| UNIVERSITY of CALIFORNIA cal fresh Nutrition Education                                  | VEGETABLES                       |
|---|----------------------------------|
| 1. During the past week, did you eat more than 1 kind of vegetable each day?            | ☐ Yes<br>☐ No                    |
| 2. Within the next week, how often will you eat more than 1 kind of vegetable each day? | ☐ Same as before<br>☐ More often |
| Please share with us how this workshop will help yo                                     | u and your family:               |
|   |                                  |
|   | (ITC 2/22/13: vegetables)        |

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