



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources



# FFY2023 UCCE Riverside

## Successes

- Reached 132,654 county-wide with indirect education, 25,435 newly reached.
- Reached 4,131 total participants with direct nutrition, physical activity & garden-based education.
- 90% of pre-kindergarten and 1<sup>st</sup> grade teachers agree or strongly agree that compared to the beginning of the school year, more students now can identify healthy food choices.

## Results

### Youth

- 46% of surveyed middle & high school youth increased the number of times they ate vegetables yesterday.

### Adult

- 92% of adults surveyed intend to increase the frequency of making a list the next time they grocery shop.
- Of the 72 participants completing pre/post Plan, Shop, Save & Cook survey, 85% reported improvement in the frequency of using at least one of the five food resource management behaviors.

### Harvesting for Traditional Food Systems

- *We are planting seeds for the next 7 generations to be the ones who will grow food to be our medicine, harvest the medicine to be our food, and fill the food baskets to feed our tribe and community.*  
- Tribal Council Member, Torres Martinez

## Improving California's Health Through CalFresh Healthy Living

### *County Statement:*

The CalFresh Healthy Living, UCCE Riverside program (CFHL, UCCE) works with low-resource schools and community organizations to promote healthy eating, gardening, active living, and adoption of policy, systems, and environmental initiatives that can contribute to improved, long term health outcomes.

### Serving Individuals and Communities

- Reached over 3,200 youth & over 400 adults with direct education.
- Provided 10 classes at Department of Public Social Services Offices, reaching 151 adults.

### Providing Education

- Reached 367 early childhood (ECE-Transitional Kinder) in district-wide direct education with *Go Glow Grow* curriculum.
- Reached 2,739 Kinder through 12<sup>th</sup> grade youth with direct education in *My Amazing Body*, *Good for Me & You*, *TWIGS*, *Up4It!*, *EatFit*, *Discovering Healthy Choices*, & *Hunger Attack* curricula.

### Helping to Make Organizational and Environmental Changes

- 64 Policy, systems, & environmental changes adopted at 26 sites including 15 Smarter Mealtimes and 1 Smarter Lunchrooms Movement pre/post needs assessment scorecards.

### Serving California Agriculture

- Supported 12 gardens
  - 9 school gardens
  - 3 community gardens

### Building Partnerships

- 54 Partnerships including:
  - Torres Martinez Desert Cahuilla Indians to facilitate monthly consultative Community Wellness Committee and nutrition & garden workshops and community garden support in partnership with UCCE.
  - Coachella Valley USD to provide nutrition education for the USDA's Fresh Fruit & Vegetable Program at 4 schools and reach 137 Adult School participants with the Plan, Shop, Save & Cook series.
  - Desert Sands USD ECE to enroll ECE sites district-wide in GGG and provide teacher training to 45 ECE teachers and para educators.



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