## Playground Stencil Assessment

**Observation:** ☐ PRE ☐ POST

<table>
<thead>
<tr>
<th>Date:</th>
<th>County:</th>
</tr>
</thead>
</table>

**Setting:** ☐ School ☐ Early Care and Education (ECE) ☐ Other (specify):

<table>
<thead>
<tr>
<th>Day of the Week:</th>
<th>Time of the Day:</th>
<th>Number of Classes Observed:</th>
<th>Grade(s) Observed:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Monday</td>
<td>☐ Early Morning (before 9am)</td>
<td>☐ 1 ☐ 6</td>
<td>☐ Pre-K ☐ 4</td>
</tr>
<tr>
<td>☐ Tuesday</td>
<td>☐ Late Morning (9am to 11am)</td>
<td>☐ 2 ☐ 7</td>
<td>☐ K ☐ 5</td>
</tr>
<tr>
<td>☐ Wednesday</td>
<td>☐ Midday (11am to 1pm)</td>
<td>☐ 3 ☐ 8</td>
<td>☐ 1 ☐ 6</td>
</tr>
<tr>
<td>☐ Thursday</td>
<td>☐ Afternoon (1pm to 3pm)</td>
<td>☐ 4 ☐ 9</td>
<td>☐ 2 ☐ 7</td>
</tr>
<tr>
<td>☐ Friday</td>
<td>☐ Late Afternoon (3pm to 5pm)</td>
<td>☐ 5 ☐ 10</td>
<td>☐ 3 ☐ 8</td>
</tr>
</tbody>
</table>

### INSTRUCTIONS FOR UCCE STAFF ADMINISTRATION:

**PLAYGROUND SCAN:** For each stencil project, administer one PRE-SCAN 1-2 weeks before you paint the playground stencils and one POST-SCAN at least 2 weeks following but within two months of the unveiling of the painted stencils at the site. Choose the best observation day/time (am/pm outside play times, recess, etc.) to capture the targeted student ages/grades. Aim to administer the PRE- and POST-SCANS during the same day/time. When counting students (Q1-Q3), always scan from LEFT to RIGHT. Observe each student in the play area once. If an observed student reappears in the scan area, do not record him/her a second time. Also, do not backtrack to count new children entering the scan area. Avoid days with extreme temperatures, poor weather conditions, or poor air quality limiting students’ physical activity. **TEACHER SURVEY:** Aim for a minimum of two matched pre/post teacher surveys for each stencil project. Survey as many teaching staff as possible of those observing students on the playground before and after the stencils are painted. Try to engage the SAME teachers at pre and post to ensure you have matched surveys.

### PRE and POST – PLAYGROUND SCAN

1. **How many total students are in the play space?** *(Stand where you can see the entire play space.)*
   - ___STUDENTS

2a. **How many students are actively playing in the play space?** *(Walking, running, dancing, playing sports/tag, jumping rope, skipping, or other active play)*
   - ___STUDENTS

2b. **How many students are actively playing in the playground space...**
   - (PRE) ...where the stencils will be painted?
   - (POST) ...on the playground stencils?
   - ___STUDENTS

3. **How many students are sedentary?** *(Sitting down, not walking, reading books, eating snacks, or very inactive)*
   - ___STUDENTS

4. **Do teaching staff encourage students to be physically active?** *(This includes prompts or encouragements to be physically active (i.e. engage in high intensity activity or increase their physical activity levels) on the stencils.)*
   - ☐ YES ☐ NO

5. **Is playground equipment available for students to use?** *(balls, hoops, bikes, etc.)*
   - ☐ YES ☐ NO

6. **Are there any physical structures for students to play on?** *(play structures, swings, slides, monkey bars, etc.)*
   - ☐ YES ☐ NO

7. **Are there any creative play activities/structures set up for students?** *(playhouse, house/kitchen corner, blocks, coloring station, water play table, sand box, etc.)*
   - ☐ YES ☐ NO

8. **Please check the types of stencils painted on the playground:**
   - ☐ None/NA
   - ☐ Number Hopscotch
   - ☐ Letter Hopscotch
   - ☐ Bull’s Eye Toss
   - ☐ Shapes (circle, square, diamond, pentagon, heart, star)
   - ☐ Numbers 0-9
   - ☐ Letters A-Z
   - ☐ Playground pond (frog, lily pad, dragonfly, duck, turtle, fish)
   - ☐ Other (specify):
   - ☐ Words (craw, cross, hop, swim, walk, fly, etc.)
   - ☐ Wall target toss
   - ☐ Footprints
   - ☐ Fruits
   - ☐ Vegetables
   - ☐ Spanish letters (ll, ch, rr, and ñ)
   - ☐ Traffic (bike, cross walk, yield, stop, speed limit)
   - ☐ Playground Paths
   - ☐ MyPlate (four square)
   - ☐ Other (specify):
   - ☐ Other (specify):
# Playground Stencil Assessment

## PRE-TEST – SURVEY FOR TEACHING STAFF OBSERVING STUDENTS ON THE PLAYGROUND

(Survey as many TEACHERS, INSTRUCTIONAL ASSISTANTS, TEACHERS AIDES, OR OTHER ADULTS OBSERVING STUDENTS as possible and the SAME teachers pre and post.)

**TEACHER ID#:**

<table>
<thead>
<tr>
<th>TEACHER ID#</th>
<th>FIRST NAME</th>
<th>LAST NAME</th>
<th>MONTH</th>
<th>DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-Z</td>
<td>A-Z</td>
<td>01-12</td>
<td>01-31</td>
<td></td>
</tr>
</tbody>
</table>

1. **Were you provided with support materials to help facilitate physical activities for students using the playground stencils?**
   - ☐ YES
   - ☐ NO

2. **Have you been trained on how to facilitate physical activities? (mark all that apply)**
   - For YES, other, describe training:
   - ☐ YES
   - ☐ CATCH
   - ☐ YES, other
   - ☐ NO

3. **Would you be interested in being trained?**
   - ☐ YES
   - ☐ stencil use
   - ☐ CATCH
   - ☐ NO

4. **Do you use the playground to teach academic concepts through movement?**
   - ☐ YES
   - ☐ NO

**ADDITIONAL COMMENTS OR FEEDBACK** (Describe other physical activity promotion/supports such as classroom physical activity breaks, organized monthly themes for physical activity—such as October/walking, November/dancing, etc., incorporating active games into outside play times, etc.)
POST-TEST – SURVEY FOR TEACHING STAFF OBSERVING STUDENTS ON THE PLAYGROUND
(Survey as many TEACHERS, INSTRUCTIONAL ASSISTANTS, TEACHERS AIDES, OR OTHER ADULTS OBSERVING STUDENTS as possible and the SAME teachers pre and post.)

TEACHER ID#:

1. Were you provided with support materials to help facilitate physical activities for students using the playground stencils?
   - If YES, are you using them?
   - If NO, describe any additional support you need:

2. Have you been trained on how to facilitate physical activities? (mark all that apply)
   For YES, other, describe training:

3. Were you trained by CalFresh Healthy Living, UC staff on how to facilitate physical activities for students using the playground stencils?

4. Do you use the playground to teach academic concepts through movement?
   If YES, describe how:

5. Do you encourage students to use the playground stencils? This includes prompts or encouragements to be physically active (i.e. engage in high intensity activity or increase their physical activity levels) on the stencils.

6. Do you facilitate physical activities for students using the playground stencils?

7. Do you participate in physical activities with students using the playground stencils?

8. Do you use playground stencils to infuse physical activity into the school day outside of the set outdoor break times (am/pm outside play, recess, lunch, etc.)?
   If YES, describe how:

ADDITIONAL COMMENTS OR FEEDBACK (Describe other physical activity promotion/supports such as classroom physical activity breaks, organized monthly themes for physical activity—such as October/walking, November/dancing, etc., incorporating active games into outside play times, etc.)
**POST-TEST – SURVEY FOR TEACHING STAFF OBSERVING STUDENTS ON THE PLAYGROUND**

(Survey as many TEACHERS, INSTRUCTIONAL ASSISTANTS, TEACHERS AIDES, OR OTHER ADULTS OBSERVING STUDENTS as possible and the SAME teachers pre and post.)

**TEACHER ID#:**

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>First letter of your FIRST Name</td>
<td>First letter of your LAST Name</td>
<td>Birth MONTH</td>
<td>Birth DAY</td>
</tr>
<tr>
<td>A-Z</td>
<td>A-Z</td>
<td>01-12</td>
<td>01-31</td>
</tr>
</tbody>
</table>

1. Were you provided with support materials to help facilitate physical activities for students using the playground stencils?  
   - If **YES**, are you using them?  
   - If **NO**, describe any additional support you need:

   ☐ YES ☐ NO

2. Have you been trained on how to facilitate physical activities? *(mark all that apply)*
   - For **YES, other**, describe training:

   ☐ YES, CATCH ☐ YES, other ☐ NO

3. Were you trained by CalFresh Healthy Living, UC staff on how to facilitate physical activities for students using the playground stencils?

   ☐ YES ☐ NO

4. Do you use the playground to teach academic concepts through movement?  
   - If **YES**, describe how:

   ☐ YES ☐ NO

5. Do you encourage students to use the playground stencils? *This includes prompts or encouragements to be physically active (i.e. engage in high intensity activity or increase their physical activity levels) on the stencils.*

   ☐ YES ☐ NO

6. Do you facilitate physical activities for students using the playground stencils?

   ☐ YES ☐ NO

7. Do you participate in physical activities *with students* using the playground stencils?

   ☐ YES ☐ NO

8. Do you use playground stencils to infuse physical activity into the school day outside of the set outdoor break times (am/pm outside play, recess, lunch, etc.)?  
   - If **YES**, describe how:

   ☐ YES ☐ NO

**ADDITIONAL COMMENTS OR FEEDBACK** *(Describe other physical activity promotion/supports such as classroom physical activity breaks, organized monthly themes for physical activity–such as October/walking, November/dancing, etc., incorporating active games into outside play times, etc.)*