

# Middle & High School | FFY 2021 | Distance Learning Lesson Tracking Tool



Teacher Name \_\_\_\_\_

Enter the number of lessons delivered each month using curriculum listed below. If only half of a lesson was completed, enter ".50"

QUARTER 1	OCTOBER	NOVEMBER	DECEMBER
CATCH (6-8) - Nutrition Curricula	_____	_____	_____
CATCH (6-8) -Activity Box	_____	_____	_____
EatFit (6-8)	_____	_____	_____
Serving Up MyPlate: A Yummy Curriculum (6)	_____	_____	_____
TWIGs: Teams With Inter-Generational Support (K-8)	_____	_____	_____
Up4It! (4-5)	_____	_____	_____
Hunger Attacks/ Money Talks (9-12)	_____	_____	_____
QUARTER 2	JANUARY	FEBRUARY	MARCH
CATCH (6-8) - Nutrition Curricula	_____	_____	_____
CATCH (6-8) -Activity Box	_____	_____	_____
EatFit (6-8)	_____	_____	_____
Serving Up MyPlate: A Yummy Curriculum (6)	_____	_____	_____
TWIGs: Teams With Inter-Generational Support (K-8)	_____	_____	_____
Up4It! (4-5)	_____	_____	_____
Hunger Attacks/ Money Talks (9-12)	_____	_____	_____

\* **CATCH Activities Box** lessons must be at least **One Warm Up** + **One Go Fitness** + **One Go Activity** + **One Cool Down** to be a 20 minute lesson.

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QUARTER 3	APRIL	MAY	JUNE
CATCH (6-8) - Nutrition Curricula	_____	_____	_____
CATCH (6-8) -Activity Box	_____	_____	_____
EatFit (6-8)	_____	_____	_____
Serving Up MyPlate: A Yummy Curriculum (6)	_____	_____	_____
TWIGs: Teams With Inter-Generational Support (K-8)	_____	_____	_____
Up4It! (4-5)	_____	_____	_____
Hunger Attacks/ Money Talks (9-12)	_____	_____	_____
QUARTER 4	JULY	AUGUST	SEPTEMBER
CATCH (6-8) - Nutrition Curricula	_____	_____	_____
CATCH (6-8) -Activity Box	_____	_____	_____
EatFit (6-8)	_____	_____	_____
Serving Up MyPlate: A Yummy Curriculum (6)	_____	_____	_____
TWIGs: Teams With Inter-Generational Support (K-8)	_____	_____	_____
Up4It! (4-5)	_____	_____	_____
Hunger Attacks/ Money Talks (9-12)	_____	_____	_____

\* **CATCH Activities Box** lessons must be at least **One Warm Up** + **One Go Fitness** + **One Go Activity** + **One Cool Down** to be a 20 minute lesson.