Resources

Books
- Children’s books that help teach TBRI principles by Cindy Lee – available on Amazon
  - The Redo Roo
  - The Penguin and the Fine-Looking Fish
  - The Elephant With Small Ears
  - Baby Owl Lost Her Whoo
  - Doggie Doesn’t Know No
  - It’s Tough to Be Gentle
- Bubble Gum Brain by Julia Cook
- I Love You Rituals by Becky Bailey
- The Whole-Brain Child by Daniel J. Siegel and Tina Payne Bryson
- The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child by Daniel J. Siegel and Tina Payne Bryson
- Brainstorm by Daniel J. Siegel
- The Body Keeps The Score by Bessel van der Kolk
- The Deepest Well by Nadine Burke Harris
- The Connected Child by Karyn Purvis
- The Connected Parent by Karyn Purvis and Lisa Qualls

TBRI Videos
- Karyn Purvis Institute of Child Development
  - https://www.youtube.com/channel/UCBW9RKLvTR5C46ey7gy3NuA
    - TBRI Attachment video
      - https://www.youtube.com/watch?v=nIhATiiM-Pw

Videos
- Resilience
  - https://kpjrfilms.co/resilience/
- Paper Tigers
  - https://kpjrfilms.co/paper-tigers/
- Broken Places
  - https://brokenplacesfilm.com/
- How childhood trauma affects health across a lifetime by Dr. Nadine Burke Harris
- Still Face Experiment: Dr. Edward Tronick
  - https://www.acesconnection.com/g/Parenting-with-ACEs/clip/still-face-experiment-dr-edward-tronick-3-minutes-umassboston
Sensory Processing Disorder

- Prevalence: In the general public it's about 5%. For kids who have experienced trauma, the prevalence is much higher, upwards of 90%.
- This video has good information for SPD in a school setting Tools That Can Help At School

Websites

- ACEs Connection https://www.acesconnection.com/
- Center on the Developing Child at Harvard University https://developingchild.harvard.edu/

Articles


Online Adult Attachment Questionnaires

- Chris Fraley from the University of Illinois has developed two free tools to assess attachment styles in adults: http://www.web-research-design.net/cgi-bin/crq/crq.pl