

Playground Stencil Assessment

Observation: PRE POST County:	Form Completed By:
Date: Site:	Day of the Week:
Time: am/pm Number of Classes:	Grade Levels:
Total Reach (Unduplicated number of students that use the stencil	ls during the reporting year):

INSTRUCTIONS FOR COUNTING STUDENTS AND ADMINISTRATION:

For counting students in the questions below, always scan from LEFT to RIGHT. Observe each student in the area once. If an observed student reappears in the scan area, do not record a second time. Do not back-track to count new children entering the scan area. Administer the PRE assessment 1-2 weeks before you paint the playground stencils. The POST assessment should be conducted at least 2 weeks following but within two months of the unveiling of the painted stencils at the site. Conduct 2-3 observations during the day (am/pm outside play times, recess, lunch, etc.) capturing all student ages/grades. Survey as many teaching staff as possible of those observing students on the playground and engage the SAME teachers pre and post. PRE and POST scan observations should be conducted on the same day(s)/time(s). NOTE: Please do not complete the assessment on a day with extreme temperatures, poor weather conditions, or poor air quality limiting students' physical activity.

PRE and POST - PLAYGROUND SCAN

1.	How many total students are in the play space? (Stand where you can see the entire play space.)	STUDENTS
2a.	How many students are actively playing in the play space? (Walking, running, dancing, playing sports/tag, jumping rope, skipping, or other active play)	STUDENTS
2b.	 How many students are actively playing in the playground space (PRE)where the stencils will be painted? (POST)on the playground stencils? 	STUDENTS
3.	How many students are sedentary? (Sitting down, not walking, reading books, eating snacks, or very inactive)	STUDENTS
4.	Do teaching staff encourage students to be physically active? If <u>YES</u> , describe how:	☐ YES ☐ NO
5.	Is playground equipment available for students to use? (balls, hoops, bikes, etc.) If YES , describe the <u>equipment</u> and use:	☐ YES ☐ NO
6.	Are there any physical structures for students to play on? (play structures, swings, slides, monkey bars, etc.) If YES, describe the physical structures and use:	☐ YES ☐ NO
7.	Are there any creative play activities/structures set up for students? (playhouse, house/kitchen corner, blocks, coloring station, water play table, sand box, etc.) If <u>YES</u> , describe the <u>creative play activities/structures</u> and use:	☐ YES ☐ NO



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8.	Please check the types of stencils painted on the	
	☐ None/NA	☐ Words (crawl, cross, hop, swim, walk, fly, etc.)
	☐ Number Hopscotch	☐ Wall target toss
	☐ Letter Hopscotch	☐ Footprints
	☐ Bull's Eye Toss	☐ Fruits
	\square Shapes (circle, square, diamond,	☐ Vegetables
	pentagon, heart, star)	☐ Spanish letters (II, ch, rr, and ñ)
	☐ Numbers 0-9	☐ Traffic (bike, cross walk, yield, stop, speed limit)
	☐ Letters A-Z	☐ Playground Paths
	\square Playground pond (frog, lily pad, dragonfly,	☐ MyPlate (four square)
	duck, turtle, cattails, fish)	☐ Other (specify):
	\square Other (specify):	☐ Other (specify):
	☐ Other (specify):	☐ Other (specify):
Heart,	ITIONAL OBSERVATIONS (Note any physical activity ever. Walk/Bike to School Day; relevant teacher or student quote is playing soccer on top of the stencils/not using the stencils, playing soccer on top of the stencils (Not using the stencils, not using the stencils of the stencils, not using the stencils of th	s; age-appropriateness; other significant observations



PRE-TEST – QUESTIONS FOR TEACHING STAFF OBSERVING STUDENTS

ON THE PLAYGROUND (Survey as many TEACHERS, INTRUCTIONAL ASSISTANTS, TEACHERS

AIDES, OR OTHER ADULTS OBSERVING STUDENTS as possible and the SAME teachers pre and post.)

TS	First letter of your FIRST name	First letter of <u>your</u> LAST name	Birth MONTH	Birth DAY
	A-Z	A-Z	01-12	01-31
TEACHER ID#:				

1.	Were you provided with support materials to help facilitate physical activities for students using the playground stencils?	☐ YES ☐ NO		
2.	Have you been trained on how to facilitate physical activities? (mark all that apply) For YES, other, describe training:	☐ YES, CATCH ☐ YES, other ☐ NO		
3.	Would you be interested in being trained?	☐ YES, stencil use ☐ YES, CATCH ☐ NO		
4.	Do you use the playground to teach academic concepts through movement?	☐ YES ☐ NO		
ADDITIONAL COMMENTS OR FEEDBACK (Describe other physical activity promotion/supports such as classroom physical activity breaks, organized monthly themes for physical activity—such as October/walking, November/dancing, etc., incorporating active games into outside play times, etc.)				

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ON THE PLAYGROUND (Survey as many TEACHERS, INTRUCTIONAL ASSISTANTS, TEACHERS AIDES, OR OTHER ADULTS OBSERVING STUDENTS as possible and the SAME teachers pre and post.)

TEACHER ID#:

First letter of <u>you</u>	First letter of <u>you</u> LAST name	Birth MONTH	Birth DAY
A-Z	A-Z	01-12	01-31

1.	Were you provided with support materials to help facilitate physical activities for students using the playground stencils?	☐ YES ☐ NO	
2.	Have you been trained on how to facilitate physical activities? (mark all that apply) For YES, other, describe training:	☐ YES, CATCH ☐ YES, other ☐ NO	
3.	Would you be interested in being trained?	☐ YES, stencil use ☐ YES, CATCH ☐ NO	
4.	Do you use the playground to teach academic concepts through movement?	☐ YES ☐ NO	
ADDITIONAL COMMENTS OR FEEDBACK (Describe other physical activity promotion/supports such as classroom physical activity breaks, organized monthly themes for physical activity—such as October/walking, November/dancing, etc., incorporating active games into outside play times, etc.)			



POST-TEST – QUESTIONS FOR TEACHING STAFF OBSERVING STUDENTS

ON THE PLAYGROUND (Survey as many TEACHERS, INTRUCTIONAL ASSISTANTS, TEACHERS AIDES, OR OTHER ADULTS OBSERVING STUDENTS as possible and the SAME teachers pre and post.)

	First letter of your FIRST name	First letter of <u>your</u>	Birth MONTH	Birth DAY
	A-Z	A-Z	01-12	01-31
:	Ш			

	TEACHER ID#:		
1.	Were you provided with support materials to help facilitate physical activities for	☐ YES	\square NO
	students using the playground stencils?		
	If <u>YES</u>, are you using them?	☐ YES	\square NO
	 If NO, describe any additional support you need: 		
	, , , , , , , , , , , , , , , , , , ,		
2.	Have you been trained on how to facilitate physical activities? (mark all that apply)	☐ YES,	CATCH
	For YES, other , describe training:	☐ YES,	other
		□ NO	
3.	Have you been trained on how to facilitate physical activities for students using the	☐ YES	□ ио
	playground stencils?		
	If YES , describe how:		
1	Do you use the playground to teach academic consents through mayament?		
4.	Do you use the playground to teach academic concepts through movement?	☐ YES	
	If YES , describe how:		
5.	Do you encourage students to use the playground stencils?	☐ YES	□NO
	If YES , describe how:		
6.	Do you facilitate physical activities for students using the playground stencils?	☐ YES	□ NO
	If YES , describe how:		
7.	Do you participate in physical activities <u>with students</u> using the playground stencils?	☐ YES	\square NO
	If YES , describe how:		
8.	Have you seen any change in students' physical activity since the playground stencils	☐ YES	\square NO
	were painted?		
	If YES , describe how:		
9.	Do you use playground stencils to infuse physical activity into the school day outside	☐ YES	□ NO
	of the set outdoor break times (am/pm outside play, recess, lunch, etc.)?		
	If YES , describe how:		
10.	What area of the playground stencils has generated the most interest and/or activity?		
10.	what area of the playground stellers has generated the most interest and/or activity:		
11.	Do you have recommendations for future playground stenciling?		
ADD	DITIONAL COMMENTS OR FEEDBACK (Describe other physical activity promotion/supports such as classroo	m physical c	activity
break	s, organized monthly themes for physical activity–such as October/walking, November/dancing, etc., incorporating active		
piay t	imes, etc.)		