



### FOOD LABEL

1. The last time you shopped, did you use the “Nutrition Facts” on the food label to choose foods?  Yes  No

2. The next time you go shopping, will you use the “Nutrition Facts” on the food label to choose foods?  Yes  Maybe  No

Please share with us how this workshop will help you and your family:

---

---

(ITC 2/22/13: food label)



### FOOD LABEL

1. The last time you shopped, did you use the “Nutrition Facts” on the food label to choose foods?  Yes  No

2. The next time you go shopping, will you use the “Nutrition Facts” on the food label to choose foods?  Yes  Maybe  No

Please share with us how this workshop will help you and your family:

---

---

(ITC 2/22/13: food label)