CalFresh Healthy Living, UC Town Hall: Agenda

- "Extender Models in CalFresh Healthy Living, UC: A Best Practices Guide
 - Anna Jones and Andra Nicoli, CFHL, UC State Office
 - (00:01:00)
- A Year in Reflection: Challenges & Accomplishments During the COVID-19 Pandemic
 - CFHL, UC State Office and CFHL, UC + UCCE Workgroups
 - · (00:07:09)
- Physical Activity Break (within the Year in Reflection presentation)
 - (00:00:00)
- A Tribute
 - CFHL, UC State Office
 - · (00:00:00)
- State Office Updates
 - · (00:00:00)



Introducing the "Extender Models in CalFresh Healthy Living, UC: A Best Practices Guide"

Andra Nicoli and Anna Jones, CFHL, UC State Office



Extender Models in CalFresh Healthy Living, University of California

A Best Practices Guide









Background

Why

- Addressing a long-standing need to provide a basic guide to extender models
- Introduction for new staff
- Fundamentals to CFHL, UC extender models
- Learning from peer experiences

How

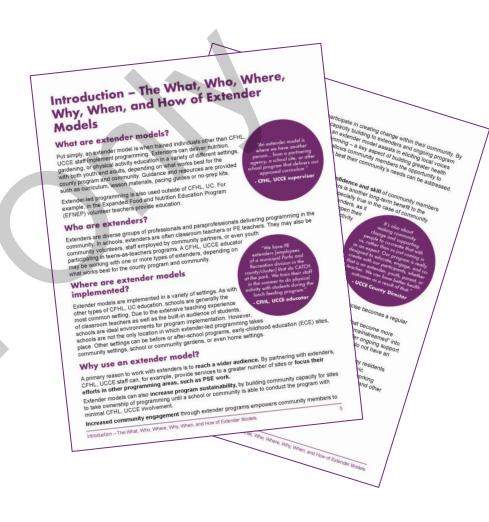
- Extender model interviews with eight counties/clusters
- Document the variety of ways CHFL, UC extends programming to community

What

- Best Practices
 Guide
- Extensive list of resources
- Supplemental videos from two counties

Introduction

- What are extender models?
- Who are extenders?
- Where are extender models implemented?
- Why use an extender model?
- When might an extender model be useful?



Getting Started

- Identifying Potential Partners
- Planning
- Communicating Expectations, Roles, and Responsibilities
 - Case Study Communicating Roles, Responsibilities, and **Expectations with Extenders**
- Identifying Appropriate Curriculum

Communicating

Getting Started

When getting started, it may be helpful to think about your current school and community partners. witten gening marked, a may be retirum u.ma, about your current acroot and community partners, in interviews conducted with counties/clusters implementing extender models highlighted strength of relationships with community partners as a key component to success. Consider current school and relayonships with community partners as a key component to success. Consure current scalor of community partners where you have a strong presence and relationships to help get extender-led

it's especially important to find the right "fit" for extender programming when starting out rather than ILE SESPECIARY IMPORTANT to annualise light. In: for extensor programming when starting our ramer that forcing it. Understanding the pattners interests and tying programming to school or site goals and overall messaging can help generate buy-in and increase sustainability.

Once potential partners have been identified, the next step is to recruit extenders. These may be backers or site leaders that have already expressed an interest, or are currently receiving CFHL. macriers or the requests that have sireably expressed an interest, or are currently recently UCCE educator-led lessons. Methods that have been used to recruit extenders include:

Discussing extender models with a district's superintendent or school site's principal before actively recruiting school teachers, students, educators, or volunteers.

- actively recruising school reachers, students, educators, or volunteers.

 Maintaining strong relationships with current extenders, which can generate possible word-ofmouth about the program within the school set. This can be supported by an active presence
 mouth about the program within the school set. This can be supported by an active presence
 at the site, such as through the delivery of CFHI, UCCE education and participation in school
 or site events. This spreads the word about health & wellness.
- Presenting the benefits of extender programming at staff meetings. While benefits will vary based on the site and community, they may include

 - Supporting local school wellness policy initiatives Expanding nutrition and physical activity education to reach more students
- Highlighting how early intervention can reduce obesity and chronic disease rates Approaching potential extenders directly and offering to co-teach. Let potential extenders know Approaching potential extenders directly and oriening to co-teach. Let potential extenders known what they are expected to do and what support they will receive by clarifying expections and they are expected to do and what support they will receive by clarifying expections and the control of the control o

After extenders have been recruited, have them complete the Teacher Extender Enrollment Form

While some planning will likely begin in advance of confirming extenders, a best practice is to involve while some paining will skelly begin in advance of continuing extenders, a beek placeure is of into the extender in the planning process. Begin the planning process early - this includes scheduling. the extender in the planning process, degin the planning process early - this includes scheduling, materials, and resources. If working with schools, it may be helpful to meet with the principal early materians, and resources, it working with schools, it may be neighbor to meet with the principal early in planning before extenders have been recruited. If funding and resources permit, create a plan for in planning before extenders have been recruized, if furning and resources permit, present span of continual material support, such as lesson kits or packets (see below section "Supporting Extenders," or packet continual material support, such as lesson kits of packets (see below section <u>Supporting Extendeds.</u>

<u>During Implementation</u> for more information), in addition to the logistics of lesson delivery, also plan for collecting evaluation and other reporting data and assessing curriculum fidelity.

During the novel coronavirus disease 2019 (COVID-19) pandemic, the Early Childhood Education CECE) COVID-19 Workgroup created a suggested list of follow-up questions for inferented leachers: Workgroup created a suggested list of follow-up questions for inferented leachers: Workgroup created a suggested list of follow-up questions for inferented leachers: Workgroup created a suggested list of follow-up questions for inferented leachers: Workgroup created a suggested list of follow-up questions for inferented leachers: Workgroup created a suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of follow-up questions for list of the suggested list of the suggested list of follow-up questions for list of the suggested li <u>extenders</u>, available via box, that may neip with planning, while these questions were designed primarily for use in ECE sites during distance learning, the majority can apply to all extender-led

education. Getting Started

Responsibilities

there is no confusion and no pre independent and have Expectations, roles and on, working with the extender

tender and educator? How

r be responsible for?

le CFHL, UCCE educator

delivered and learning

les are completed, with the extender to

ies, and

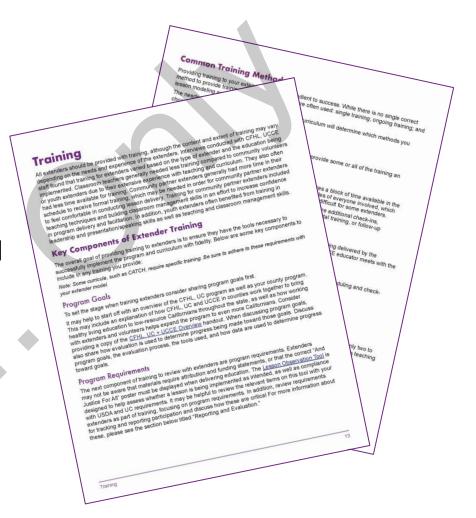
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on, teachers Teacher five to six were not

> kits with CFHL rs would ers were

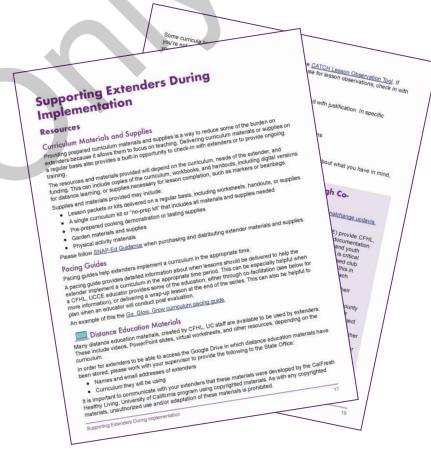
Training

- Key Components
 - Program Goals
 - Program Requirements
 - Curriculum Overview and Learning Objectives
 - Other Necessary Information
- Training Methods
 - Single Training
 - Ongoing Training
 - Lesson Modeling



Supporting Extenders During Implementation

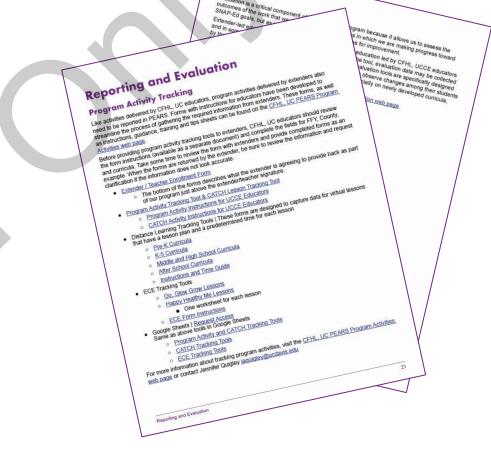
- Resources
- Curriculum and Program Support
- Curriculum Fidelity
- Case Study Cultivating YPAR Extenders Through Co-Facilitation



Reporting and Evaluation

Program Activity Tracking

Evaluation



Evaluation

Appendices

- Resources
- Extender Checklist
- Example Shasta Cluster Extender Programming and Expectations



- Brandon Louie Center for Regional Change
- Tuline Baykal Alameda County
- Mary Blackburn Alameda County
- Shawnice Fisher Shasta County Cluster
- Chutima Ganthavorn Riverside County
- Lorena Hoyos San Joaquin County
- Katie (Cathryn) Johnson, Central Sierra Cluster
- Paul Tabarez Imperial County
- Rosa Vargas

 San Luis Obispo/Santa Barbara
 Counties
- CFHL, UC State Office
- Extender Interview Participants



Questions?



Anna Jones anajones@ucdavis.edu

Andra Nicoli amnicoli@ucdavis.edu

FFY 2021 Year in Review





CFHL, **UC** Fiscal & **Administrative Team** Meet community & participant needs Build relationships & Support sites, ensure open lines of partners & communication extenders with the State Office COVID-19changing priorities, policies, and procedures Adapting to **Creating &** changing sharing policies & resources procedures **Planning for FFY 2022**

FFY 21 Program Challenges

- Pivoting to virtual delivery
 - Direct Education
 - PSE work
- Supporting CFHL, UCCE teams
- Maintaining effective partnerships
- Recruiting and engaging participants
- Sharing resources



FFY21 Program Accomplishments



- 34 curricula available
 - 263 extenders granted access
- 12 COVID-19 Workgroups
 - Monthly meetings
- Trainings:
 - What's Up Wednesdays
 - Communities of Practice
 - Youth Engagement and PA Lead Calls
 - 2021 Forum Presentations

Program Gratitude!

- CFHL, UC State Office Team
- CFHL, UC COVID-19 Workgroup Leads
- CFHL, UCCE Advisors, Supervisors, and Managers
- Most of all, CFHL, UCCE educators



Evaluation Challenges – FFY21

- Need to pivot from in-person to online evaluation
- Logistical considerations- different online survey platforms
- How to best support UCCE teams to make pivot – tip sheets, office hours
- Participant challenges feasibility of online, support needed, appropriateness
- Required some new approaches or tools



Evaluation Accomplishments – FFY21

- UCCE teams collected variety of evaluation surveys < than past years but impressive
- Already analyzed and sent out
 - What Did You Learn (WDYL) n=699 students from 10 Counties
 - Teacher Feedback Survey
 n=137 surveys from 12 Counties
 - Teacher Observation Survey n=203 surveys Adult Evaluation Surveys just or from 10 Counties
 - Youth-ITC completed with 27 groups of students from 6 Counties
 - EATS MS+HS matched pre-posts n=146 all from Riverside County
 - YPAR Retrospective Survey n=54 youth researchers from 3 Counties



soon to close

- Intent to Change (ITC) many topics
- Food Behavior Checklist pre/post
- Plan, Shop, Save & Cook pre/post
- Making Every Dollar Count (MEDC)

PSE Assessment Tools

- Site Level Assessment Questionnaires
- Smarter Meal Time Score cards



Evaluation Gratitude – FFY21

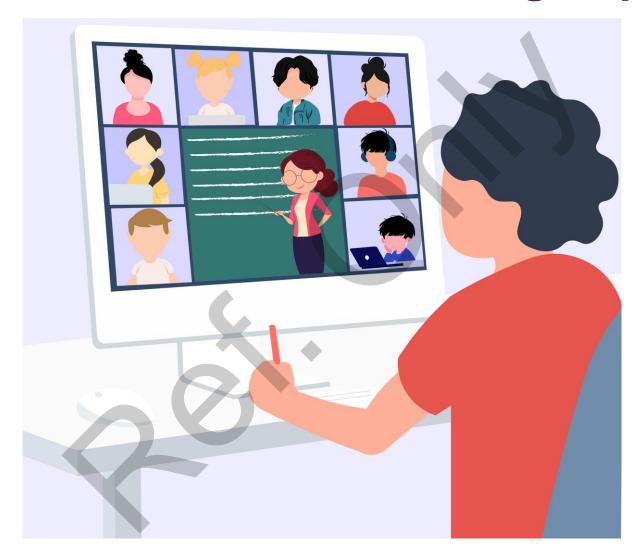
Tremendous collaboration

- State Office Director, colleagues, evaluation team, Angie and New Analyst Lolita!
- COVID-19 Evaluation Work Group invaluable input on needs, collaboratively develop new evaluation tools, improved communication, timeliness and evaluation quality
- Larger CFHL, UCCE team Contacting us with eval issues and suggested solutions, generously shared experiences Eval Office Hours, widespread appreciation for the importance of evaluation



CFHL, UC participants and partners

2021 Year in Review-Workgroups







Promotional Materials Workgroup & K-12 Schools Workgroup

Highest Level Accomplishments

1. Quality Deliverables

- ➤ Flyers, Videos, Templates, and Guidance (Promotional Workgroup)
- Needs Assessment Survey and Email used to reconnect county programs with teachers/extenders (K-12 Schools Workgroup)

2. Collaboration

Curriculum Bundles (Joint effort between both Workgroups)







One word to describe the Promotional Materials Workgroup

Efficient

Short-term workgroup needed to generate creative deliverables quickly that resonated with target audiences.



One word to describe the K-12 Schools Workgroup

Perseverance

Medium/long-term workgroup which developed materials to help county programs stay connected with and provide needed resources to teachers and schools during the pandemic.



Promotional Materials Workgroup



Andra Nicoli State Office



Itzel Palacios Riverside County



Rosalinda Ruiz Stanislaus County



Nicole Ogosi Riverside County



Maria Gutierrez
Tulare/Kings Counties



Shawnice Fisher Shasta Cluster



Deanna Cruz-Ortiz
San Joaquin County



Alejandra Giron El Dorado County





Par Care

Nancy Zumkeller Fresno County



Samantha Macomber Butte Cluster

K-12 Schools Workgroup



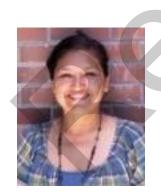
Jaci Westbrook Stanislaus County



Chanelle Vincelli Shasta Cluster



Melissa Rorabough SLO/SB Counties



Grilda Gomez Tulare County



Rigoberto
Ponce
Imperial County



Esmeralda Nunez Riverside County



Conner
Thompson
Butte Cluster





Parent Engagement Workgroup

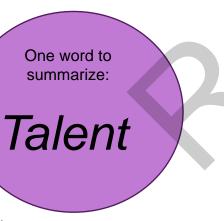
Workgroup Highlights

- Interactive slideshow presentation
- PDF of content from slideshow
- **ADA Compliant**
- 5 Topics in Spanish and English
 - Physical Activity
 - MyPlate

One word to

summarize:

- Healthy Beverages
- Family Mealtime
- Food Safety











Assign a role for each child (setting

table, clearing table, washing dishes)





- * Encourage children to assist in meal planning for the week.
 - * Set aside one meal per week when everyone is expected to be home





Thank you to all the workgroup members!

Kelley Brian

Kelly Hong

Patricia Amezcua

Deepa Srivastava

Amanda Colegrove

Javier Miramontes

Leticia Christian

Alejandra Gonzales

Maricarmen Anaya-

Rodriguez









Educator Self-Assessment Work Group

Accomplished to date:

- 1. Completed first draft
- 2. Submitted to experts for feedback THANK YOU!
- 3. Working to revise and incorporate











THE WORK GROUP























Why was this group established?

To increase CalFresh Healthy
Living, UCCE visibility in our
local communities through Social
Media.



Major Accomplishments

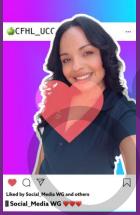
- Key messages
- Attractive visuals
- Thematic monthly content
- Updating of social media guidance
- Created social media checklist
- Reinforced social media campaigns with additional graphics



The Dream Team

Andra Nicoli
Rosalinda Ruiz
Daisy Valdez
Aileen Trujillo
Max Fairbee
Esmeralda Nunez
Eldon Bueno
Maragaret Purdy















COVID-19 ECE Workgroup

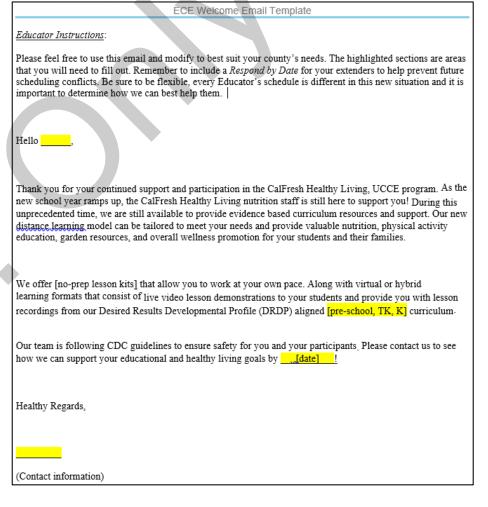






Accomplishments

- Created a welcome letter for ECE teachers/extenders
- Space to share best practices
 - Promotional flyers
 - Home garden and nutrition kits
 - Brainstorm how to improve data collection tools
- One fun fact: teamwork











Jackie Barahona **Riverside County**



Christie Hedrick Yolo County



Michele Tabor SO Lead



Lorena Hoyos San Joaquin County



Lauren Borges **Calaveras County**



Haley Kerr Alameda County



Tuline Baykal Alameda County



Marina Aguilera Tulare/Kings Counties



Marisela Ceron SF/SM/SC Counties















Evaluation Work Group

Evaluations Work Group

Not Pictured: Willow Thorpe Deepa Srivastava



Barbara MkNelly State Office



Angie Keihner State Office



Lolita Quintero (& Meg the Mule) (& Zoe the Frenchie) State Office



Karina Macias Fresno Madera



Claudia Carlos **Riverside County**



Shannon Klisch(& Bernie) San Luis Obispo County



Shawnice Fisher Shasta Cluster



Elizabeth Miranda Stanislaus County



Mary Vollinger Santa Clara/San Mateo/SF Counties







One word that describe the Evaluation Workgroup

Investment

Essential

Teamwork

Synergy

Efficient

Valuable







Evaluation Work Group Benefits and Accomplishments

Benefits

Helped State Office Evaluation Team understand evaluations needs

Assisted with clear and timely communication between State Office and counties

Provided team building and sharing opportunities across county programs

New Evaluation Tools

Teacher Feedback Survey (TFS)

Teacher Observation Survey (TOS)

What Did You Learn? (WDYL)

Youth Intent to Change (Y-ITC)















Synergy, Cohesive, Productive,



Leticia Christian



Soccoro Guiterrez



Beatriz Rojas



Lori Coker



Max Fairbee



Elizabeth Miranda



Martha Lopez



Alex Escalante



Beatriz Ramirez



Deanna Cruz-Ortiz



Miguel Diaz



Alicia Escalate







Workgroup Accomplishments

- Created an Initial contact Email to help educators reconnect with partners and agencies.
- Created agency support survey to help educators determine how to best serve partners & agencies
- Designed follow up questions to use when scheduling lessons with agencies

Workgroup Benefits

- Worked as a team with and built repour with staff from throughout the state.
- Provided feedback on the needs of educators that work with adult program participants.
- Collectively worked based off our strengths.











Smarter Lunchroom Movement Workgroup

SLM Workgroup Accomplishments

- Identified opportunities to continue to support SLM and School Nutrition Services Staff (SNS) during COVID-19.
 - Survey/Needs Assessment with FSD
- Modified and created materials for Harvest of the Month to engage with schools and SNS.

The Smarter Lunchroom Movement Workgroup

ADAPTABLE

Purpose: identify opportunities to continue to support SLM and School Nutrition Services during COVID-19.





MaryAnn Mills State Office



Dr. Anna Jones State Office



Jaci Westbrook Stanislaus/Merced



Julie Lefko Santa Clara County



Martha Lopez Imperial County



Elaine Silver San Mateo/San Francisco



Wylie Skillman Tuolumne County



Nicole Ogosi Riverside County









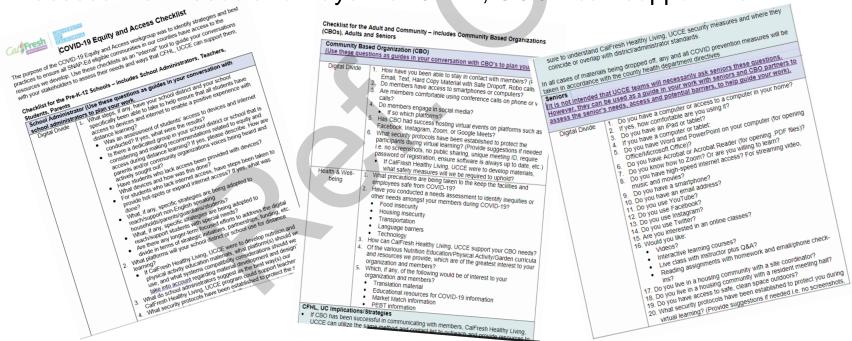


Equity & Access Workgroup

Highest Level Accomplishments

1. Quality Deliverables

The purpose of the COVID-19 Equity and Access workgroup was to identify strategies and best practices to ensure all SNAP-Ed eligible communities in our counties have access to the resources we develop. Use these checklists as an "internal" tool to guide your conversations with your stakeholders to assess their needs and ways that CFHL, UCCE can support them.









One word to describe the Equity & Access Workgroup

EFFICIENT

very compatible, efficient team that made so much progress in such a short amount of time







COVID-19 Equity & Access Workgroup Members



Jen Swanstrom Butte Cluster



Haley Kerr Alameda County



Nancy Zumkeller Fresno/Madera MCP



Tuline Baykal Alameda County



Amanda Colegrove



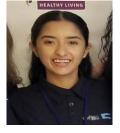
Betsy Plascencia San Luis Obispo/ Santa Barbara



Barbara MkNelly State Office



Chris Wong Imperial County



Daisy Valdez Riverside County



CH Lesson Demo Videos

ECE (pre/K): 15 lessons

K-2 grade PE: 6 lesson

3-5 grade PE: 10 lessons

Kids Club (afterschool): 11 lessons

>170 single activities developed!!!



25 Talented CATCH Video Development **Workgroup Members**

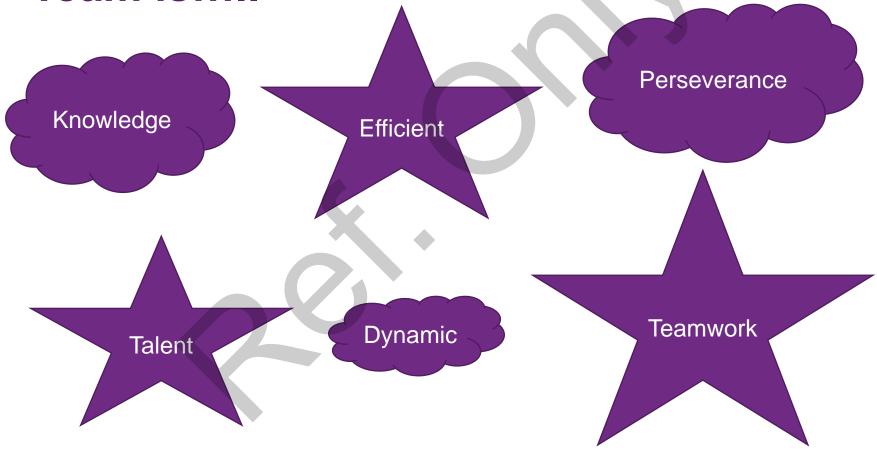
- Annabelle Factura
 Elizabeth Lopez
- Haley Kerr
- Maria Gutierrez-Lopez
- Melissa Rorabough
- Rigo Ponce
- Melissa Vang
- Ruth Salazar
- Amber Viveros

- Paul Tabarez
- Kay Oghoghorie
- Nora Lopez
- Marisela Ceron
- Chanelle Vincelli
- Greg Trevino
- Kelly Hong
- Melissa Vang
- Tian Wang

- Laura Quinones-Neri
- Coraima Linares
- Amanda Colegrove
- Conner Thomson
- Chris Wong
- Kitzya Herrera Alcocer
- Patricia Ceja Amezcua

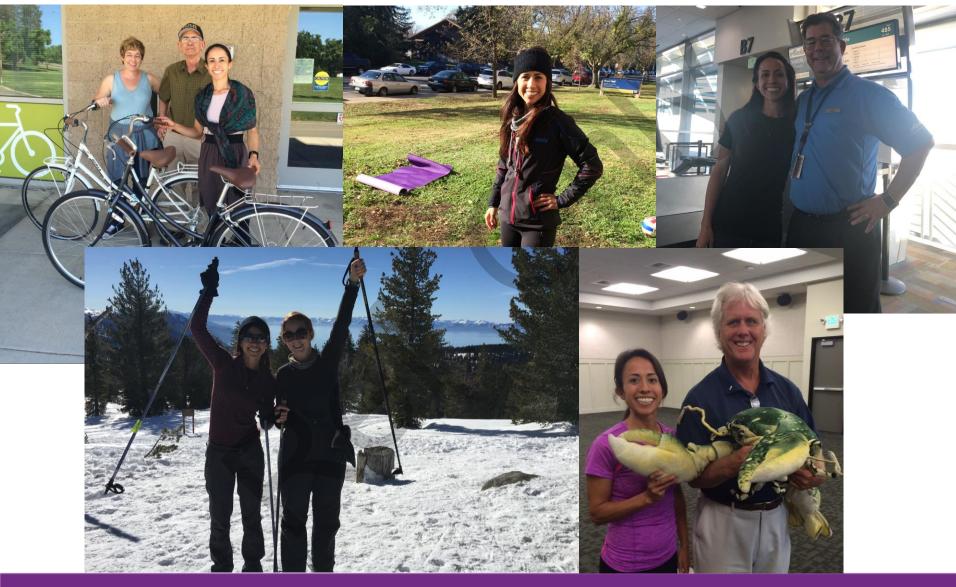


CalFresh Healthy Living, UC + UCCE Team is.....





Michele Tabor Tribute













Thank you, Michele!!!!













- Stories due in PEARS by COB September 30
- Contact Andra Nicoli (<u>amnicolid@ucdavis.edu</u>) for any story reviews or questions.

FFY 2021 Evaluation Survey Results and Portal Closures

- FFY2021 evaluation survey portal closure
 - √ Youth surveys in Qualtrics 8/10 RESULTS In BOX
 - √ Teacher surveys in PEARS 8/10
 - ✓ Adult surveys in Qualtrics COB 9/17
 - ✓ Adult surveys in PEARS COB 9/30
- Will send email when FFY21 adult survey results are posted in Box.



Gearing up for FFY 2022 Evaluation

- Held 9/14 training on new approaches for adult nutrition series evaluation – materials and recording posted in Box here.
- Working on updating evaluation data collection portals and recommendations for FFY 2022 to be ready by October 1
- Will send email when Evaluation webpages are updated for FFY2022
- Sept 28th Evaluation Office hours review evaluation recommendations for FFY2022. Outlook invite sent - OPTIONAL



FFY 2021 PEARS Close Dates

- October 4, 2021
 - PEARS "Closed" for all CFHL, UC LIA's | Complete FY21 PEARS Data Entry
 - State Office conducts final review of data and posts requested updates in county/cluster Box folders COB October 6, 2021
- October 8, 2021
 - County/Clusters to complete requested final corrections or feedback for final cleaning
- October 11, 2021
 - PEARS Will open for FFY 2022 data entry
- October 11- October 14, 2021
 - FFY21 PEARS Data Cleaning | State Office data managers will communicate with CFHL, UC LIA's to finalize data

Program & Indirect Activities		PSE Activities	Partnerships and Coalitions	Success Stories
Jennifer Quigley jaquigley@ucdavis.edu	<u>ake</u>	Angie Keihner eihner@ucdavic.edu	Barbara MkNelly bmknelly@ucdavis.edu	Andra Nicoli amnicoli@ucdavis.edu





Reporting Facebook Post Reach

- Facebook Post Reach Reporting Template and Instructions
 - Posted on the <u>CFHL</u>, <u>UC Indirect Education webpage</u>

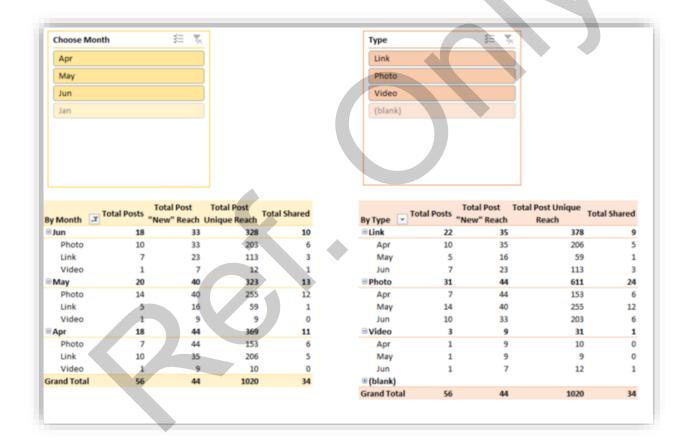




- Excer remplate for aggregating Post Reach
- Instructions for using template and reporting into PEARS



Just add Data



FFY 2021 Fiscal Close Schedule

To ensure all appropriate expenditures post to the September 2021 ledger, please follow the deadlines below:

- Submit invoices for approved Purchase Orders/Purchase Agreements by Wednesday, 9/22/2021.
- Submit Pcard expense reports and travel expense reports in AggieTravel as soon as possible, but no later than Wednesday, 9/22/2021.
- Submit purchases in AggieBuy as soon as possible, but no later than Wednesday, 9/22/2021.
- For County Directors, Principal Investigators, and other Supervisors – approve Pcard expense reports, travel expense reports (in AggieTravel) and requisitions (in AggieBuy) no later than Friday, 9/24/2021.
 - For travel that may occur in late September, submit expense reports in AggieTravel no later than Friday, 10/1/2021.



FFY 2021 Fiscal Close Schedule (cont.)

- Biweekly-paid employee timesheets submitted in the Time Reporting System by 5pm on Friday, 10/1/2021 per UCPath timelines.
 - Supervisor approvals needed by 12pm on Monday, 10/4/2021.
- Monthly-paid employees submit September timesheets per UCPath schedules.
 - Supervisor approvals are needed ASAP as well.

Questions?

Contact your Business Partner at the BOC

Team 1: boc-uccepartner1@ucanr.edu

Team 2: boc-uccepartner2@ucanr.edu

Team 3: boc-uccepartner3@ucanr.edu

Team 4:boc-uccepartner4@ucanr.edu



Thank you! Next Town Hall:

Tuesday, October 19







