**SUCCESSES**

- Early childhood teacher extenders (68) at 28 preschool sites, used Go Glow Grow Curriculum (6 lessons) to conduct 817 sessions, providing 666 hours of extender education, reaching 1,615 children less than 5 years old with nutrition education.

- Reached 526 adults and seniors with series-based nutrition education and one-time workshops.

- Oakland Unified School District Free Meal Distribution sites (21) received 3,926 edible plant donations, activity packets for students and planting instructions.

**RESULTS**

**Youth**

- 94% of 624 children reported trying a new food (kale) and 86% of them reported they are willing to eat it again.

**Adult**

- Follow-up assessments of 93 Adults and Seniors found 83% reported that they will use the "Nutrition Facts" on the food label to choose foods. While 93% of 129 reported "Yes" when asked if they intend to improve their Sugar Sweetened Beverage consumption.

**Organizational**

- School Gardens – 20 sites
- CATCH for Early Childhood Education – 28 sites

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**IMPROVING CALIFORNIA’S HEALTH THROUGH SNAP-ED**

**County Statement:**

California SNAP participation rate ranks 48 among all states (USDA). Alameda County has a Program Access Index of 53.2% which estimates CalFresh utilization among low-income individuals (CFPA). Over 16% of individuals in Alameda County live below the poverty level; 20.7% are under the age of 18; 30.9% are single parents; and over 13.5% are 65 and over (Census). The Food Bank reports that 40,000 (40% children, 18% seniors) seek food weekly; over 82% run out of CalFresh benefits monthly; 47% choose between paying rent and food. One in 4 Alameda County residents are food insecure and those hungry are 38% families with children and 39% seniors. Since COVID19 the Food Bank saw their food access activities increase as high as 70%.

**Serving Individuals and Communities**

- 1,615 youth ages 3-5 were reached with 817 sessions of evidenced-based nutrition education curricula conducted with over 666 extender education hours.

- 526 low-income adults and seniors were reached with 157 hours of instruction: 94 series-based workshops, and 18 one-time only workshops.

**Providing Education**

- Go Glow Grow curriculum used in 28 Early Childhood Education (ECE) sites by 68 teachers reached 1,794 students ages 3-5

- Grow it! Like it! Try it! Curriculum used in 20 ECE sites by 54 teachers reached 1,403 students ages 3-5

- Eat Smart Live Strong, Making Every Dollar Count, and Eating Smart Being Active Curriculum reached 126 Adults and Seniors at 8 sites including: schools, low-income housing sites, shelters, and recovery centers, and Eat Healthy Be Active Community Workshops reached 61 participants at 2 sites.

**Helping to Make Organizational and Environmental Changes**

- CATCH Activity Box for ECE is implemented at 28 ECE sites, reached 1,615 students ages 3-5.

**Serving California Agriculture**

- Early Childcare Education school gardens operating at 20 sites grew over 20 varieties of fruits and vegetables.

- 3,926 edible plant starts were distributed to families at 21 Oakland Unified Free Meal sites.

**Building Partnerships**

- Oakland Unified School District
- Alameda County Public Health Department
- Oakland Housing Authority
- Satellite Affordable Housing
- Alameda County Resource Conservation District
- Master Gardeners of Alameda County

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