

Resources

Books

- Children's books that help teach TBRI principles by Cindy Lee – available on Amazon
 - The Redo Roo
 - The Penguin and the Fine-Looking Fish
 - The Elephant With Small Ears
 - Baby Owl Lost Her Whoo
 - Doggie Doesn't Know No
 - It's Tough to Be Gentle
- Bubble Gum Brain by Julia Cook
- I Love You Rituals by Becky Bailey
- The Whole-Brain Child by Daniel J. Siegel and Tina Payne Bryson
- The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child by Daniel J. Siegel and Tina Payne Bryson
- Brainstorm by Daniel J. Siegel
- The Body Keeps The Score by Bessel van der Kolk
- The Deepest Well by Nadine Burke Harris
- The Connected Child by Karyn Purvis
- The Connected Parent by Karyn Purvis and Lisa Qualls

TBRI Videos

- Karyn Purvis Institute of Child Development
<https://www.youtube.com/channel/UCBW9RKLvTR5C46ey7gy3NuA>
 - TBRI Attachment video
 - <https://www.youtube.com/watch?v=nIhATiiM-Pw>

Videos

- Resilience
 - <https://kpjrfilms.co/resilience/>
- Paper Tigers
 - <https://kpjrfilms.co/paper-tigers/>
- Broken Places
 - <https://brokenplacesfilm.com/>
- How childhood trauma affects health across a lifetime by Dr. Nadine Burke Harris
 - https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en
- Still Face Experiment: Dr. Edward Tronick
 - <https://www.acesconnection.com/g/Parenting-with-ACEs/clip/still-face-experiment-dr-edward-tronick-3-minutes-umassboston>

- Sensory Processing Disorder
 - Prevalence: In the general public it's about 5%. For kids who have experienced trauma, the prevalence is much higher, upwards of 90%.
 - This video has good information for SPD in a school setting [Tools That Can Help At School](#)

Websites

- ACEs Connection <https://www.acesconnection.com/>
- Center on the Developing Child at Harvard University <https://developingchild.harvard.edu/>

Articles

- Is Your Child An Orchid Or A Dandelion? Unlocking The Science Of Sensitive Kids <https://www.npr.org/sections/health-shots/2019/03/04/699979387/is-your-child-an-orchid-or-a-dandelion-unlocking-the-science-of-sensitive-kids>

Online Adult Attachment Questionnaires

- Chris Fraley from the University of Illinois has developed two free tools to assess attachment styles in adults: <http://www.web-research-design.net/cgi-bin/crq/crq.pl>