



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources



## FFY2023 UCCE Los Angeles

### Successes

- Delivered direct education services to a total of 2,061 youth and 16 adults at 64 sites.
- Reached a total of 8,669 community members through indirect education and outreach.
- Partnered with 9 early care and education facilities, hospital/healthcare organizations, labor/workforce development groups, public health organization and schools to support community health.

### Results

#### Youth

- "It is sour but delicious, like soda but without sugar!"
- "I love it, I want to make this at home"



### Improving California's Health Through CalFresh Healthy Living

#### *County Statement:*

CalFresh Healthy Living, UCCE of Los Angeles (CFHL, UCCE) aims to reach children, families and individuals eligible for SNAP-Ed through evidence-based nutrition, physical activity and garden-enhanced nutrition education along with Policy, Systems and Environmental approaches.

#### Serving Individuals and Communities

- Developed a partnership with West Covina Unified School District to deliver direct education and provide food demonstrations to all 4th grade students at a local ranch, Hurst Ranch.
- Launched an Extender Program with LA's BEST After School Program to support 45 after school staff from 17 school sites.
- Successfully led various food demonstrations with children focusing on exposing them to new foods.

#### Providing Education

- Successfully led nutrition, physical activity and garden-enhanced nutrition lessons with children in the School and After School settings. The curriculum included lessons that exposed students to new fruits and vegetables, encouraged water consumption and promoted daily quality physical activity.
- Provided direct education to children in the Early Childhood Education setting focusing on nutrition education.

#### Building Partnerships

- Continued to coordinate with other CFHL Local Implementing Agencies and community organizations to identify gaps where programming would benefit CFHL eligible individuals, families and communities.
- Strengthened existing partnerships and developed new ones to build out direct education programming for CalFresh-eligible residents in Los Angeles County.

**For more information on CFHL, UCCE LA County programming, contact Ben Melendrez, Program Supervisor, at [bmelendrez@ucanr.edu](mailto:bmelendrez@ucanr.edu).**