and flexible to meet their needs

Don't push too hard

Document all outreach contacts and follow up

Return to In-Person Teaching

Clara
Wilshire
and Kitzya
Herrera-
Alocer



CFHL, UC Workgroups

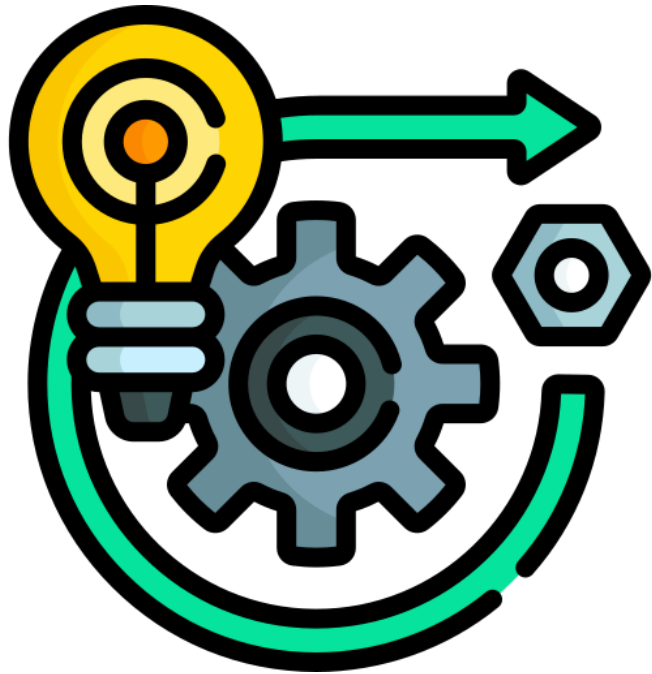


Image by [mohamed Hassan](#) from [Pixabay](#)



CFHL, UC Workgroups

Continuing Workgroups



- Evaluation
- Gardens
- SLM
- ECE
- Social Media & Messaging
- Promotional Materials
- Educator Self-Assessment
- School Wellness Policy

Changing Workgroups

- Parent Engagement → Adult/Community Engagement
- Schools (K-12) → Extender



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New Workgroup

- Supervisor/Manager/Advisor



[People vector created by pikisuperstar - www.freepik.com](https://www.freepik.com/vectors/people)

Workgroup Roles & Responsibilities

- **Chair:** facilitates meetings, develops agendas, ensures group is on-track to meet deliverables
- **Note Taker:** takes detailed minutes from meeting, captures action items, shares notes with group
- **Meeting Scheduler:** identifies times to meet, sends meeting invites
- **Members:** attend and actively participate in meetings, complete action items assigned to them

Work Plan Template

- Purpose
- Roles & responsibilities
- Meeting guidelines
- Objectives
- Work plan table: task, person responsible, timeline, deliverable



<div>Icons made by Freepik from www.flaticon.com</div>

Re-Opening Workgroups

- Updated Workgroup Sign-Up Sheet
 - Staff work with supervisor to determine participation
- Launch workgroups in August
- Workgroups try to build work plans for start of FFY22



[Business](https://www.freepik.com/vectors/business) vector created by photoroyalty - www.freepik.com

Questions



designed by freepik