Middle School and High School Nutrition and Physical Activity Education

EFNEP and CFHL, UC

Part 3

July 22, 2020
Webinar Part 3: Overview

Brief review of Part 2
Small group breakouts
  work on enhancing or adapting a lesson Activity
Share back from breakout groups
Part 2: *What did we discuss?*

Learner-Centered Lesson Adaptations with Older Youth
Guidelines for Activity Adaption & Enhancement
Lesson Enhancement Examples
Lesson Enhancement Resources
Distance Learning Adaptations (intro)

*Clarification from last webinar…*
Breakout Groups

Each group will review a portion of a *Hunger Attack* Activity
Read through the Activity portion as a group
Discuss each of the three question prompts and record notes
Ask one person to prepare to *briefly* share back for the group

*Extra:* For Webinar 4 – looking for 2 groups to volunteer
Will your group prepare a 15-minute demonstration of the activity portions enhanced or adapted?
Breakout Groups

Each group has a facilitator
Facilitator will ask for volunteers for note-taker and time-keeper
Note-taker should screen share questions and record responses
Time – 40 minutes
Will check in with groups 5 minutes before the time deadline
Breakout Groups

Google Drive (link will be in chat)
Each group has a folder (by room #) with materials for that group
  *Hunger Attack* Activity portion – and related materials
  Discussion questions – record responses on this document

Drive also contains resources
  Curriculum and materials
  Lesson enhancement spreadsheet
  PowerPoint slide decks
Share back

4 groups will be assigned the same *Hunger Attack* Activity portion

Share back by Activity:

First group: up to 5 minutes – summarize your group’s discussion
Other 3 groups: 2 minutes each – any additional thoughts
Breakout Rooms

Pop-up – invitation to join
Please note the number of your room

In Breakout room:
Each room has meeting controls
Ask for help (from host)
Stand Up and Stretch!

... or jump – *whatever works!* 2 minutes
Share back by Activity:
First group: up to 5 minutes – summarize your group’s discussion
Other groups: 2 minutes each – any additional thoughts
Looking Ahead – Part 4 – July 29

Demonstrations of enhanced/adapted lesson activities
Additional considerations for distance learning
Outreach to school administration and volunteer teachers
Thank You!