

**Please share one fun thing
that you have planned,
or would like to do this summer!**

Link in chat

Ref. Only

CalFresh Healthy Living, UC Town Hall: May 17, 2022 Agenda

- The Current Climate: Early Care and Education Programming - CFHL, UC and UCCE Workgroup
(0:01:19)
- PA Break - CFHL, UCCE, Imperial County, Rigo Ponce **(0:33:35)**
- Staff Health & Wellness County Highlight – CFHL, UCCE Riverside, Jackie Barahona
(0:39:08)
- State Office Updates **(0:43:49)**

The Current Climate: Early Care and Education Programming



Rigoberto Ponce



Tuline Baykal



Tammy McMurdo

for the
CFHL, UC Early Care and Education Workgroup

Poll

- Is your county currently working in ECE settings?
 - Yes, we are currently working in ECE settings
 - No, We do not work in ECE settings
 - We worked in ECE settings before the pandemic, but not now

CFHL Early Care and Education Workgroup

- Workgroup was re-established in Fall 2021
- Workgroup team members include:
 - long term staff
 - brand new staff
- Workgroup purpose: Develop/provide needed materials and resources to staff working with ECE sites/providers

Current ECE Programming in Alameda County

1. Current ECE work is in-person:

- Go Glow Grow
- Edible Gardening
- CATCH for ECE
- Harvest of the Month
- Playground Stencils
- Parent/Adult Education (Zoom)

2. Teachers/Extender training:

- Zoom and on site

3. Modifications:

- Teacher Kits
- Recipe ingredient delivery survey

ECE Programming Challenges

- Food demos and recipe tasting
- In class technical support/lesson demos
- Indoor vs. outdoor learning



vs

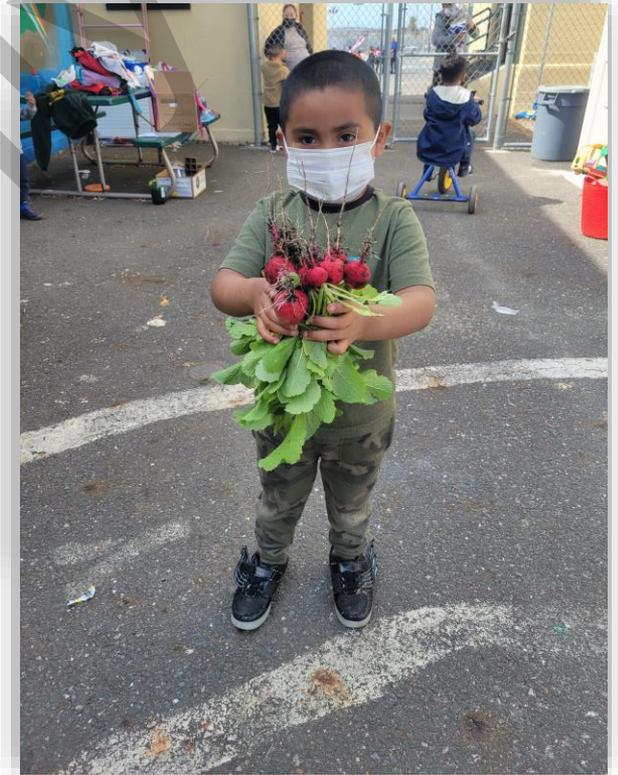


ECE Programming Solutions

- Recipe Ingredient Delivery Survey
- Teacher GGG Kits
- Increased outdoor learning (gardens)



Edible Gardening



Playground Stencils - 17th school!



Playground Stencils in Action



ECE Programming in CFHL, UCCE Imperial County

Rigoberto Ponce



Partnership with Imperial County Office of Education's Federal and State Preschools

CalFresh Healthy Living, UCCE Staff delivers SNAP-Ed services at 14 sites spread throughout Calexico, Heber, Brawley, El Centro, Westmorland, Calipatria, and Niland.



EARLY CARE & EDUCATION PROGRAMS
IMPERIAL COUNTY OFFICE OF EDUCATION



This image shows freshly transplanted bell pepper starts.

CFHL, UCCE Imperial staff support preschool teachers with garden kick-offs during winter and spring planting seasons.

Dates are coordinated by phone/email with site supervisors.



This image shows a student covering seeds with soil.



This image shows student's hands planting lettuce transplants, guided by a string running across the bed.

Programming includes nutrition lesson from Go, Glow, Grow curriculum.

Followed by a MyPlate Parachute Physical Activity Break.

Closing with planting in raised wooden boxes using a square foot gardening method.

CFHL, UCCE staff implement MyPlate Physical Activities between nutrition and gardening lessons.



The playing with the MyPlate Parachute. image shows students



This image shows an educator leading physical activity.

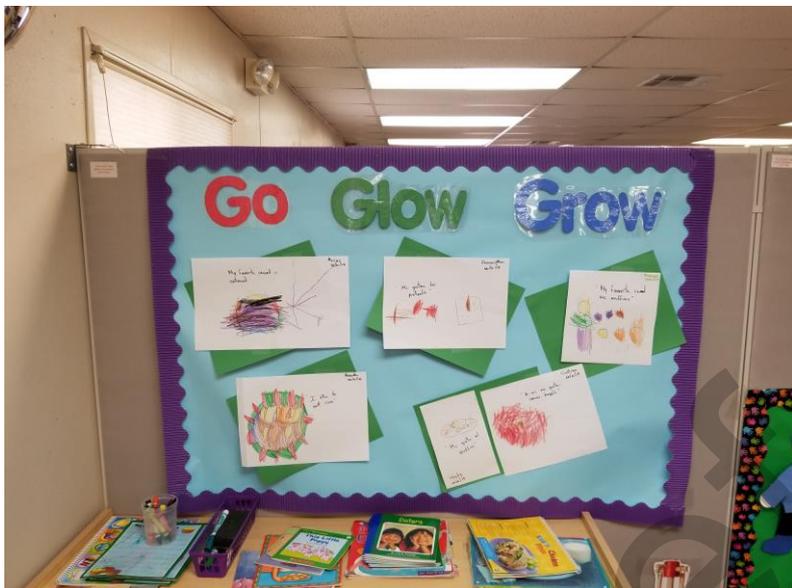
ICOE ECEP sites have built and maintained raised wooded boxes, replacing broken containers over time.

CFHL, UCCE Imperial staff provides technical assistance and purchases seeds, transplants and potting soil when necessary.



This image shows a student hand watering seeds planted in soil.

Go, Glow, Grow is extended after the garden kickoffs by teachers at sites, using materials provided by CFHL, UCCE Imperial staff.



This image shows a Go, Glow, Grow nutrition corner setup by site supervisors.



This image shows an educator delivering a lesson prior to planting with students.

Program Adaptation during the COVID-19 pandemic

- Created and delivered home garden kits to preschool families.
- Hybrid teacher training.
- On site (outdoors) and hybrid lesson delivery.



This image shows an example of a home garden kit, including soil, containers, seed and instructions.



CalFresh HEALTHY LIVING UNIVERSITY OF CALIFORNIA

CFHL, UC Garden Kit Planting Instructions

We are excited for you to grow with us! Please follow the instructions below to plant your seed or seedling successfully.

Planting Seedlings

1. Fill your pot or plant container with the soil included in your kit
2. Dig a hole in your plant container that is about the same size as the soil mass under the seedling
3. To get your seedling out of the tray, push up underneath the seedling to loosen the soil. Grab the seedling *very gently* at the base of the plant and gently pull it out of the container.
4. Gently place the seedling into the hole and cover up to the base of the plant with soil.
5. Water gently and place in sunlight.

Planting Seeds

1. Fill your pot or plant container with the soil included in your kit.
2. Dig a small hole with the tip of your finger, and gently sprinkle in your seeds.
3. Gently cover the hole with soil.
4. Water gently and place in sunlight.

CFHL, UC Kit de Jardinería

Instrucciones para plantar semillas o trasplantes

¡Estamos emocionados que usted crezca con nosotros! Siga las instrucciones a continuación para plantar semillas o trasplantes con éxito.

Trasplante de plantas

6. Llene su maceta o recipiente de plantas con la tierra incluida en su kit
7. Cave un agujero en la tierra de su recipiente, aproximadamente del mismo tamaño del cepellón.
8. Para sacar un trasplante de su recipiente, empuje hacia arriba debajo del contenedor para aflojar las raíces. Agarre el trasplante con cuidado desde la base del tallo y gentilmente remueva el cepellón del recipiente.
9. Coloque suavemente su trasplante en su agujero y cúbralo con tierra hasta la base del tallo.
10. Riegue ligeramente y coloque su planta donde reciba luz del sol.

Sembrando semillas

5. Llene su maceta o recipiente de plantas con la tierra incluida en su kit.
6. Cave un pequeño agujero en medio de la tierra con la punta de su dedo y espolvoree las semillas.
7. Levemente, cubra el agujero y semillas con tierra.
8. Riegue ligeramente y coloque su contenedor donde reciba luz del sol.

This image displays the CFHL, UC Garden Kit Planting Instructions in Spanish and English

ECE Workgroup Projects

- County interviews → Work with ECE providers
 - Collect best practices for connecting with ECE providers
- Develop Tip Sheets on Best Practices
 - New staff
 - Long term staff
- Share ECE Training Materials for Extenders



ECE Workgroup Team Members

- Alyssa Borland – Yolo County
- Esmeralda Nunez – Riverside County
- Rigoberto Ponce – Imperial County
- Marina Aguilera – Kings/Tulare Counties
- Tuline Baykal – Alameda County
- Joyce Bishop – San Joaquin County
- Nora Lopez – Fresno/Madera Counties
- Tammy McMurdo – CFHL, UC State Office



Questions?



Physical Activity Break

- Rigo Ponce, CFHL, UCCE Imperial County

Ref. Only

Health and Wellness County Highlight



California's CalFresh Healthy Living, with funding from the United States Department of Agriculture's Supplemental Nutrition Assistance Program – USDA SNAP, produced this material. These institutions are equal opportunity providers and employers. For important nutrition information, visit www.CalFreshHealthyLiving.org.



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

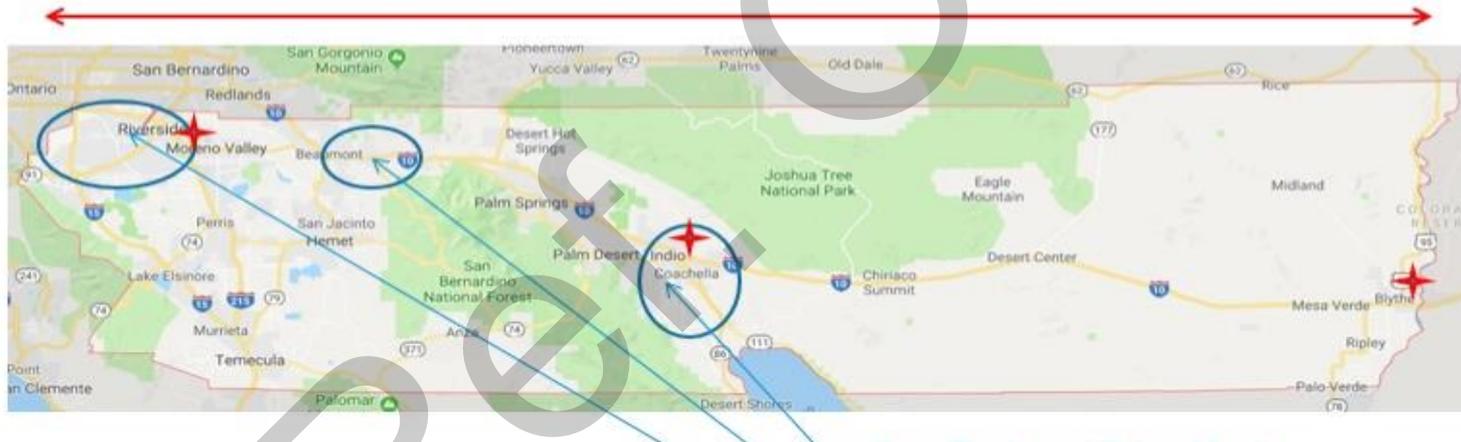
Riverside County

Health & Wellness at Staff Meetings

Jackie Barahona
Nutrition Educator
jbarahona@ucanr.edu

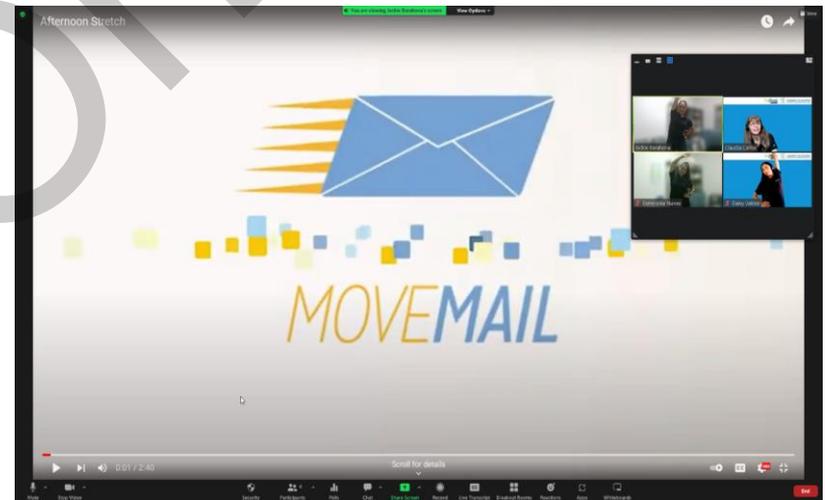
Riverside County

~180 miles



Staff Wellness

- Team building activities
 - Rotate weekly check-ins
- Share wellness resources with each other
- PA lead provides a PA break at each staff meeting
 - Different wellness activities



UCLA Recreation PA Break During Staff Meeting

Team Building Activities

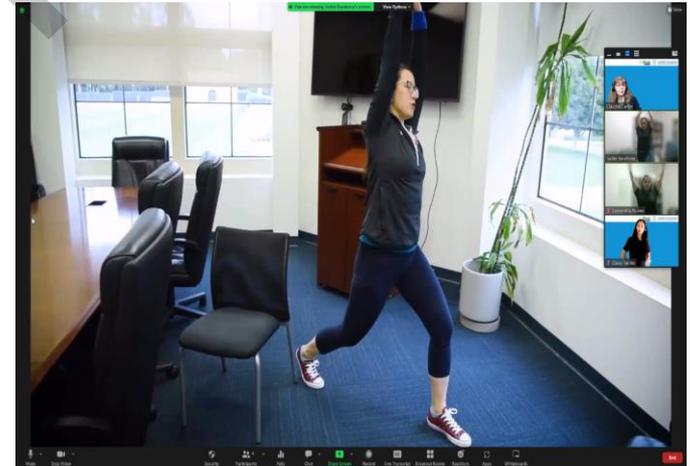
- Check-in questions
 - Personal or professional
 - Games
 - Talking about challenges/successes



Source: Pixabay

Virtual PA Breaks During Staff Meeting

- PA lead provides a short virtual PA break at each staff meeting
 - YouTube Videos
 - Games
 - Bingo PA Breaks
- Opportunity to move



PA Break During Staff Meeting

Questions?





State Office Updates



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USDA FNS Update: AJFA Poster & Non Discrimination Statement Update

USDA FNS has updated language on the And Justice For All (AJFA) poster and Non Discrimination Statement to include gender identity and sexual orientation and new contact information for SNAP & FDPIR.

No Action Required By Counties At This Time:

- **Please keep all current AJFA posters up until new posters are received. This is a phased-in process.**
- The State Office is reviewing the AJFA Poster ordering process & materials requiring updated Non Discrimination Statements.
- More information will be provided through traditional communication methods and in the June 21 Town Hall.
- The **CFHL, UC website** will be updated by mid-August and include the revised resources and information.

CalFresh Healthy Living 2022 Forum

- **Save the Date!**

Forum is scheduled for October 17 -19, 2022
Hyatt Regency Orange County in Garden Grove

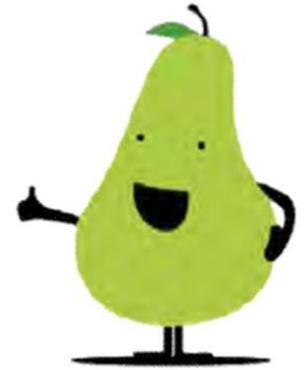
- **Reserve your hotel room soon!**

Monday, October 2, 2022 - reservation cut-off date
See the *Active NewsBeet* for details

Site List Updates Due June 10th

- Managers, Supervisors, Advisors:
 - Review your current list of sites in your *SO-County folder -> Annual Planning -> Site List FFY23*
 - Add new sites or update existing sites for accuracy
 - Submit any required backup documentation for Alternative Methodologies 4, 5, 8, 9, 10, 11, 12, 13, and 14 to SO
 - Melanie will email counties using alternative methodologies
 - Approved FFY 2022 Alternative Methodology sites must be re-approved for FFY 2023
 - Documentation must reflect eligibility dates between October 1, 2022, through September 30, 2023
- For Site List TA, please email Melanie Gerdes at magerdes@ucdavis.edu & CC Jennifer Quigley

Evaluation Updates - PEARS PSE Module



- Two new custom questions activated in the PEARS PSE Module
 - Org level PSE work (yes/no)
 - IWP sub-strategies (dropdown)
- Required to complete for all PSE Site Activity reports
- Please aim to complete along with PSE work to date by the end of June

Custom Data Reporting – PSE Module

PEARS Plan Track Analyze

Track / PSE Site Activities / 1094 Kirk Elementary / Custom Data

Custom Data ?

Are you completing this report for organizational level PSE activities? *

- No
 Yes

An organizational level PSE activity occurs at a "parent" organization that governs or provides direction for multiple sites (e.g., a school district, a grocery association, a food bank, etc.)

The PSE work at this site relates to which of the following IWP Sub-strategies? *

School, Site or Organization Wellness Policy x

Select all that apply

Save and continue

Save

Cancel

Progress

18%

- ✓ General Information
- ✓ Collaborators
- ✓ Custom Data
- ✓ Needs, Readiness &
- ✓ Strategy
- ✓ Changes Adopted

FFY2023 State Plan Executive Summary CDSS request

- Thank you to the Supervisors, Managers & Advisors that have already provided the county-specific information requested by CDSS for the FFY 2023 Plan Executive Summary
- Reminder: Per 5/5 email, please review and update [excel worksheet](#) by COB, Thursday, 5/26



Questions: contact
Bmknelly@ucdavis.edu

FFY23 Curriculum and NERI Surveys

- FFY23 Curriculum and NERI Ordering Surveys will open tomorrow (5/18). It will be the same process as last year (FFY22 Ordering). Emails will be sent out in the morning with the links to the surveys.
- The deadline to complete both Surveys is **COB Friday, June 3, 2022.**
- Any questions should be directed to Ryan Keeler (crkeeler@ucdavis.edu), and/or Tammy McMurdo (tjmcmurdo@ucdavis.edu)

IWP Revision Timeline

Description	Start Date	Due Date
CDSS transfers FFY 22 IWPs to FFY 23 IWP Form	March 21, 2022	April 8, 2022
LIA FFY 23 IWP Revisions	April 11, 2022	May 13, 2022
SIA FFY 23 IWP Review	May 16, 2022	June 10, 2022
CDSS FFY 23 IWP Review	June 13, 2022	July 8, 2022

Thank you!

Next Town Hall:

Tuesday, June 21, 2022



Image Source: [Gellinger](#) via Pixabay/ CC0