

# FFY2024 UCCE San Mateo County

## Successes

- Implemented evidence-based nutrition, garden, and physical activity education with 522 individuals.
- Supported policy, systems, and environmental changes at 21 sites, reaching an estimated 5,750 individuals.

## Results

### Youth

- After trying a local produce item 78% of students reported that they “loved it” across 55 cafeteria-based taste tests.

### Adult

- *“This workshop will help me and my family because now I know healthier ways to eat, how to save money, and meal prep”* -Plan, Shop, Save, and Cook participant

### Organizational

- Co-hosted CATCH Kids Club trainings that reached over 45 YMCA staff.



## Improving California's Health Through CalFresh Healthy Living

### *County Statement:*

- San Mateo County has a multi-cultural population of approximately 748,014 residents where an estimated 13.4% are SNAP-Ed eligible. Approximately 100,234 people live at or below 185% of the Federal Poverty Level (FPL).

### Serving Individuals and Communities

- Provided educational opportunities for 413 youth and 105 adults.
- Hosted 117 sessions of nutrition, physical activity, and/or garden-based education with SNAP-Ed qualified preschools, schools, and community-based organizations.

### Providing Education

- Primarily leverage a strong schools-based approach supplemented with work across other community settings.

### Helping to Make Organizational and Environmental Changes

- Partnered with San Mateo Health to host trainings for YMCA Silicon Valley for afterschool physical activity implementation.

### Serving California Agriculture

- In partnership with school districts & food service directors, held cafeteria produce promotions of local produce at 14 school sites.

### Building Partnerships

- Key partnerships: Jefferson Elementary SD, Redwood City SD, South San Francisco SD, San Bruno SD, Connect Comm. Charter, Izzi Early Education, Peninsula Family Services, JobTrain, LifeMoves, YMCA Silicon Valley, and San Mateo County Health



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