

# CalFresh Healthy Living, UC Town Hall: Agenda

- **PA Break (00:01:32)**  
Jillian Blackwell, UCCE, CFHL Shasta Cluster
- **College and Career Pathways Toolkit (00:06:22)**  
Brandon Louie and Alyssa Nelson, UC Davis Center for Regional Change
- **Nutrition Corner: Universal School Meals (00:28:26)**  
Anna Jones, CFHL, UC State Office
- **Increasing Social Media Followers (00:47:04)**  
Dora Garay, UC ANR
- **County Health & Wellness Highlight (01:00:05)**  
Veronica VanCleave-Hunt, UCCE, CFHL, Butte Cluster
- **State Office Updates (01:08:51)**

# PA Break Shasta Cluster



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources



See recording for video of PA Break

# Scatter Square Dancing

- **Keep Time to the Music** –Clap, Snap, Slap or move to the beat of the music while standing in place
- **Turn One Alone** –Turn Around in Place
- **Hit the Lonesome Trail** –Walk Around in the Space
- **Tumble Weed** –sit or crouch down and spin on the floor
- **Lasso** –Stop in place, Stomp one foot and Circle Hand Overhead
- **Cyclone** –While walking, Turn two times and Continue Walking







# Developing a Jobs, Learning & Career Pathways Toolkit for YPAR Facilitators

Alyssa Nelson & Brandon Louie  
UC Davis Center for Regional Change



**UCDAVIS**  
Center for Regional Change

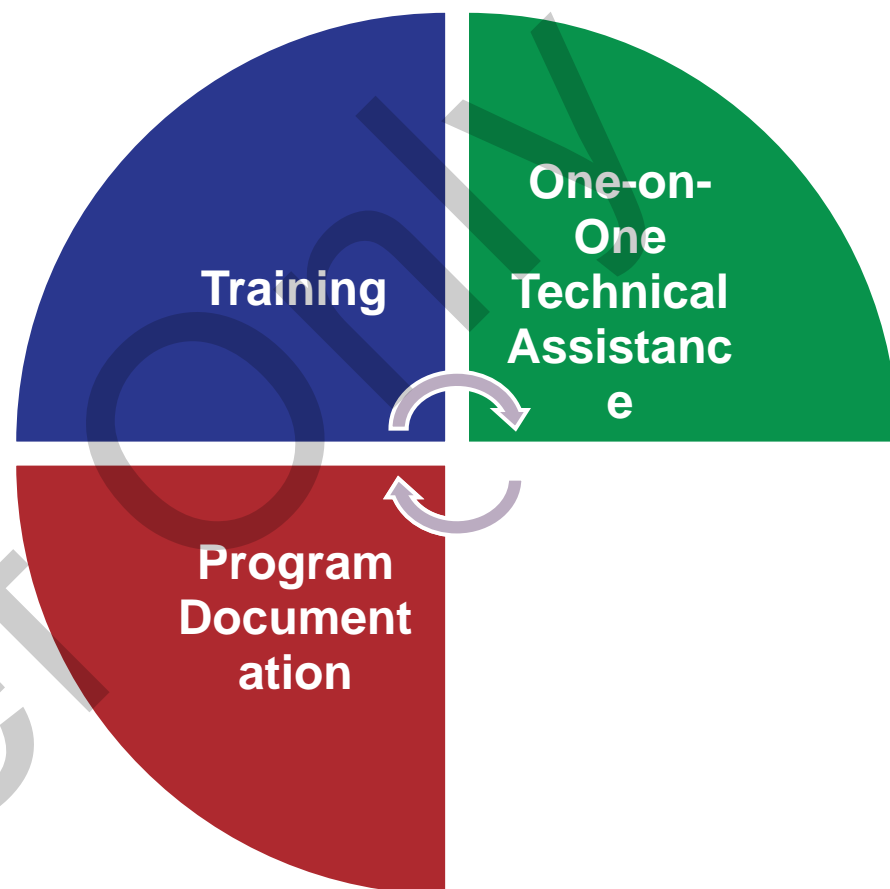


**UCDAVIS**  
SCHOOL OF EDUCATION



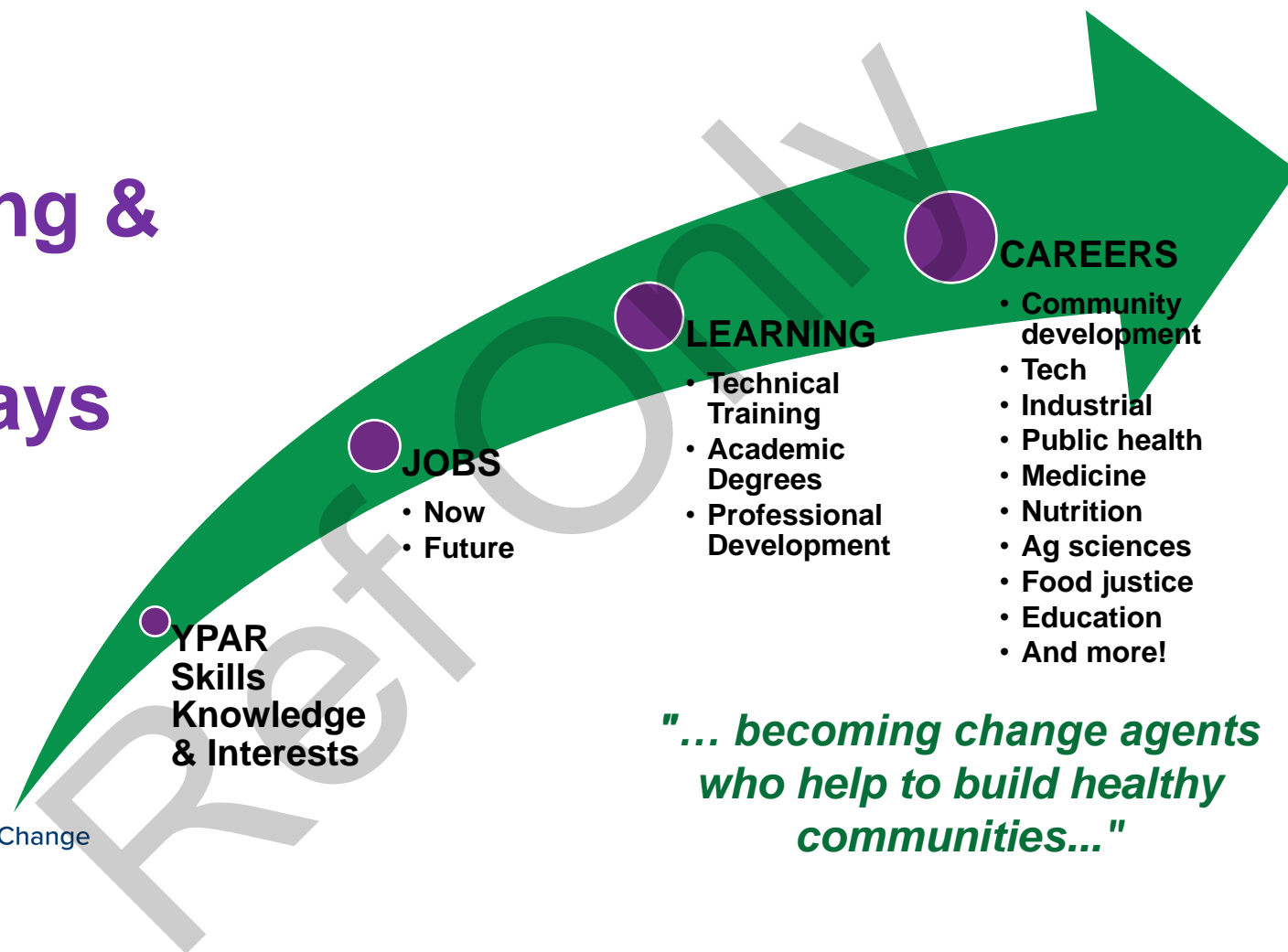
California's CalFresh Healthy Living, with funding from the United States Department of Agriculture's Supplemental Nutrition Assistance Program – USDA SNAP, produced this material. These institutions are equal opportunity providers and employers. For important nutrition information, visit [www.CalFreshHealthyLiving.org](http://www.CalFreshHealthyLiving.org).

# Supporting YPAR & Youth-led PSE Change Interventions





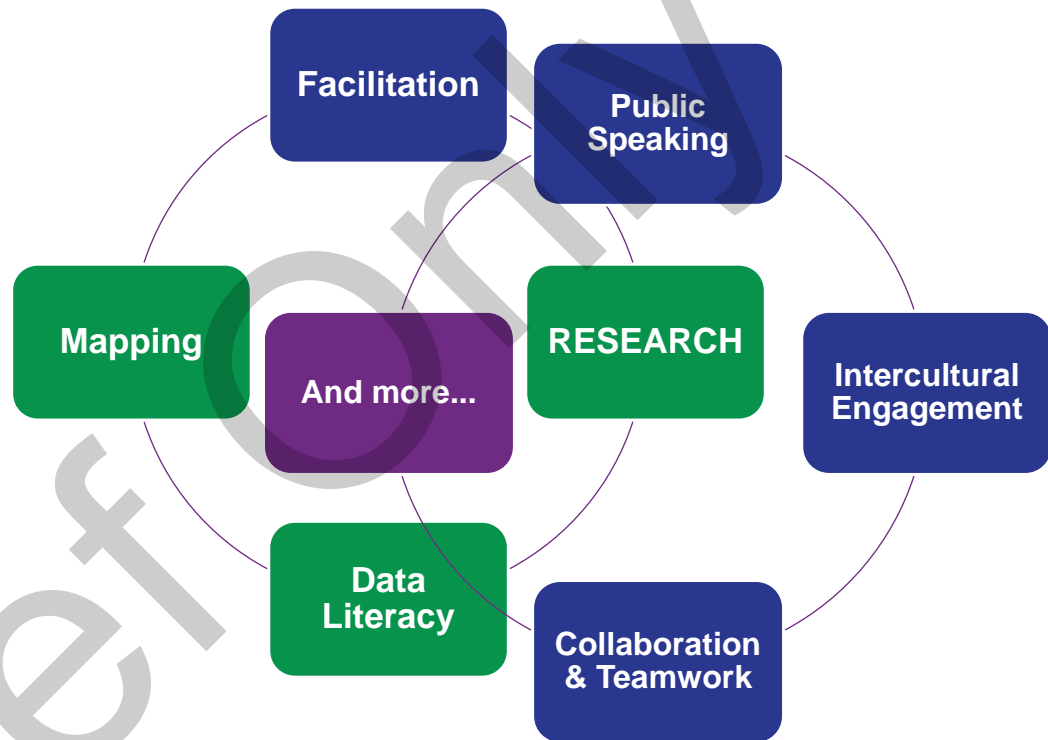
# Jobs, Learning & Career Pathways Toolkit



*"... becoming change agents  
who help to build healthy  
communities..."*

# YPAR Skills

**Y**outh-led  
**P**articipatory  
**A**ction  
**R**esearch



# YPAR Approach

Experiential Learning  
and  
Making Change

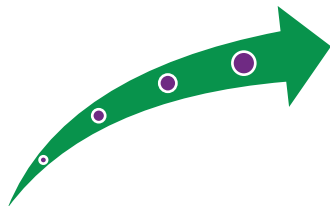


***Action-Reflection-Action Cycle***

**ACTION**

**REFLECTION**

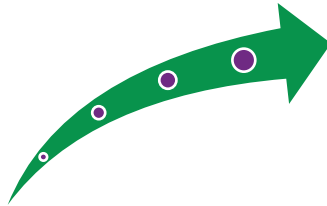
# A Vision for the Toolkit



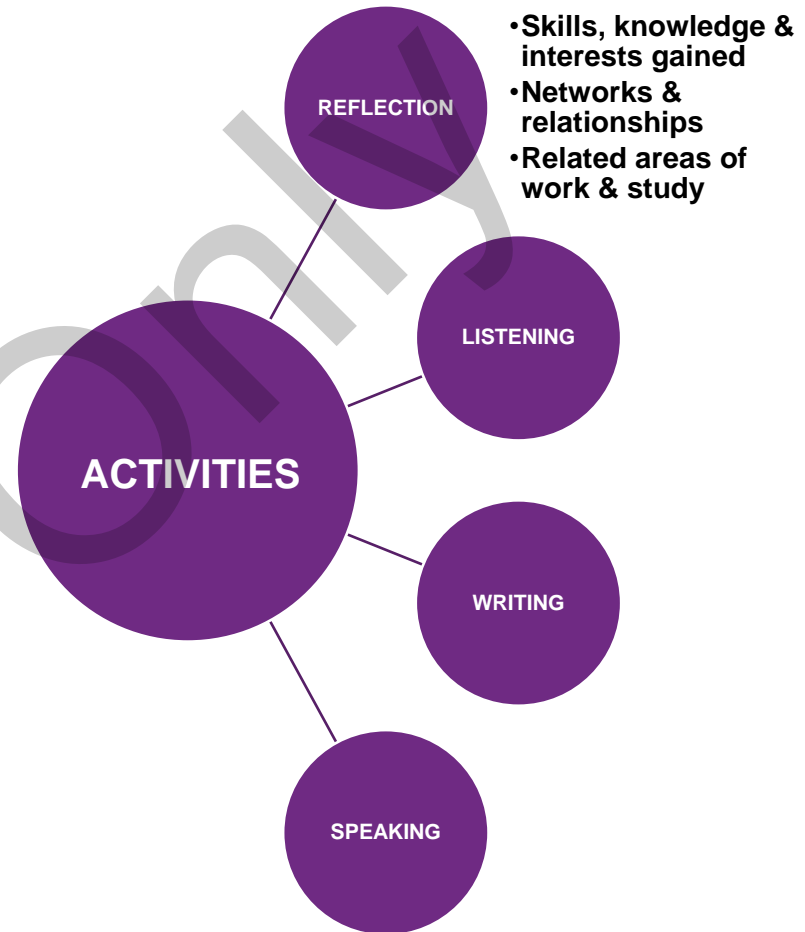
*"...facilitators help youth participants to recognize and articulate their growing capacities in ways that support next steps in their professional trajectories..."*



# A Vision for the Toolkit

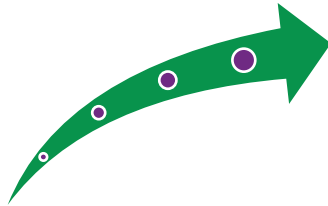


*"...facilitators help youth participants to recognize and articulate their growing capacities in ways that support next steps in their professional trajectories..."*

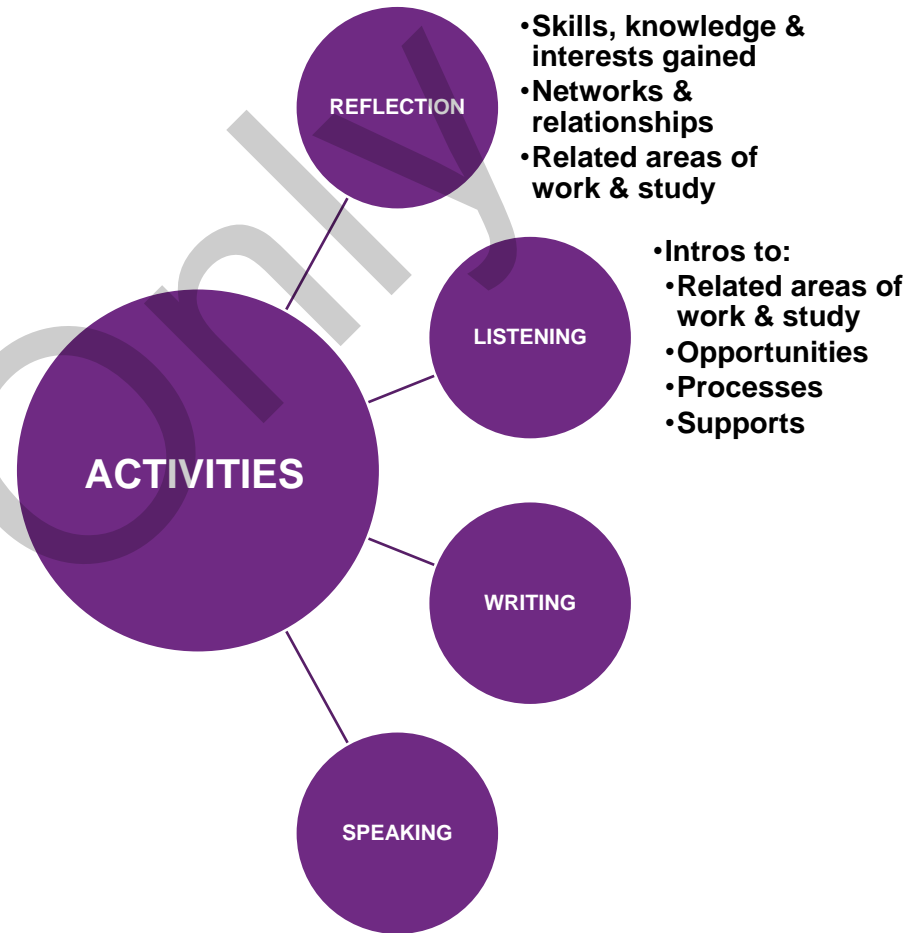




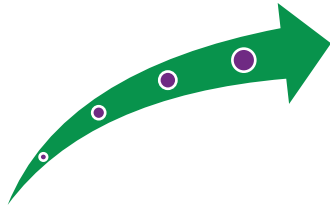
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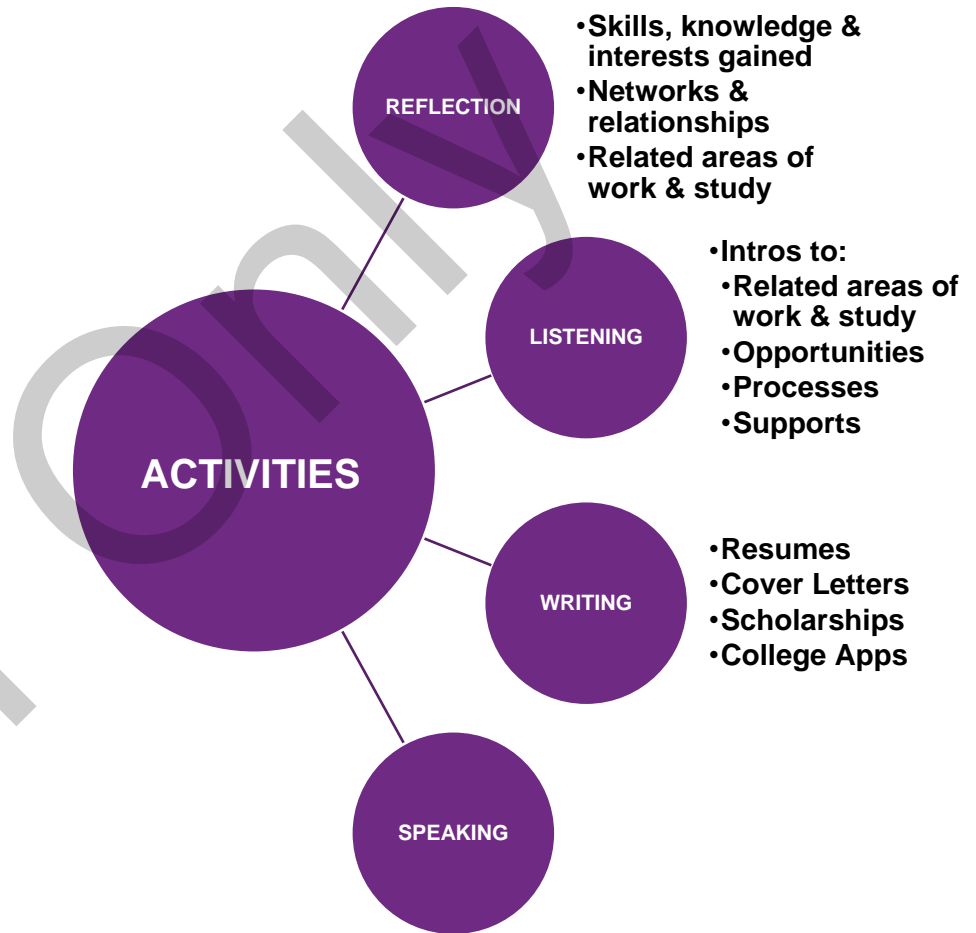
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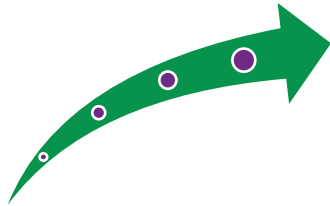
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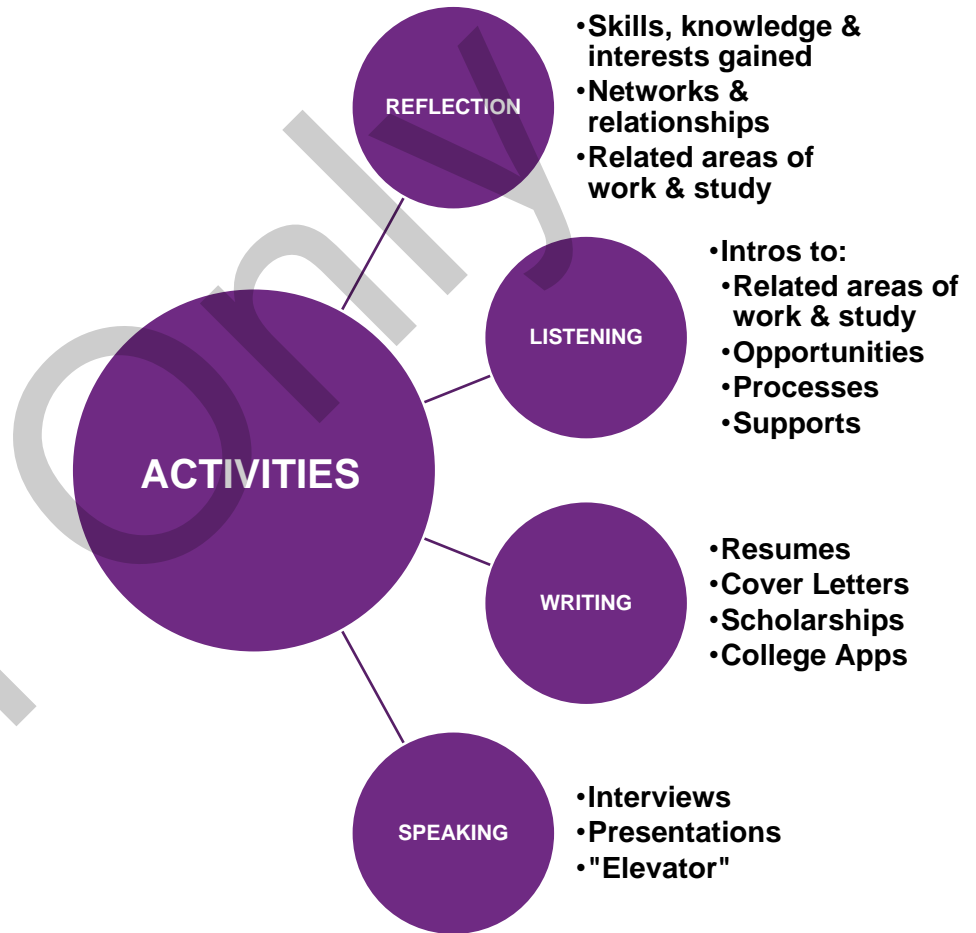
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# A Vision for the Toolkit



*"...facilitators help youth participants to recognize and articulate their growing capacities in ways that support next steps in their professional trajectories..."*



# Steps...

SCAN

CREATE

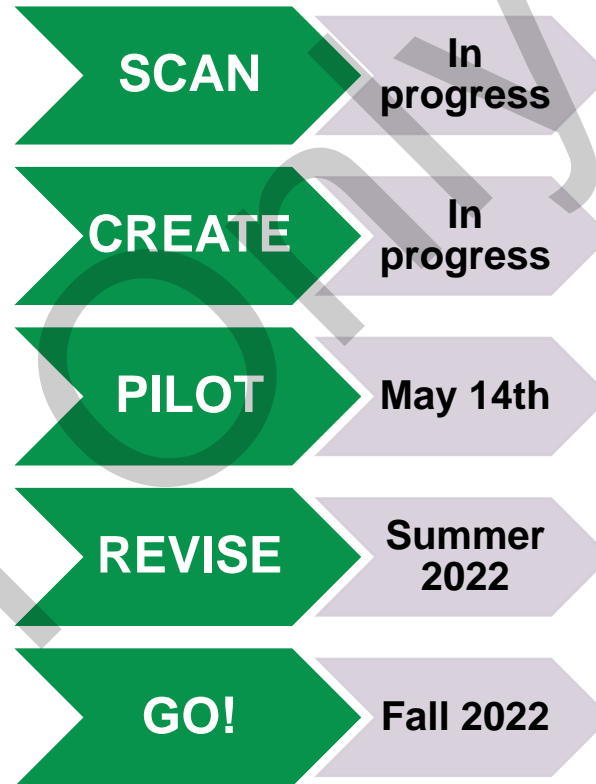
PILOT

REVISE

GO!



# Steps.....





# Progress so far



- ✓ Building relationships with key constituents
- ✓ Getting input via a questionnaire & conversations with CFHL, UCCE staff
- ✓ Scanning existing resources at UC Davis (and beyond)
  - ✓ Getting contributions from CFHL, UCCE staff
- ✓ Identifying gaps
- ✓ Formulating evidence-based activities to pilot at the symposium on May 14th



# Next Steps

## SCAN

- **IN PROGRESS:**
- Questionnaire & Conversations
- Needs, existing resources, and gaps

## CREATE

- **IN PROGRESS:**
- Experiential activities to pilot
- Compilation of associated and additional resources

## PILOT

- **MAY 14, 2022**
- Youth Symposium @ Imperial County (in person!)
- Feedback & observations

## REVISE

- **SUMMER 2022:** Incorporate feedback
- Integrate with YPAR materials, including suggestions on sequencing
- Design, production, editing

## GO!

- **FALL 2022:** Facilitators use the toolkit!
- Orient staff to the new materials
- Disseminate in collaboration with CFHL, UC



A silhouette of a hand dropping a ballot into a ballot box. The hand is on the left, holding a white ballot, and is positioned over a dark ballot box. The background is white with a large, faint, diagonal watermark that reads 'Only'.

# Let Us Know What You Think!

# Reminders: Ongoing Training & Support

- **YPAR Summer Training Institute in July**
  - Previous workshop recordings available online
- **Google Drive “YPAR” Folder**
  - Materials available to support YPAR, as well as 6-session and 12-session scaffolded approaches
- **One-on-One Technical Assistance Calls**

# Thank you!

## Alyssa Nelson

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Coordinator

Center for Regional Change

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## Brandon Louie

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# Nutrition Corner



Brought to you by Anna Jones, PhD, CFHL, UC State Office



# Nutrition Corner Universal School Meals

**Anna Jones**  
**CFHL, UC State Office**

# Today's Presentation

- Introduction to Universal School Meals in California
- Nuts and Bolts of Implementation
- Potential Impacts to School Food Service Partners
- Potential Impacts to Our Work



# Assembly Bill 130



- Education finance bill
- Signed into law on July 9, 2021
- Requires public schools, county offices of education, and charter schools provide two meals (breakfast and lunch) each school day to all students who want one, regardless of their free or reduced-price meal eligibility.
- Goes into effect 2022-2023 school year

# Benefits of Universal School Meals

## Reduced food insecurity

- Help families stretch food dollars
- Reduce stigma students may feel

## Improved academics

- Improved reading and math scores
- Improved likelihood of moving to next grade on time

## Improved behavior

- Reduced disciplinary referrals and suspensions



# Nuts and Bolts of Implementation

# Three Key Pillars

## Pillar One:

California's State Meal Mandate is expanded to include both a nutritiously adequate breakfast and lunch for, not just needy children, but all children each school day.

## Pillar Two:

High poverty schools will be required to participate in a federal provision.

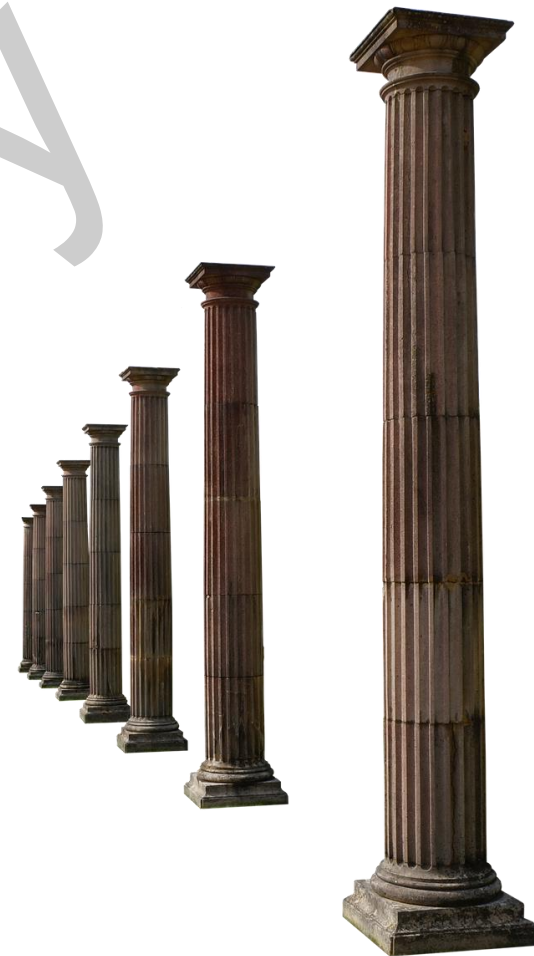
## Pillar Three:

The California State Legislature allocates funds to provide additional state meal reimbursement to cover the cost of the Universal Meals Program.

California Universal Meals, CDE - <https://www.cde.ca.gov/ls/nu/sn/cauniversalmeals.asp>

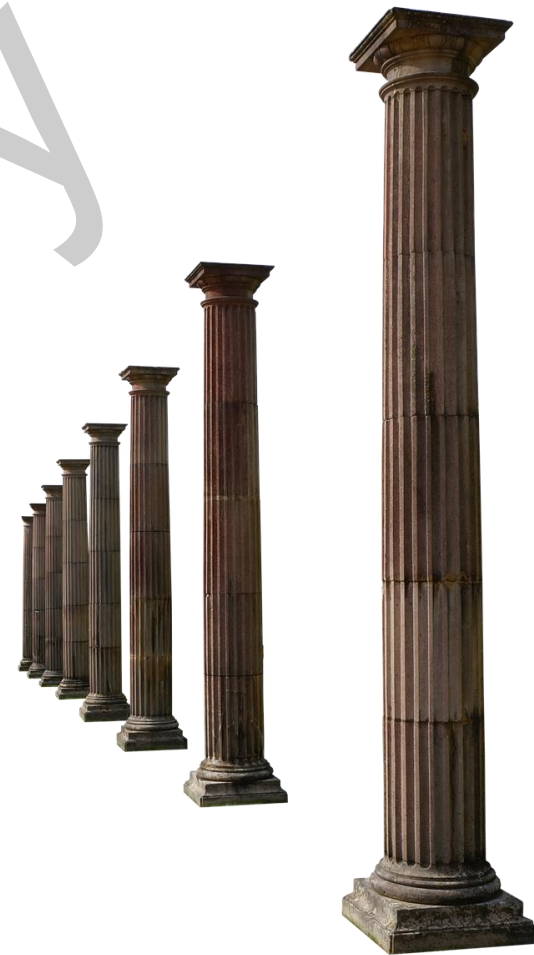
## Pillar One

**California's State Meal Mandate is expanded to include both a nutritiously adequate breakfast and lunch for, not just needy children, but all children each school day.**



## Pillar Two

**High poverty schools will be required to participate in a federal provision.**



# Definition of “High Poverty Schools”

- Identified Student Percentage (ISP) of 40 percent or more
- 40 percent of students fall into one of these categories:

## Directly Certified

- CalFresh, MediCal/Medicaid
- Temporary Assistance for Needy Families (TANF), or
- Food Distribution Program on Indian Reservation (FDPIR)

Or

## Student identified as

- Homeless, migrant, foster, or runaway
- Participating in Head Start or similar program

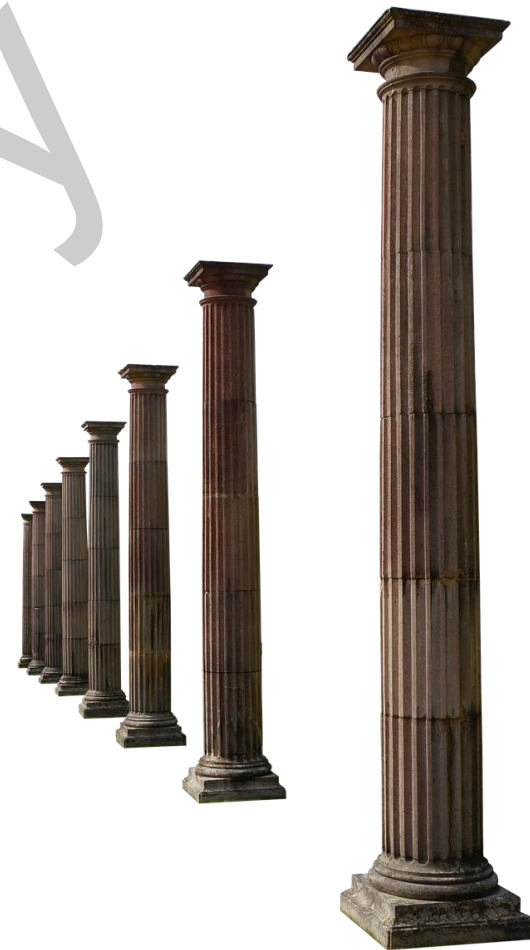
# Federal Provisions

- Existing federal programs
  - Use data during a base year to establish reimbursement percentages for the site, after which the site can provide meals to all for the next three years
  - Reduces administrative burden
- Two main provisions
  - Provision 2 – Uses Free and Reduced Price Meal (FRPM) applications
  - Community Eligible Provision – uses ISP



## Pillar Three

**The California State Legislature allocates funds to provide additional state meal reimbursement to cover the cost of the Universal Meals Program**



# Supplements National School Lunch and Breakfast Program Reimbursement

- Requires participation in National School Lunch and School Breakfast Programs to receive state reimbursement
- Intention is to maximize federal reimbursement
- State will provide a supplemental reimbursement



# Example

Federal Reimbursement	+	State Reimbursement	=	Total Reimbursement
Free \$3.76	+	Free \$0	=	Free \$3.76
Reduced-price \$3.33	+	Reduced-price \$0.43	=	Reduced-price \$3.76
Paid \$0.42	+	Paid \$3.34	=	Paid \$3.76

# Potential Impacts and Opportunities

Ref Only

# Potential Impacts to School Food Service Partners

- Those that don't currently have breakfast programs will need to start one
- High-Poverty Schools or districts that don't currently participate in CEP or Provision 2 will need to apply for one of these programs
- More schools may opt to participate in Provision 2
- Universal Meals may result in increased participation
- Food waste may increase

# Potential Impacts to Our Work

- May impact qualifying sites for services if more schools participate in CEP
  - Many sites already utilize Community Eligibility Provision
- Federal Free and Reduced-Price Meal applications will need to be collected by those not participating in CEP
  - Provision 2 schools will collect FRPM applications during base years
- *Where eligibility is considered there is no change in how sites will be qualified to participate in our program*

# Potential Opportunities to Support School Food Service Partners

- Smarter Lunchrooms Movement
- School gardens and nutrition education that connects to foods served in the cafeteria
- Youth engagement
- Kitchen Infrastructure and Training Funding
  - Schools can receive funds for training on promoting nutritious meals, including healthy food marketing and the school meal environment

# Other Ways to Support Our Partners

- Recommend talking to partners – what are their concerns, what do they see that we could help with?
- Share in the chat – **What are some other ways you could see our program help support Universal School Meals?**

# Main Takeaways

- Schools will still participate in the Federal NSLP and SBP and will need to collect FRPM applications
- Universal School Meals will not change how sites are qualified to participate in our program
- Eligible sites must be certified on the CDE [Student Poverty - FRPM Data](#) and meet at least 50% or more of the total enrollment for FRPM, or be qualified as a CEP
- We can help support our school food service partners with nutrition education and PSE change support

# For more information about Universal School Meals

- [CDE Universal Meals Program Questions and Answers](#)
- [CDE California Universal Meals Webpage](#)
- J.F. Cohen, A.A. Hecht, et al., “Universal School Meals and Associations with Student Participation, Attendance, Academic Performance, Diet Quality, Food Security, and Body Mass Index: A Systematic Review,” *Nutrients*, 13(3), 2021. Available at: <https://doi.org/10.3390/nu13030911>.
- Schwartz A, Rothbart M. Let them eat lunch: the impact of universal free meals on student performance. Syracuse University Center for Policy Research working paper. 2017. Available at: <https://surface.syr.edu/cpr/235>.
- M.M. Marcus and K.G. Yewell, “The Effect of Free School Meals on Household Food Purchases: Evidence From the Community Eligibility Provision,” NBER Working Paper 29395, October 2021. Available at: <http://www.nber.org/papers/w29395>.
- Gordon NE, Ruffini KJ. School nutrition and student discipline: effects of schoolwide free meals. National Bureau of Economic Research working paper. 2018. Available at: <https://www.nber.org/papers/w24986>.



# UC ANR

## SOCIAL MEDIA

*Grow Your Online Community*



**UNIVERSITY OF CALIFORNIA**  
Agriculture and Natural Resources



DORALICIA GARAY

Social Media Strategist

✉ dgaray@ucanr.edu



→ @ucanr

# INCREASING FOLLOWERS **VS** COMMUNITY BUILDING




# REFRESH YOUR PROFILE



ucanr [Edit Profile](#) 

977 posts   3,178 followers   738 following

**UC Ag & Natural Resources**  
@uofcalifornia #agriculture & #naturalresources studies food, pests, #environment, wildfire and more.  
[Ink.bio/vAem](#)



AG Day 20...



Agriculture



UC ANR



Drought



Nutrition



Wildfires



**UC ANR** [Edit profile](#)

**Ag&Natural Resources** 

@ucanr

@UofCalifornia Agriculture & Natural Resources studies food, pests, #environment, #wildfire, youth development & #nutrition for California. RT not endorsements

 Educational Research Center  Oakland, CA  [ucanr.edu](#)

 Born May 8, 1914  Joined May 2008

2,030 Following   13.9K Followers

- Edit your bio.
- Use an updated logo.
- Use appropriate cover photos, location information, etc.

# POST CONTENT MATTERS

**Top Tweet** earned 36.6K impressions

How will [#climate](#) change affect Southern California? Register for the UC Thelma Hansen Fund climate webinar series, April 27-29. Topics of discussion include drought, adaptation for agriculture, fire management and more.

[@Weather\\_West](#) [@UCCEventura](#)  
[bit.ly/3mwqqcG](https://bit.ly/3mwqqcG)  
[pic.twitter.com/qdfNY4EgKa](https://pic.twitter.com/qdfNY4EgKa)



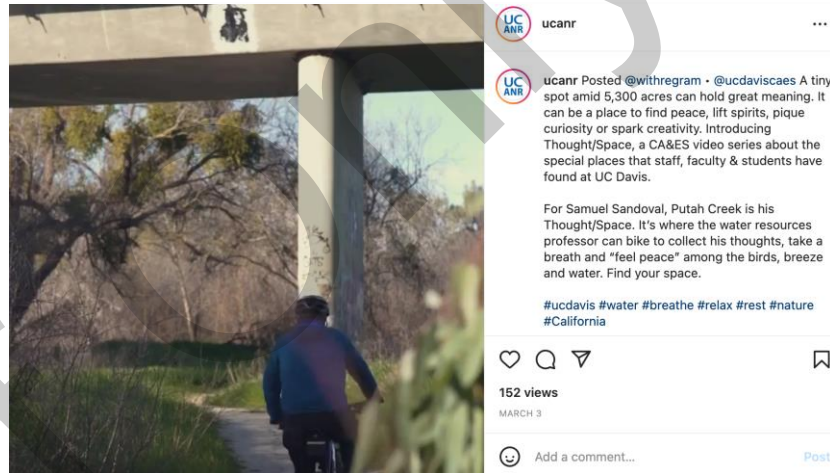
↩ 1   ↻ 10   ❤ 12

[View Tweet activity](#)

[View all Tweet activity](#)

- Tag accounts especially influencer profiles.
- Use trending hashtags.
- Repeat across platforms.

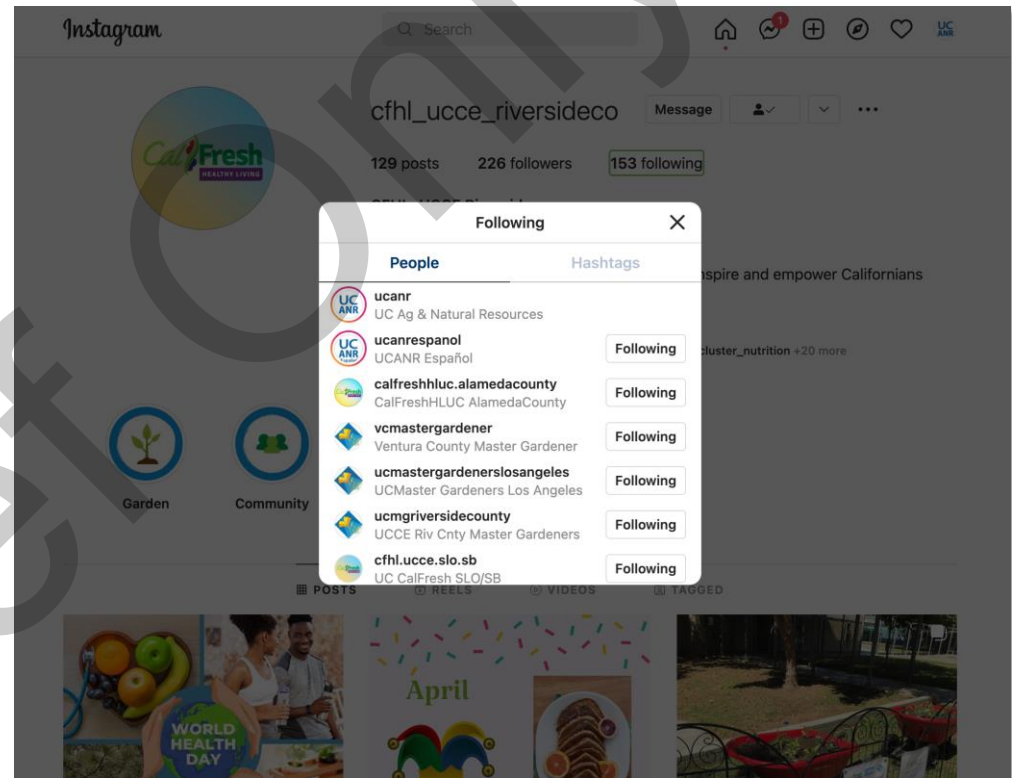
# SHARE CONTENT



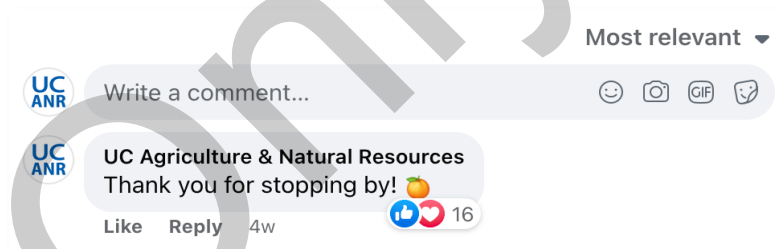
- Share content from partners and influencers (retweet or use Repost app).

# FOLLOW RELEVANT PROFILES

- Go to partner websites and look for their social media accounts.
- Who is following popular profiles?

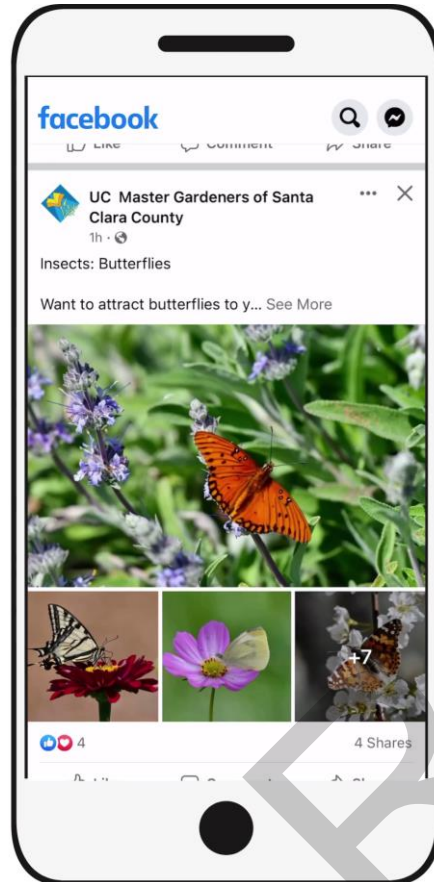


# CONTRIBUTE TO THE CONVERSATION



- Respond to comments and questions on your channels.
- Join online conversations – tagged and untagged.





## ENGAGE!

- Set up 5 minutes daily to like and share content.

# Resources:

## ANR Social Media Policies and Resources

University of California, Division of Agriculture and Natural Resources

### Communication Services & Information Technology



#### Social Media Toolkit

##### Using social media for university purposes?

You've come to the right place. Online communication tools can be difficult to navigate. We've put together some resources to help you create a successful and robust social media campaign for your unit.

**Before you begin, follow these helpful steps:**

1. **Change your thinking:** When you think of social media, do you think of wasted time? Losing control? Failure? Opening yourself up to negative comments and opinions? These are all common fears. While social media does require a good degree of transparency and openness, the benefits often outweigh the cons. Think of openness as a positive rather than a negative – there's no other platform for your clients to feel as engaged and connected to you. You have the perfect chance to make yourself welcoming and approachable. How will your unit prepare for this shift in thinking?
  - o Make sure everyone in your unit is on board with this new adventure. Seek help from co-workers in setting up policies and procedures. Know how to respond to negative comments and spam.



Ask CSIT a question

Home

Marketing

- Toolkit
- ▢ Social Media Toolkit
  - ▢ Best Practices
  - ▢ Blog Best Practices
  - ▢ Community Guidelines
  - ▢ Twitter
- Promotional Flyers
- Textbook Review

Thank You!

QUESTIONS?

# Health and Wellness County Highlight





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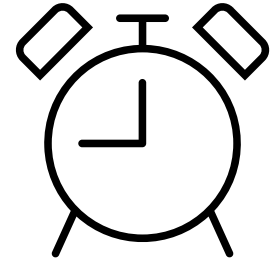
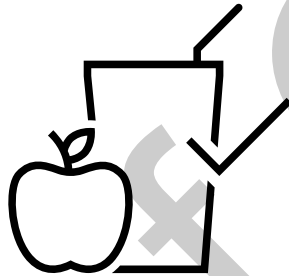
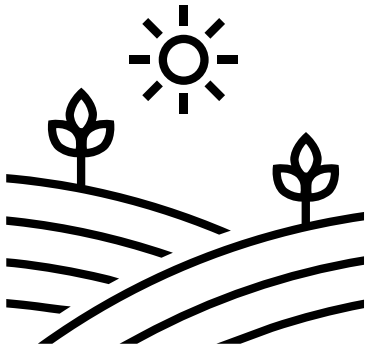
# Butte Cluster

Health & Wellness at Staff Meetings

Veronica VanCleave-Hunt  
Supervisor, Butte and Glenn  
Counties

[vvanceleavehunt@ucanr.edu](mailto:vvanceleavehunt@ucanr.edu)

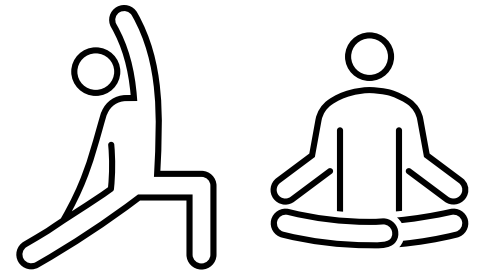
## Overview



# Social Emotional Learning

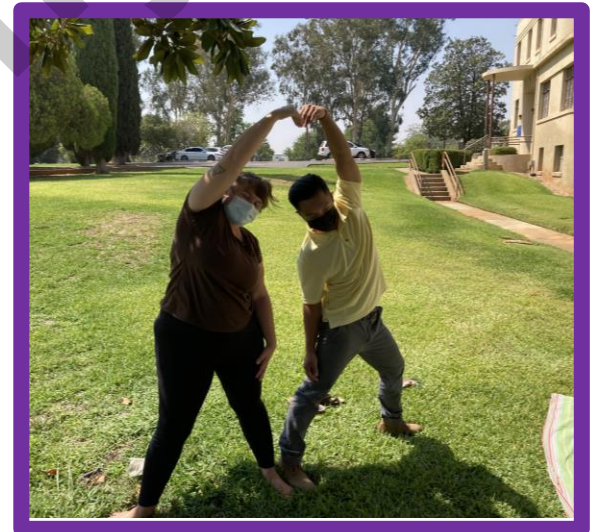
## Collaborative for Academic, Social and Emotional Learning (CASEL)

- 10 – 15 minutes dedicated to SEL activity
- Facilitated by Karina Hathorn
- Series of SEL activities lead by a different team member each meeting





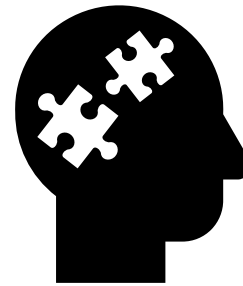
## Practicing SEL





# Reflections

- Familiarize with SEL objectives and activities
- Experience leading and participating
- Personal benefits
  - Feedback





# State Office Updates

# IWP Revision Timeline

Description	Start Date	Due Date
CDSS transfers FFY 22 IWPs to FFY 23 IWP Form	March 21, 2022	April 8, 2022
LIA FFY 23 IWP Revisions	April 11, 2022	May 13, 2022
SIA FFY 23 IWP Review	May 16, 2022	June 10, 2022
CDSS FFY 23 IWP Review	June 13, 2022	July 8, 2022

# CalFresh Awareness Month - May 2022

## CalFresh Awareness Month 2022 Toolkit

<https://www.cdss.ca.gov/inforesources/calfresh-outreach/calfresh-awareness-month>

- Flyers: Older Adult, Young Adult, Family
  - English, Spanish, Chinese
- Social Media Editorial Calendar
  - Images and copy
  - Facebook, Instagram, Twitter
  - English, Spanish, Chinese
- Partner Resources: [California SNAC: COVID Response Nutrition Communications Campaign Toolkit](#)



# Fiscal | Admin Updates

- **MYA#2 was approved**
  - FFY 2022 Budgets have been updated to reflect changes in SharePoint
  - Please review updates in SharePoint
    - *Check MYA dashboard for additional details*
  - Questions can be sent to Jennifer Quigley ([jaquigley@ucdavis.edu](mailto:jaquigley@ucdavis.edu)) or Ryan Keeler ([crkeeler@ucdavis.edu](mailto:crkeeler@ucdavis.edu))
- **Additional Funds included for materials**
  - Gardening, PA, tasting, food demos etc
- **Final BAR FFY 2022**
  - Due to State Office May 6, 2022



# Semi-Annual Certifications Due

- **FFY 2022 Semi-Annual Certification & Biweekly Timesheet Reminders**

- This is a friendly reminder for staff devoting 100% of their time to SNAP-Ed to complete their [FFY 2022 Semi-Annual Certification](#) for Period #1 (10/1/2021 – 3/31/2022).
- Staff devoting less than 100% of their time to SNAP-Ed must continue weekly time and effort reporting per [CFHL, UC Program Directive 2019-01](#).

- **Reminder: Annual Civil Rights Training & Participant Data Collection Trainings**

- The Civil Rights and Participant Data Collection Trainings are required to be completed annually by all staff to ensure compliance with CFHL, UC State Office and SNAP-Ed Guidance.

## Technical Assistance

Jennifer Quigley [jaquigley@ucdavis.edu](mailto:jaquigley@ucdavis.edu)

Ryan Keeler [crkeeler@ucdavis.edu](mailto:crkeeler@ucdavis.edu)

# FFY 2023 Budget Timeline

Date	Task
March 29, 2022	<ul style="list-style-type: none"><li>Budget Allocation Emails sent to counties</li></ul>
April 4 – 29, 2022	<ul style="list-style-type: none"><li>Review and populate the FFY 2023 budget template in SharePoint<ul style="list-style-type: none"><li><b>First Draft Due to SO COB 4/29/2022</b></li></ul></li></ul>
April 4 – 29, 2022	<ul style="list-style-type: none"><li>Schedule time with SO to discuss questions and receive technical assistance</li></ul>
May 2 – 20, 2022	<ul style="list-style-type: none"><li>State Office will review budgets and continue to work with LIA's to provide assistance</li></ul>
May 26 – June 3, 2022	<ul style="list-style-type: none"><li>Finalize your FFY 2023 Budget in SharePoint</li><li>Address any outstanding questions or revision requests by the CFHL, UC State Office<ul style="list-style-type: none"><li><b>Second Draft due to SO by COB 6/3/2022</b></li></ul></li></ul>
June 3 – 25, 2022	<ul style="list-style-type: none"><li>SIAs review/finalize budgets and submit for CDSS review by June 25</li></ul>

## Technical Assistance

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Melanie Gerdes [magerdes@ucdavis.edu](mailto:magerdes@ucdavis.edu)

# FFY 2023 Site List Timeline

Date	Task
May 2 – June 10, 2022	<ul style="list-style-type: none"><li>LIAs update Site Lists in Site List Automation and submit for SIA review by <b>June 10</b><ul style="list-style-type: none"><li>LIA's must submit any required backup documentation for Alternative Methodologies to SIAs for review by <b>June 10</b></li><li>Approved FFY 2021 Alternative Methodology sites must be <b>re-approved for FFY 2023</b> through USDA-WRO. Documentation must reflect eligibility dates between October 1, 2022, through September 30, 2023</li></ul></li><li>SIAs provide technical assistance to LIAs during this timeframe</li></ul>
June 10 – July 1, 2022	<ul style="list-style-type: none"><li>SIAs review and finalize Site Lists and Alternative Methodology documentation and submit for CDSS review by <b>July 1</b></li><li>SIAs to reach out to LIAs for clarification or documentation necessary for final submission<ul style="list-style-type: none"><li><b>LIAs will have read-only access to Site Lists from <u>June 14 to July 30</u></b></li></ul></li></ul>



## Technical Assistance

Jennifer Quigley [jaquigley@ucdavis.edu](mailto:jaquigley@ucdavis.edu)

Melanie Gerdes [magerdes@ucdavis.edu](mailto:magerdes@ucdavis.edu)

# PEARS Quarterly Review

- Quarter 2 has just been completed and we will be beginning our Q2 Quality Assurance review for data entered into PEARs.
  - **Program Activities**
  - **Indirect Activities**
    - Please ensure that staff have entered as much of the Q2 data as possible prior to **April 15, 2022**
    - Continue to add data on an ongoing basis through Q3
  - The State Office will send out Q2 reports by end of April or first week of May.

# PEARS Close Date/Switch Over to FFY 2023 reporting – Oct 4th

Based on Supervisors feedback, will have an earlier PEARs close and switch over:

- ❖ **Oct 3<sup>rd</sup>** - UCCE teams complete **FFY 2022** data entry
- ❖ **Oct 4<sup>th</sup>** - PEARs opens for **FFY 2023** entries
- ❖ **Oct 4-14<sup>th</sup>** - State Office completes final data cleaning in consultation with UCCE teams



Questions or concerns: contact Barbara MKNelly [bmknelly@ucdavis.edu](mailto:bmknelly@ucdavis.edu)

# Evaluation Mid-Year Check-in Calls (last 2 weeks of April)




## Overview

- Share FFY22 mid-year evaluation tool counts
- Learn about UCCE team's FFY22 PSE efforts
- Share two new PSE data fields – IWP sub strategy and Organization-level reporting
- Discuss SLAQs
- Discuss PEARS PSE, Partnership and Coalitions data entry and QA timeline


# Smarter Lunchrooms Movement (SLM) and Smarter Mealtimes (SMT) Scorecards – Enter into Qualtrics

## Evaluation Resources for Smarter Lunchrooms Movement (SLM) and Smarter Mealtimes

- **Smarter Lunchrooms Movement**

- [Smarter Lunchrooms Scorecard pdf](#) - The Smarter Lunchrooms Scorecard contains 60 simple, no-cost or low-cost strategies that lunchrooms can use to increase participation, improve consumption of healthy food, and reduce food waste. The strategies are based on research from the Cornell Center for Behavioral Economics in Child Nutrition Programs and partners and other behavioral science research.
- Data Entry Portal - please enter your scorecard data into the [Smarter Lunchrooms Online Scorecard Reporting Tool](#) in Qualtrics. 

- **Smarter Mealtimes**

- [Smarter Mealtimes Scorecard pdf](#) - Smarter Mealtimes is an adaptation of the Smarter Lunchrooms Movement for child care environments. The scorecard has 20 items.
- Data Entry Portal - please enter your scorecard data into the [Smarter Mealtimes Online Scorecard Reporting Tool](#) in Qualtrics. 

- *For more information on SLM and Smarter Mealtimes, see the [SLM Initiatives webpage](#).*

See Qualtrics links on [PSE Needs Assessment Evaluation webpage](#)

# Ordering FFY22 Theft-Sensitive Equipment

- Review your County budget for FFY22 and work to order any budgeted theft-sensitive equipment.
- There are delays within certain supply chains that may impact the timeline for delivery of these items.
- Please be sure to reference the Theft-Sensitive Items [webpage](#) on the CFHL, UC website, and follow the steps that are shown there when ordering these items.
- If you have any questions please reach out to myself, Ryan Keeler ([crkeeler@ucdavis.edu](mailto:crkeeler@ucdavis.edu)).

# Our Voice: Citizen Science for Community Health Improvement – pilot w/ Stanford Univ

*What makes it easy or hard to eat healthy food in this community?*

*What makes it easy or hard to be physically active in this community?*



<https://med.stanford.edu/ourvoice.html>

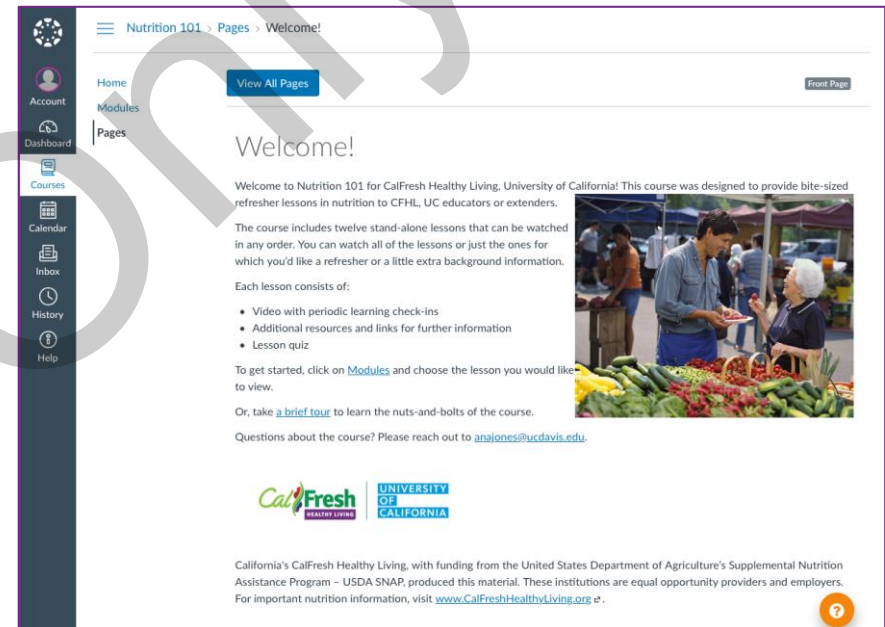
- Still working with UCCE teams and Stanford team to try this approach at 3 adult sites this year in FFY 2022.
- Planning and budgeting for next year – FFY 2023.
- **If your team is interested to try it out next year (FFY 2023) please chat-in or contact:**

Kelley [kmbrian@ucdavis.edu](mailto:kmbrian@ucdavis.edu) or  
Barbara [bmknelly@ucdavis.edu](mailto:bmknelly@ucdavis.edu)



# Nutrition 101 for CFHL, UC Now Available!

- Twelve bite-sized refresher lessons in nutrition to CFHL, UC educators or extenders.
- Watch all or just the ones you'd like a refresher or a little extra background information on.
- Available on the [Onboarding New Staff Web Page](#)
- Questions about the course? Please reach out to [anajones@ucdavis.edu](mailto:anajones@ucdavis.edu).



# Thank you!

## Next Town Hall: Tuesday, May 17, 2022



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