



FFY2022 UCCE Kern

SUCCESSES

- In FFY 22, CFHL, UCCE Kern delivered food resources management nutrition sessions to 64 sites and partnered with 1 coalition.
- CFHL, UCCE Kern reached 735 SNAP-Ed eligible adults and youth participants.
- 15 teacher extenders provided 143 hours of CATCH ECE reaching 130 youth participants ages 3-5.



RESULTS

Youth

- 130 students increased structured physical activity.

Adult

- Of the 118 adult participant who completed PSSC pre-post surveys, 85% increased at least one of five behaviors (plan, prices, shop, think, facts) and 35% are more food secure.

Organizational

- 7 PSEs (policy, systems, and environmental changes) were achieved by CATCH ECE

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

CalFresh Healthy Living, UCCE Kern helps alleviate pressing economic and health concerns faced by Kern County residents by providing knowledge and skills they need to manage their resources, thereby improving their ability to purchase healthy food.

Serving Individuals and Communities

CFHL, UCCE Kern delivered comprehensive nutrition and physical activity education sessions to reach SNAP-Ed eligible participants. Reach included

- 735 eligible adults and youth through direct education
- 106 participants through indirect education

Providing Education

CFHL, UCCE Kern educators and 15 teacher extenders provided evidence-based nutrition education to adults and youth. Evidence based curriculum used were:

- Healthy, Happy Families, Plan, Shop, Save, and Cook, Making Every Dollar Count, Coordinated Approach to Child Health Early Care Educations (CATCH ECE), UCCE Connects to You

Helping to Make Organizational and Environmental Changes

CFHL, UCCE Kern supports PSE initiatives by providing trainings, resources and support to implement CATCH ECE at migrant head starts in the outlining areas of Kern.

Building Partnerships

Collaborated with 64 sites which included: Bakersfield City School District, Kern High School District, Dignity Community Wellness, Southeast Neighborhood Partnership Family Resource Center, Community Action Partnership of Kern, and Community Action Partnership of San Luis Obispo

"I've been making better choices & picking healthier foods for my family."
-Kern Participant



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