CalFresh Healthy Living, UC Town Hall: Agenda

- The Social Media Journey (00:04:20)
- UCCE Webpage Updates-San Mateo & SF (00:36:17)
- UC ANR hiring routing flow for CFHLUC, and more about the UCANR Vaccine education efforts (00:51:15)
- Parent Engagement Workgroup (01:07:00)
- SLM Workgroup: Harvest of the Month Resources (01:16:57)
- State Office Updates (01:32:00)

*Note: Today we will be using Active Applause after each presentation.



UCANR

SOCIAL MEDIA BEST PRACTICES



UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources



DORALICIA GARAY

Social Media Strategist dgaray@ucanr.edu











WHY INVEST IN SOCIAL MEDIA?

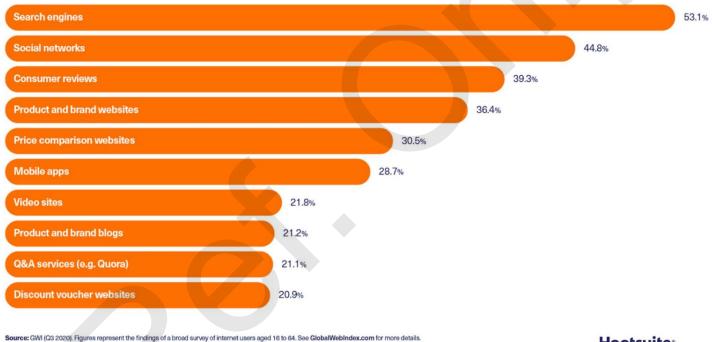
Social Media is here to stay:

- There's been a billion new social media users in the last 3 years.
- Social media users jumped by more than 13% over the past year, bringing the global total to nearly 4.2 billion.
- The number of social media users is now equivalent to 53% of the global population.

*Hootsuite

Primary channels for brand research

Percentage of internet users aged 16 to 64 who use each channel as a primary source of information when researching brands



Hootsuite[®]

SOCIAL MEDIA LIFE CYCLE



MARKETING VS SOCIAL MEDIA





- Experiment with how many daily posts work for your audience
- Only 1/3 of your content should be self promotional
- Ask questions for increased engagement



KQED shows us how #Aphids, born pregnant, invade your plants with an endless amount of clones.

"Female aphids are the matriarchs of a successful family operation—taking over your #garden. But don't lose hope; these pests have some serious predators and creepy parasites looking to take them down."

https://www.kqed.org/.../born-pregnant-aphids-invade-with...



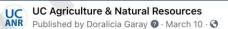
KQED.ORG

Born Pregnant: Aphids Invade with an Onslaught of Clones I KQED



FACEBOOK ALGORITHMS

- Don't use the word CLICK- FB algorithms will hide this content
- Shorter posts do better (120 characters)
- Large images do better
- Don't overuse hashtags



KQED shows us how #Aphids, born pregnant, invade your plants with an endless amount of clones.

"Female aphids are the matriarchs of a successful family operation — taking over your #garden. But don't lose hope; these pests have some serious predators and creepy parasites looking to take them down."

https://www.kqed.org/.../born-pregnant-aphids-invade-with...



KQED.ORG

Born Pregnant: Aphids Invade with an Onslaught of Clones I KQED



FACEBOOK CROSSPOSTING

- Use videos across multiple Pages
- You can crosspost an alreadyposted video without having to upload it again



- Text should be clear and concise
- Take time to research your local and trending hashtags
- Shrink links
- Try to keep characters at less than 120 so other accounts can quote you better





- Tag authors/reporters
- Tag images
- ADA compliant
- Twitter polls





- 20% promotional content, the rest should tell your story
- Use carousel feature especially during events
- Describe the picture and tag accounts





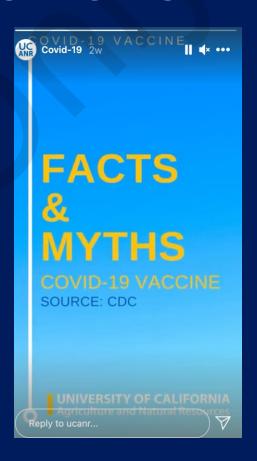
- Use line breaks for hashtags
- Use appropriate hashtags
- Research when your audience is online





INSTAGRAM STORIES

- Best for behind-the-scenes, how-to content and announcements
- Use the mentions feature to connect with others
- Go live at least once a month



TIME MANAGEMENT TOOLS

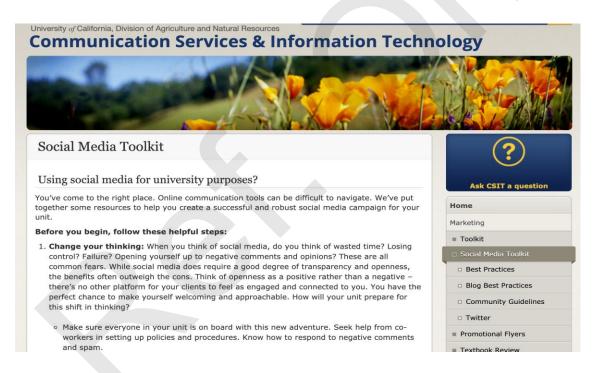
- Hootsuite/Sprout
- Canva
- Teamup







Resources: ANR Social Media Policies and Resources



Thank You!

QUESTIONS?

UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

CalFresh Healthy Living, UCCE Webpage Updates





Aileen Trujillo, MPH

Supervisor 1

Santa Clara /San Mateo/ San Francisco Counties

What is UCCE Webpage?

UC Cooperative Extension County Website

- Each county has a website
 - Provides program description for all of the UCCE county programs
 - Highlights community work
 - Advertise community outreach events
 - Contact information for each UCCE county program



Best Practices Cal Fresh





Administration → Communication Resource → General **Brandings**

- CalFresh Healthy Living, UC + UC ANR Branding Guidelines and Toolkit
- CalFresh Healthy Living, UCCE Social Media Branding Guidelines



Best Practices

- Include County Profiles
 - Publications -> <u>Success Stories and Profiles</u>
- Showcase Recent Projects
- Incorporate Social Media Webpages
- Update Quarterly



CalFresh Healthy Living, Santa Clara County UCCE Webpage





2021 Integrated Web Platform Updates

- Register your web sites for conversion to the Integrated Web Platform (Note: A site is what shows up in your portal. The sub pages are included automatically.)
 - **WHY do this?** Registering helps know which sites are active and so makes sure they are included in the Integrated Web Platform. There are hundreds of sites with little or no activity that don't need to move.
- 2. On your sites, remove unwanted files and/or delete or hide pages not wanted.
 - WHY do this? Let's include the "best" credible relevant educational content.
- 3. Update site administrators by using SiteBuilder administration WHY do this? This will help with communication to manage migration of sites or content

2021 Integrated Web Platform Updates

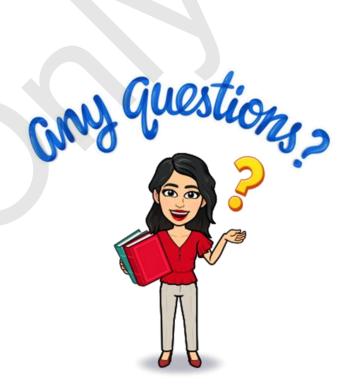
- Check the Integrated Web Platform <u>FAQS</u> and the <u>Integrated Web Platform project page.</u>
- Attend weekly office hours with Jon Wilson
 - Tuesdays at 2 pm through June.

Join by Zoom at

:https://ucanr.zoom.us/j/93160984594?pwd=bC9GTk1jOFBBVIYxS0RVcHdCa1B3QT09



Aileen C. Trujillo Santa Clara County Cluster actrujillo@ucanr.edu





NFCS Director Update

- COVID-19 Vaccine Education Information
- BOC & HR Forms routing flow for CFHL, UCCE

Presented by Katie Panarella

Director, Nutrition, Family and Consumer Sciences

UC ANR

April 20, 2021

Vaccine Education

- National Cooperative Extension is entering into a new partnership with the Centers for Disease Control and Prevention to promote the uptake of COVID-19 vaccinations through relevant messaging and innovative models for community action
- This partnership will target rural and other hard-to-reach audiences including Black, Indigenous People of Color (BIPOC) and Latinx audiences
- County Directors have received resources; NFCS adapting resources
- Can be integrated as appropriate with community orgs, volunteers and partners
- Learn more at <u>ucanr.edu/covid19</u>
- UC ANR Staff Policy on COVID Vaccinations ~ coming soon!
 - http://ucanr.edu/covid19vaccine



Let's fight COVID-19!

COVID-19 vaccination will help protect you by building immunity without the risk of severe illness.

Find out when it's your turn. Sign up at myturn.ca.gov or call (833) 422-4255 and schedule your appointment.

Protect yourself, your family and your community!





After Vaccination

Continue COVID-19 prevention measures:





Stay at least 6 feet from people who don't live with you.



Avoid crowds and poorly ventilated spaces.



Wash your hands.



Clean and disinfect frequently touched surfaces.

Join Us in Sharing the Message

Use CDC toolkits to share science-based information with your clients:

www.cdc.gov/vaccines/covid-19/toolkits/

Find more COVID-19 and Vaccination information at <u>ucanr.edu/covid19</u>

COVID Vaccine: Find out when it's your turn https://myturn.ca.gov/



Ask me how to get other disease prevention resources!



JUNIOR DISEASE DETECTIVES CURRICULUM

Virtual and in-person curriculum for ages 12+ that teach the basics of epidemiology, immunology, vaccines, and public health prevention strategies. Developed by CDC and 4-H.

https://ucanr.edu/sites/DiseaseDetectives/



ORANGE COUNTY DEPARTMENT OF EDUCATION HANDOUTS AND LESSONS

These resources address actions that students can take to reduce their risk. There are four levels; early elementary, upper elementary, middle school, and high school.

https://ocde.us/EducationalServices/StudentAchievementAndWellness/Health/VaccinationEducation/Pages/default.aspx



CENTERS FOR DISEASE CONTROL RESOURCES

The CDC has a list of resources that address the benefits and concerns surrounding vaccines. These are meant to be shared with parents, co-workers, and other decision-makers.

https://www.cdc.gov/vaccines/covid-19/vaccinate-with-confidence.html

UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



Join the fight against Covid-19 and other diseases!

Take the vaccine when it is offered to you.

It will help prevent you from getting sick.

Wash your hands.

Soap kills germs.



SOAP





Wear a mask.

Germs travel in your breath, and get trapped this way.

Stay 6 feet away from other people.

You breathe in fewer germs farther away from people.

UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



BOC and HR Forms Routing Flow Change

Key changes & reminders

- UCPath & BOC Consolidation
- BOC is the "traffic controller" for forms and approvals
- Financial Control Point is BOC business partner team lead
- Forms no longer sent to CFHLUC State Office

Recommendations

- Include in request or updated approved budget (if BAR req'd) or communication of approval (non-BAR) from the State Office
- Office managers are your resource



Staff Position Management Form

Select Statewide Program

send to BOC Team Email

Click on link for UC Path and BO list

Select UCCE Business Officer for County from dropdown

Gather signatures of supervisor, county director and

ROUTING INFORMATION			TOTAL:	0.00	
	e you receive appropriate and timely approvals. Research and Extension Center	UCCE	Administration Unit		
Identify Financial Control Point:	Select from dropdown		nents and Business Officer List		
SIGNATURES				UCPath Acce	ss for Business Officers
	by email, to the appropriate parties. Missing signatures cou	ıld mean significant d	delays in approval and processing.	DEPTID	UCPATH DEPT NAME
Supervisor (1)	Vice Provost (4b)			966001	UCCE ALAMEDA COUNTY
	RPM@ucanr.			966004	UCCE BUTTE
				966006	UCCE COLUSA
Routing Information				966007	UCCE CONTRA COSTA COUNTY
				000011	LICCE CLENN COUNTY

966011

966012

966013

966014

966015

966016

966017

966018

966019

UCCE GLENN COUNTY

UCCE IMPERIAL COUNTY

UCCE INYO/MONO COUNTIES

UCCE HUMBOLDT

UCCE KERN COUNTY

UCCE KINGS COUNTY

UCCE LAKE COUNTY

UCCE LASSEN COUNTY

UCCE LOS ANGELES COUNTY

UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

Business Officer Katherine Hanke Regina Verreos Maureen Ramirez Katherine Hanke

Katherine Hanke

Regina Verreos

Regina Verreos

Katherine Hanke

Katherine Hanke

Katherine Hanke

Maureen Ramirez

Regina Verreos

Maru Fernandez Terrasa

Business Partner Teams

Business Partner Team 1

boc-uccepartner1@ucanr.edu, Kathy

Hanke

- Alameda
- Contra Costa
- Kern

Santa Clara/ San Mateo / San Francisco Business Partner Team 2

boc-uccepartner2@ucanr.edu, Regina Verreos

- Butte
- **Imperial**
- Orange
- Placer/Nevada
- San Joaquin
- Shasta
- Stanislaus
- Tehama
- Trinity

Business Partner Team 3

boc-uccepartner3@ucanr.edu, Maureen

Ramirez

- Colusa
- Los Angeles
- Merced
- Riverside
- San Bernardino

- San Luis Obispo
- Santa Barbara
- Sutter/Yuba

Business Partner Team 4

boc-uccepartner4@ucanr.edu, Maru

Fernandez

- **Capital Corridor**
- Sacramento
- Yolo
- Fresno/Madera
- Tulare/ Kings

- Central Sierra Nevada
- Amador
- Calaveras
- El Dorado
- Tuloumne

Resources

- Flow charts and BOC directory are also uploaded in Documents: <u>UC Nutrition Education Program Advisors-Managers-Supervisors</u>
 CT
- UCCE Office Managers
- BOC Contacts:
 - Business Partner Team 1 <u>boc-uccepartner1@ucanr.edu</u> Kathy Hanke
 - Business Partner Team 2 <u>boc-uccepartner2@ucanr.edu</u> Regina Verreos
 - Business Partner Team 3 boc-uccepartner3@ucanr.edu Maureen Ramirez
 - Business Partner Team 4 boc-uccepartner4@ucanr.edu Maru Fernandez

Staff Position Management Form

Sent to Payroll

Also Hiring Manager, BPT

HR OPS / Position Administrator Enters position into UCPath.

HR Recruiter

Reviews title and PD for classification, accuracy, and approves

Financial Control (BPT)

Document tracking only

Form Owner: HR

Hiring Manager / Supervisor

Creates Zen ticket and Position Mgmt Form and **Position Description**

Resource Planning and Management (RPM) Reviews funding, validates

accounts, approves

County Director

description, approves

Financial Control (BPT)

Validates funding and

Statewide Program Director

Only if for CalFresh, 4-H, or **EFNEP**

Reviews PMF and position

approves

Financial Control / BPT

Document tracking only



Purpose

position.

Request to add a new or

Change or update a vacant

All Hiring Freeze policy and

form requirements apply

refill a vacant position.

If new position, is

accompanied with a **Position Description**

Staff Data Change Form

Sent to Payroll

Also Hiring Manager, BPT

HR OPS / Position Administrator

Enters position into UCPath.

HR Recruiter

Reviews for accuracy and approves

Financial Control (BPT)

Document tracking only

Form Owner: HR

Hiring Manager / Supervisor Initiates form

Resource Planning and Management (RPM) Reviews funding, validates

accounts only if pay or budget **impacting**

County Director

Reviews and approves

Financial Control (BPT)

Validates funding and approves

Statewide Program Director

Only if for CalFresh, 4-H, or EFNEP

Financial Control / BPT

Document tracking only



Purpose

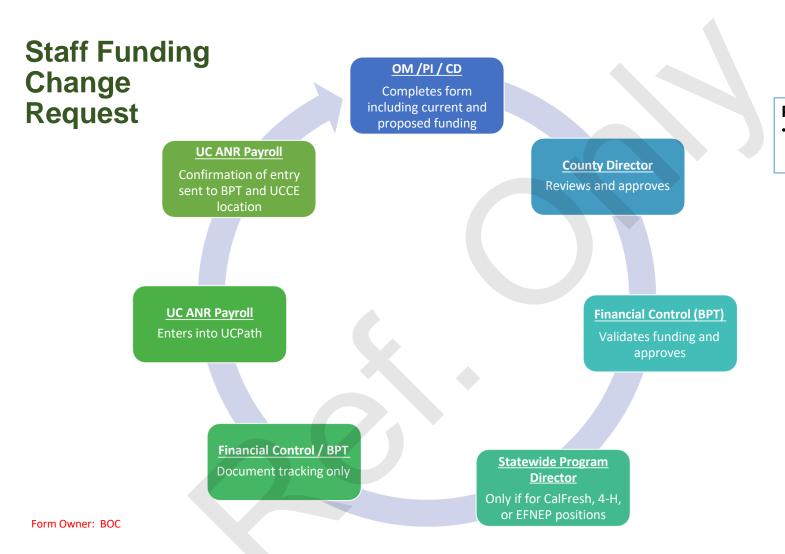
apply

Request extension,

change in appointment, job classification, pay scale or increase / decrease in FTE

All Salary Freeze policy

and form requirements



Purpose:

Extend or change funding for existing employee

UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

Thank you!

Questions?

UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources





Parent Engagement Workgroup

Kelley Brian

Deepa Srivastava

Leticia Christian

Kelly Hong

Amanda Colegrove

Alejandra Gonzales

Patricia Amezcua

Javier Miramontes

Maricarmen Anaya-Rodriguez

Parent Engagement



Survey
Parent
Needs

• Parent
Café
• Focused
Questions

Develop materials • Tip Sheet • TBD

Progress to date

Created a tip sheet, Parents needs survey, and Email template for extenders.

Parent Engagement

Results:

- Parents are overwhelmed
- Text or call
- Share Online Resources/Tip Sheets
- Share Short Videos for children and parents







Resources to Share

- 1. Interactive slideshow presentation
- 2. PDF of content from slideshow
- 3. 5 Topics in Spanish and English

Limpiar

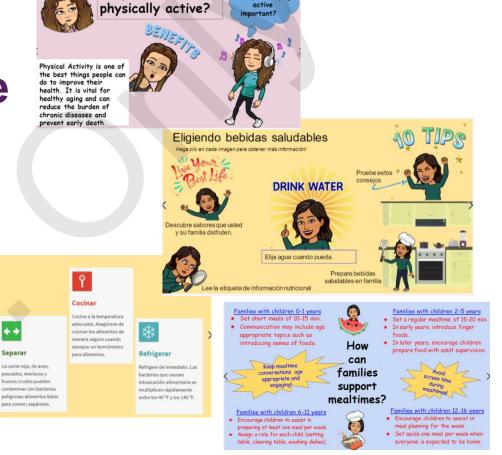
utensilios y limpie las

superficies con frecuen

propagarse y sobrevivir

Los gérmenes pueden

- Physical Activity
- MyPlate
- Healthy Beverages
- Family Mealtime
- Food Safety



Why is staying

Why should I stay





What is included?

- Title page
- 2-3 Content slides
- Sources/ Citations
- Funding and Non-Discrimination statements
- ADA Compliant

How you use these tools?

- 1. Supplemental material
- 2. Virtual Event
- 3. Post on Website or Social Media
- 4. Type in the chat ways you might use these resource.



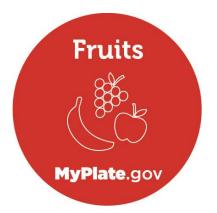
¿Qué hay que saber sobre los 5 grupos de alimentos?

¡Haga clic en cada botón de grupo de alimentos para obtener más información!



What's there to know about the 5 food groups?

Click on each food group button to learn more!











Where can you find these resources??

UC Davis



SO_COVID19_Resources> COVID-19_Workgroups> Parent Engagement Workgroup





Questions?

Co-Chairs: Patty Amezcua at pcamezcua@ucanr.edu and Kelly Hong at kqhong@ucanr.edu









SLM Workgroup Harvest of the Month Project

Purpose/Goals/Objectives

- Identify opportunities to continue to support SLM and School Nutrition Services Staff (SNS) during COVID-19.
- Modify materials to meet the needs of schools and SNS. Develop training materials for SNS staff.
 Maintain and strengthen partnerships with SNS
- Survey/Needs assessment w/FSD



SLM Workgroup



MaryAnn Mills State Office



Dr. Anna Jones State Office



Jaci Westbrook Stanislaus/Merced



Julie Lefko Santa Clara County



Nicole Ogosi Riverside County





SLM Workgroup



Martha Lopez Imperial County



Elaine Silver San Mateo/San Francisco



Wylie Skillman Tuolumne County





Survey with FSD





Results of Survey-Needs

In what areas do you need support?

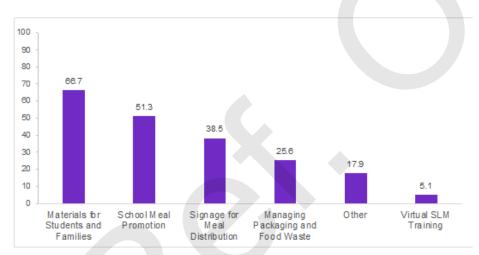


Figure 8: Support needed by percent of districts.

- "Online resources would be best."
- "CACFP requires enrichment so help with that would be great."
- "Making meal pick up exciting to increase participation."



Results of Survey-Communication

Most districts used multiple methods of communication. The most common being:

- ☐ Social media (n=29)
- ☐ Electronic newsletters/email (n=28)
- □ Robo calls (n=26)

Method(s) for school meal communication and promotion to students and families

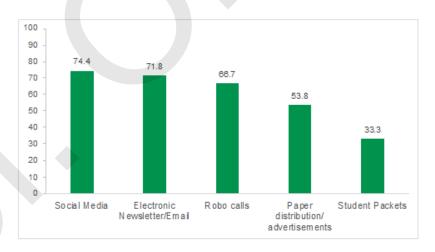


Figure 7: Percent of districts using each method of communication.



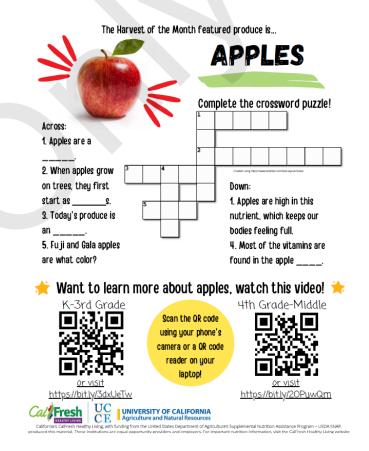




Harvest of the Month Promotion Materials for School Meals

HOTM FLYERS!

- Each flyer includes:
 - A game
 - QR codes and shorten links to videos created for the produce item
- Flyers are double sided, English and Spanish





The Harvest of the Month featured produce is...



RAISINS

Word Search

Raisin Grape Purple Gold Dried Potassium



Did you know

Fruit becomes dry when the amount of moisture in the fruit goes below 20%





Want to learn more about raisins, watch this video!

K-3rd Grade

https://bit.ly/3bm7t74

Scan the QR code using your phone's camera or a QR code reader on your laptop!





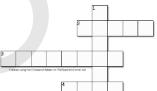
https://bit.ly/3dn5QJb



The Harvest of the Month featured produce is...



Complete the Crossword Puzzle!



Down: 1. Most oranges are _____(color).

- 2. Oranges grow on ___
- 3. This vitamin keeps our immune system strong!
- 4. The rough skin on the outside of an orange is called a _____.



🌟 Want to learn more about oranges, watch this video! 🌟

4th Grade-Middle School K-3rd Grade



https://bit.ly/3dpYCE5

Scan the QR code using your phone's camera or a QR code reader on your

laptop!



https://bit.ly/2NhLjep

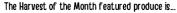




UC UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources













Finish the phrase!

- 🧶 helps tell your muscles when to move 1. Sweet potatoes are vegetables root 2. Vitamin A
- e orange, pale yellow, and purple 3. Potassium is a mineral that
- 4. Sweet potatoes are commonly confused with 🌉 keeps our eyes working 5. Sweet potatoes can be

Want to learn more about sweet potato, watch this video!



Scan the QR code using your phone's camera or a QR code reader on your laptop!



https://bit.ly/2Nbvja0

UNIVERSITY OF CALIFORNIA

The Harvest of the Month featured produce is...



Word Search

Broccoli Cabbage Family Vitamins Minerals Calcium

Did you know

Broccoli is part of the cabbage family It is related to cauliflower, kale, and many other vegetables!

Want to learn more about broccoli, watch this video! 🌟

K-3rd Grade

https://bit.ly/3dmgNUF

Scan the QR code using your phone's camera or a QR code reader on your laptop!

4th Grade-Middle

https://bit.lv/3auZJ3u





UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources



Games

- Crossword Puzzles
- Word Searches

 -With a Did you know?
 fun fact!
- Finish the phrase
- Complete the maze to find out the nutrition fact



PEACHES AND NECTARINES

Word Search

Peach Nectarine Stone Pit Vitamin A



Did you know

Genetically, peaches and nectarines are almost identical! They only have one different gene, the gene that makes peaches fuzzyl



Videos

- Age appreciate videos for produce items served by schools
- Information in videos is from Harvest of the Month as well as eatfresh.org's Discover Foods







Oranges 4th Grade-Middle School





Current Harvest of the Month Flyers:

- Apples
- Oranges
- Persimmons
- Kiwi
- Raisins
- Peaches and Nectarines

- Broccoli
- Carrots
- Sweet Potato
- Tomato
- Zucchini
- Beans



Additional Videos

We currently have additional Harvest of the Month videos for:

- Asparagus
- Blueberries
- Cucumber
- Dates
- Grapefruit
- Dates

- Kale
- Peas
- Pomegranate
- Pumpkin
- Turnips



Poll!

What produce items would you be interested in seeing flyers created for?

- Corn
- Cucumbers
- Strawberries
- Lettuce
- Green Beans
- Melon
- Other: please specify



Marketing





Ways these materials can be marketed!

- CACFP enrichment activity
- Produce Promotion for school lunches -Indirect Nutrition Education
- National School Lunch Week/Wellness Week
- Handouts have multiple interactive components





Ideas for Distribution

- Handouts distributed at meal pick up
- School wide emails



Summer feeding programming











Social Media Posts

How do I find it?

CalFresh Healthy Living Website

https://fsnep.ucdavis.edu/initiatives/slm



Thank you!

Please reach out if you have any questions!

-- Maryann, Jaci, Julie

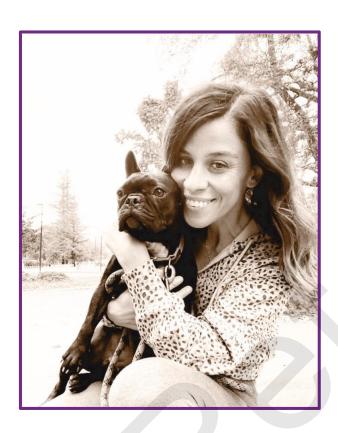








Welcome New State Office Staff!



Lolita Quintero
Evaluation Analyst II
Evaluation Team



Melanie Gerdes CES II Program and Admin Team



EVALUATION UPDATES

- New evaluation webpage with the common CFHL, UC PSE Needs and Environmental Assessments
 - FFY21 SLAQ printable questionnaires and protocols available in Box; online versions in Survey123 coming soon
- New Youth Evaluation Tools for virtual series-based DE
 - Teacher Observation Survey (especially Pre-K to Grade 3)
 - Teacher Feedback Survey (All Grades)
- April Evaluation Office Hours: 4/27 from 1-2:30pm



Planning for Health Equity

Using Assessments, Community Engagement & Cross-Sector Collaboration to Advance Health Equity

- → Listen to first-hand accounts of how CalFresh Healthy Living local implementers partnered with their communities to identify and address health inequities in their counties.
- Then join a lively, 45m. breakout session to ask questions, get answers and generally talk about the health equity work you're doing.

 REGISTER HERE



#1. May 5, 1:00 - 3:30pm

The Magic of Assessments: How to Uncover Health Disparities & Build Local Support to Address Them in Rural California



#2. May 12, 10:00 - 11:30am

Health in Transportation: Advancing Health Equity through Cross-Sector Collaboration



#3. May 19, 10:00 - 11:30am

Achieving Health Equity through Asset Based Community Engagement





Website Updates

Communication Resources Webpage

- Pathway: Administration Communication Resources
- Link: https://uccalfresh.ucdavis.edu/commresources

Program Directives, Guidance, and Processes Document on Website

- Pathway: Administration
 Program Administration
- Link: https://uccalfresh.ucdavis.edu/admin/program

Thank you!

Next Town Hall: Tuesday, May 18







