

FFY2022 UCCE San Francisco County

SUCCESSSES

- ✿ Provided standards-aligned nutrition education and the promotion of physical activity to 633 individuals
- ✿ Supported 120 San Francisco County residents with indirect education
- ✿ Deepened relationships with early care sites to support improved physical activity and nutrition practices



RESULTS

- ✿ When asked, 8 out of 11 *Plan, Shop, Save & Cook (PSSC)* participants said they would eat foods from all 5 food groups more often
- ✿ *"I will definitely drink more water and [eat] more fruits and veggies!" ~PSSC participant*

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

San Francisco County has a population of approximately 883,000 people, 24% residents are SNAP-Ed eligible. Approximately 202,576 people live at or below 185% of the poverty level. Inflation and a potential recession may further challenge budgets for low-income families. Of the SNAP-Ed eligible population, 67% of adults are overweight/obese.

Serving Individuals and Communities

- In FFY2022, CalFresh Healthy Living, UC (CFHL, UC) provided evidence-based nutrition education and/or structured physical activity lessons to 491 youth and 142 adults.

Providing Education

- Education focused on expressed needs from partner sites. Provided nutrition education and the promotion of physical activity at 16 SNAP-Ed qualified schools, preschools, and other community-based organizations.

Helping to Make Organizational and Environmental Changes

- Active participant in the Policy, Systems and Environmental Action Team and Equity Action Team of Shape Up San Francisco, a collaborative committed to reducing chronic disease health disparities.

Serving California Agriculture

- Both youth and adult lessons promoted the benefits of fruit and vegetable consumption.

Building Partnerships

- Strong partnerships with:
 - Children's Council of Santa Francisco
 - Mission Neighborhood Centers
 - Galileo High School
 - Kai Ming Head Start

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