

FFY2022 UCCE Butte Cluster



SUCCESSES

- The Yuba City Unified School District Summer Enrichment Program reached 422 elementary school students through training extenders and implementing recipe demonstrations for Culinary Week
- Teams with Intergenerational Support Curriculum Extender Trainings reached over 800 elementary school students with garden education



RESULTS

Youth

- 7,592 healthy food tastings reported. "This is the best and I'm going to ask my family to make this today" - Sutter County Student

Adult

- At least 85% of nutrition education series participants showed improvement in planning meals. "When I plan ahead, I buy healthier foods"

Organizational

- 32 Nutrition and/or Physical Activity changes adopted reaching 1,815 youth

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

CalFresh Healthy Living, UC Cooperative Extension (CFHL, UCCE) Butte Cluster collaborates with school and community-based partners, UC Master Gardeners, Farm Advisors, and 4-H programs in Butte, Colusa, Glenn, Sutter and Yuba Counties to provide comprehensive, research-based nutrition, garden, and physical activity programming to diverse, low-income communities. Recognizing that nutrition and physical activity behaviors are dependent on many factors including individual knowledge and skills and social determinants including access to resources, opportunities and regional and institutional policies, CFHL, UCCE Butte Cluster works with partners to identify and address barriers to health and wellness.

Serving Individuals and Communities

- 15,381 students at 34 school sites (including after school programs) received series-based lessons utilizing nutrition, physical activity and garden curricula
- 72 youth and 119 adults at community sites (residential, cultural centers, and school readiness programs) received series-based lessons utilizing nutrition, physical activity and money management curricula

Providing Education

- 124 Teachers at 22 school sites received technical assistance and training on conducting the Taste Test Tool (TTT) and utilizing CalFresh Healthy Living nutrition, physical activity and gardening curricula. There were 474 completed taste test tools for Butte Cluster.

Helping to Make Organizational and Environmental Changes

- A total of 34 extenders at two school sites were trained to use the Coordinated Approach to Child Health (CATCH) physical activity curriculum.
- A total of 26 extenders from 10 sites were trained to use the Teams with Intergenerational Support (TWIGS) gardening education curriculum

Serving California Agriculture

- CalFresh Healthy Living, UCCE Butte Cluster educators provided 3 presentations at the California Ag in the Classroom Conference
- Established, expanded, and/or maintained 7 edible school gardens

Building Partnerships

- The CFHL, UCCE Butte cluster partners with local schools, districts, low-income housing, and community organizations to implement nutrition, gardening, and physical activity Direct Education and Policy, Systems, and Environmental changes

5 County Center Drive Oroville, CA 95965 (530) 538-7201