

|   | Teacher   Extender Enrollment Form  | Program Activity Tracking Tool   | CATCH Activity Tracking Tool   | Combined Program Activity and CATCH Tracking Tool  | ECE Lesson Tracking Tool   | Google Sheets   Program Activity Tracking  | Google Sheets   ECE Tracking   | Google Sheets   CATCH Tracking   | Distance Learning Lesson Tracking Tools   | Adult Demographic Card All Languages                                  |
|---|---|--|--|--|--|--|--|--|---|---|
| <b>Where to find on the CFHL, UC Website</b>  | <a href="#">PEARS Program Activity Page</a>                                     | <a href="#">PEARS Program Activity Page</a>  | <a href="#">PEARS Program Activity Page</a>                            | <a href="#">PEARS Program Activity Page</a>  | <a href="#">PEARS Program Activity Page</a>  | <a href="#">PEARS Program Activity Page</a>  | <a href="#">PEARS Program Activity Page</a>  | <a href="#">PEARS Program Activity Page</a>                            | <a href="#">PEARS Program Activity Page</a>                                     | <a href="#">PEARS Program Activity Page</a>                           |
| <b>Extender Information</b>                   | Extender Name<br>Site Name  | Extender Name<br>Site Name   | Extender Name<br>Site Name   | Extender Name<br>Site Name   | Extender Name<br>Site Name   | Extender Name<br>Site Name   | Extender Name<br>Site Name   | Extender Name<br>Site Name   | Extender Name   |   |
| <b>Site   Setting</b>                         | Site where extender is delivering CFHL, UC Curriculum                           | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |   |   |
| <b>Number of Participants</b>                 | Total Participants<br># of groups or classes taught                             |  |  |  |  |  |  |  |   | One card per adult participant  |
| <b>Participant Demographics</b>               | For non-CDS coded sites like ECE and afterschool programs                       |  |  |  |  |  |  |  |   | Adult Demographics  |
| <b># of Sessions</b>                          |   | # of times a lesson is taught  | # of times a full CATCH lesson is taught                               | # of times a full CATCH lesson is taught   | # of times a lesson activity is completed  | # of times a lesson is taught  | # of times a lesson activity is completed  | # of times a full CATCH lesson is taught                               | # of times a lesson activity is completed                                       |   |
| <b>Length of session</b>                      |   | Total time lessons are delivered in minutes  | Total time lessons are delivered in minutes                            | Total time lessons are delivered in minutes  | Total time one lesson is taught<br><i>based on number of times each activity is delivered</i>  | Total time lessons are delivered in minutes  | Total time one lesson is taught<br><i>based on number of times each activity is delivered</i>  | Total time lessons are delivered in minutes                            |   |   |
| <b>Curriculum</b>                             | Primary and additional curriculum Extender is trained to teach                  | Youth Curriculum K - 12  | CATCH Lessons<br><b>Warm up + Go Fitness + Go Activity + Cool Down</b> | Youth Curriculum K - 12<br>CATCH Lessons<br><b>Warm up + Go Fitness + Go Activity + Cool Down</b>            | Go, Glow, Grow<br>Happy Healthy me   | Youth Curriculum K - 12  | Go, Glow, Grow<br>Happy Healthy me   | CATCH Lessons<br><b>Warm up + Go Fitness + Go Activity + Cool Down</b> | 4 different forms<br>Pre K<br>K-5<br>Middle & High School<br>Afterschool        |   |
| <b>CATCH Lessons</b>                          | ✓   |  | ✓  | ✓  |  |  |  | ✓  | ✓   |   |
| <b>Early Childhood (youth 0-4) Lessons</b>    | ✓   |  | ✓  |  | ✓  |  | ✓  | ✓  | ✓   |   |
| <b>K-12 (youth 5-17) Lessons</b>              | ✓   | ✓  |  | ✓  |  | ✓  |  |  | ✓   |   |
| <b>Reinforcement or Additional Activities</b> |   | PA Breaks, Brain Breaks, Additional time spent discussing curriculum objectives e.g., snack time<br><br>NERI<br><br>Parent Handouts, newsletters | NERI e.g., pedometers  | PA Breaks, Brain Breaks, Additional time spent discussing curriculum objectives e.g., snack time<br><br>NERI | PA Breaks, Brain Breaks, Additional time spent discussing curriculum objectives e.g., snack time<br><br>NERI<br><br>Parent Handouts, newsletters | PA Breaks, Brain Breaks, Additional time spent discussing curriculum objectives e.g., snack time<br><br>NERI<br><br>Parent Handouts, newsletters | PA Breaks, Brain Breaks, Additional time spent discussing curriculum objectives e.g., snack time<br><br>NERI<br><br>Parent Handouts, newsletters | NERI e.g., pedometers  |   |   |
| <b>Report Indirect Activity</b>               |   | NERI, Parent Handouts Newsletters  | NERI e.g., pedometers  | NERI, Parent Handouts Newsletters  | NERI, Parent Handouts Newsletters  | NERI, Parent Handouts Newsletters  | NERI, Parent Handouts Newsletters  | NERI e.g., pedometers  |   |   |
| <b>PEARS Data collected</b>                   | Program Activity Name<br>Site<br>Setting<br>Total Participants<br>Demographics* | # Sessions<br>Session Length<br>Additional Time<br>Reinforcement activities  | # Sessions<br>Session Length   | # Sessions<br>Session Length<br>Additional Time<br>Reinforcement activities                                  | Session Length<br>Additional Time<br>Reinforcement activities  | # Sessions<br>Session Length<br>Additional Time<br>Reinforcement activities  | Session Length<br>Additional Time<br>Reinforcement activities  | # Sessions<br>Session Length   | <a href="#"># of Sessions</a><br><a href="#">Use with the Lesson Time Guide</a> | Adult Demographics   may also be included in PEARS Survey Instruments |

\* if no CDE Demographics Available