CalFresh Healthy Living, UC: Extender Recruitment FAQ’s

The following document includes possible responses to some commonly asked extender questions in ECE, K-12, and Adult/Parent classes. It is also advised to check with your supervisor for more detailed responses specific to your county, or for questions not included in this document.

# ECE Extenders

* Am I teaching, or will you be teaching?
  + *You will provide lessons to your students at your convenience or in partnership with an educator. We will provide support services with materials, a food tasting, or garden lessons.*

* Is there a minimum lesson/minute requirement for curriculum?
  + *Depending on the curriculum, lessons are typically around an hour. The delivery strategy is flexible. You can split the lesson up into a few segments (by activity, for example). Implementing the whole lesson-series in order is most important.*

* Do I need to send out the parent newsletter?
  + *We highly recommend that you send out the parent newsletter as it helps reinforce learning that happens in the classroom at home. If you require assistance with making copies of the newsletters, please reach out to your CalFresh Healthy Living, UC contact.*

* Do you provide the ingredients for the recipe?
  + *We provide ingredients for the recipe upon request. Please reach out to your CalFresh Healthy Living, UC contact for more information.*

* Is this curriculum aligned with the Early Childhood Education learning standards?
  + *Yes, most of the curriculum we offer is aligned with the Early Childhood Education learning standards. For more information, please reach out to your CalFresh Healthy Living, UC contact.*
* What are the benefits of participating in the CalFresh Healthy Living, UC program?
  + *CalFresh Healthy Living, UC programming provides free education and activities that promote living a healthy lifestyle in your community. You will receive evidence-based curricula, teaching materials and Nutrition Education Reinforcement Items (when applicable, available upon request).*

* What are the health benefits for students and their families?
  + *The CalFresh Healthy Living, UC program encourages pre-K programs to create a healthy environment for their students. Our programming teaches students and their families the foundations for healthy eating and living an active lifestyle. After participating in the CalFresh Healthy Living, UC program, students are better able to identify and try new healthy foods.*
* Do teachers receive a certificate for completing a curriculum training?
  + *We can provide certificates upon request.*

# K-12 Schools Extenders

* Is there a minimum lesson/minute requirement for curriculum?
  + *Depending on the curriculum, lessons are typically around an hour. Delivery strategy is flexible. You can split the lesson up into a few segments (by activity, for example). Implementing the whole lesson-series in order is most important.*
* Am I teaching, or will you be teaching?
  + *You will provide lessons to your students at your convenience or in partnership with an educator. We will provide support services with materials, a tasting, or garden lessons.*
* Do I need to send out the parent newsletter?
  + *We highly recommend that you send out the parent newsletter as it helps reinforce learning that happens in the classroom at home. If you require assistance with making copies of the newsletters, please reach out to your CalFresh Healthy Living, UC contact.*
* Is this curriculum aligned with the K-12 learning standards?
  + *Yes, most of the curriculum we offer is aligned with California Common Core and some are aligned with the Next Generation Science Standards. For more information, please reach out to your CalFresh Healthy Living, UC contact.*
* What are the benefits of participating in the CalFresh Healthy Living, UC program?
  + *CalFresh Healthy Living, UC programming provides free education and activities that promote living a healthy lifestyle in your community. You will receive evidence-based curricula, teaching materials, books, and Nutrition Education Reinforcement Items (when applicable, available upon request).*
* What are the health benefits for students and their families?
  + *The CalFresh Healthy Living, UC program encourages schools to create a healthy environment for students. Our programming teaches students and their families the foundations for healthy eating and living an active lifestyle. After participating in the CalFresh Healthy Living, UC program, students will be able to better identify and try healthy foods*
* What happens if equipment or a kit goes missing?
  + *Reach out to your CalFresh Healthy Living, UC contact for more information. Depending on the kit or equipment, we may or may not be able to replace it.*
* Do teachers receive a certificate for completing a curriculum training?
  + *We can provide certificates upon request.*

# Adult/Parent Class Extenders

* Are the classes in-person or virtual?
  + *We can offer classes in-person, virtually, or in a hybrid model (both in-person and virtual).*
* Do individuals have to commit to going to all classes?
  + *We encourage participants to attend all classes, but it is not a requirement.*
* What languages are offered?
  + *Services are offered in different languages than English and Spanish depending on county capacity. Please reach out to your CalFresh Healthy Living, UC contact for more information.*
* Do participants receive a certificate after completing the course?
  + *We can provide certificates upon request.*
* What are the benefits of participating in the CalFresh Healthy Living, UC program?
  + *CalFresh Healthy Living, UC programming provides free education and activities that promote living a healthy lifestyle in your community. You will receive evidence-based curricula, teaching materials, books, and Nutrition Education Reinforcement Items (when applicable, available upon request).*
* What are the health benefits for participants?
  + *The CalFresh Healthy Living, UC program teaches participants and their families the foundations for healthy eating and living an active lifestyle. After participating in the CalFresh Healthy Living, UC program, participants will be able to better identify and try healthy foods.*